



#StayHomeSA

Take the 21-Day Challenge!

Follow us for a daily fun challenge,
do it and SHARE the pic with SA.



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DAY

1

Choose a book
to read that
you have been
wanting to start
with for months
(or years ;)



SHARE your book with South Africa
#StayHomeSA





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DAY
2

Fix something
in or around
the house



SHARE your “fix” with South Africa
#StayHomeSA



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DAY
3



Try a new
recipe

 **SHARE** your recipe with South Africa
#StayHomeSA



DAY

4



Contact a friend you have not spoken to in a long time



SHARE who you contacted with SA
#StayHomeSA



DAY 5



SHARE your new garden with SA
#StayHomeSA



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Stay healthy!
Sow a few
seeds, start
a vegetable
garden