



government
communications

Department:
Government Communication and Information System
REPUBLIC OF SOUTH AFRICA

HOLIDAY SEASON

- The virus does not take a holiday; keep yourself and your loved ones safe from COVID-19.
- The holiday season is a time for large social gatherings, which can be ‘super spreader’ events that carry a huge risk of transmission of the virus.
- The best way to prevent infection is to minimise the risks involved in hosting or attending a party or holiday event.
- If you have to host or attend an event, make sure that you do it safely and limit the number of people who can attend.
- Keep your celebrations small and where possible do it virtually.
- Spend as little time as possible in indoor gatherings with poor ventilation.
- Going to a crowded party or gathering pose more risk than celebrating at home.
- Do not share food, dishes, glasses, spoons, forks or knives when you eat.
- If you have children teach them the health and safety rules and make sure they understand the importance of sticking to them.
- If someone in your household gets ill, they should immediately self-isolate.
- Wash your hands with soap and water for 20 seconds as soon as you come home.
- Wear a mask that covers your nose and mouth whenever in public or in the company of people you do not live with.
- Regularly wash your hands with soap and water for at least 20 seconds or with sanitiser.