

THE POWER TO DEFEAT CORONAVIRUS IS IN YOUR HANDS



PLAY YOUR PART

PROTECT YOURSELF FROM CORONAVIRUS (COVID-19)

Wash your hands regularly with soap for at least 20 seconds or use an alcohol-based hand sanifizer



Wear a cloth face mask at all times in public.



Stay at least 1.5 metres apart from another person and practise social distancing.



Cough or sneeze into your elbow.

Clean surfaces regularly at your home or workplace.



WHAT IS COVID-19?

COVID-19 is an infectious disease that is spread, directly or indirectly, from one person to another. It is spread by droplets in the air when an infected person coughs or sneezes, or by touching a surface that is contaminated by the virus – such as door handles, lift buttons, pens, counter tops, shopping trolleys and any other object.

IF YOU HAVE ANY OF THE FOLLOWING SYMPTOMS:

FEVER



DRY COUGH



SHORTNESS OF BREATH



RUNNY NOSE





CALL THE COVID-19 HOTLINE **0800 029 999**





IF YOU SUSPECT YOU OR A FAMILY MEMBER HAVE COVID-19



- Call the 24-hour emergency hotline number 0800 029 999 or join the WhatsApp helpline 0600 123 456 by saving this contact number and saying 'hi'.
- Log on to www.sacoronavirus.co.za and you will be directed to your closest testing station if you require assistance. At the testing station, you will be tested and advised on the right type of care.

SPECIAL MEASURES FOR THE MOST VULNERABLE



All those above the age of 60, and those with underlying medical conditions, should only leave home in exceptional circumstances.

Employers should allow them to work from home where possible or put special measures in place to facilitate their safety at work.

SAVE YOUR LIFE AND THE LIVES OF OTHERS



Unless we do things differently, this will be the last Christmas for many, many South Africans

PLAY YOUR PART





WEAR A FACE MASK



SOCIAL DISTANCING



WASHYOUR
HANDS
FREQUENTLY



COVER A SNEEZE
OR COUGH WITH
A TISSUE OR BENT
ELBOW









After tears may end in tears

PLAY YOUR PART





WEAR A FACE MASK



SOCIAL DISTANCING



WASH YOUR
HANDS
FREQUENTLY



COVER A SNEEZE
OR COUGH WITH
A TISSUE OR BENT
ELBOW







If we each play our part, we can all have a happy, healthy and prosperous new year.

PLAY YOUR PART





WEAR A FACE MASK



SOCIAL DISTANCING



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ELBOW







This festive season can be both festive and safe

PLAY YOUR PART





WEAR A FACE
MASK



SOCIAL DISTANCING



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ELBOW







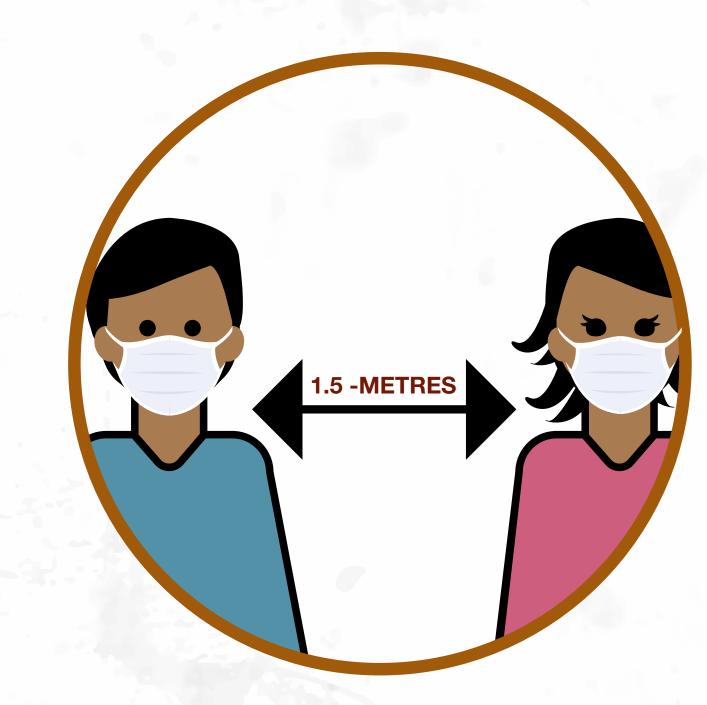
Keep your celebrations small and avoid crowds

PLAY YOUR PART





WEAR A FACE
MASK



SOCIAL DISTANCING



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WHATSAPP SUPPORT 0600 123 456 EMERGENCY NUMBER 0800 029 999









Wear a mask that Covers your nose and mouth when in public

PLAY YOUR PART





WEAR A FACE
MASK



SOCIAL DISTANCING



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All beaches in the Eastern Cape are closed from 16 December 2020 to 3 January 2021

PLAY YOUR PART





WEAR A FACE
MASK



SOCIAL DISTANCING



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All beaches in the Garden Route District are closed from 16 December 2020 to 3 January 2021

PLAY YOUR PART





WEAR A FACE MASK



SOCIAL DISTANCING



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All beaches in KwaZulu-Natal are close on 16, 25, 26 and 31 December 2020 as well as 1, 2 and 3 January 2021

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WHATSAPP SUPPORT 0600 123 456 EMERGENCY NUMBER 0800 029 999 sacoronavirus.co.za







Take extraordinary measures to contain the second wave and save lives, while working to protect livelihoods.

PLAY YOUR PART





WEAR A FACE MASK



SOCIAL DISTANCING



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