DEPARTMENT OF HEALTH

NO. 8101 **30 October 2026**

HEALTH PROFESSIONS ACT, 1974 (ACT NO.56 OF 1974)

REGULATIONS DEFINING THE SCOPE OF THE PROFESSION OF BIOKINETICS

The Minister of Health has, in terms of section 33 (1) of the Health Professions Act, 1974 (Act No. 56 of 1974), and on the recommendation of the Health Professions Council of South Africa and the Professional Board for Physiotherapy, podiatry, and biokinetics, made the regulations in the Schedule.

Ms S NDABENI, MP

ACTING MINISTER OF HEALTH

DATE: 23/09/2026

SCHEDULE

Definitions

1. In these regulations and any word or expression to which a meaning has been assigned in the Act shall bear such meaning, unless the context indicates otherwise –

"the Act" means the Health Professions Act, 1974 (Act No. 56 of 1974).

Acts pertaining to the profession of Biokinetics

2. The following are deemed to be acts specially pertaining to the profession of biokinetics-

(a) Undertaking comprehensive assessment of a patient or group, to gather relevant information using appropriate techniques and procedures.

(b) Undertaking additional investigations as appropriate or refer to other professional(s) as required and, through a process of clinical reasoning, formulate a diagnosis / hypothesis.

(c) Collaboratively developing and implementing patient-centred plan which may include:

(i) therapeutic exercise;

(ii) exercise conditioning;

(iii) high-performance conditioning;

(iv) functional rehabilitation in self-care and home management;

(v) functional rehabilitation for work, community, and leisure activities;

(vi) electrophysical modalities and therapeutic techniques for performance enhancement;

(vii) patient and caregiver education and counselling;

(viii) recommending assistive, adaptive, orthotic, protective, supportive, and prosthetic devices; and

(ix) recommending physical agents.

(d) Using appropriate monitoring procedures.

(e) Making recommendations for self-management and empowerment.

(f) Providing consultancy services.

(g) Providing disability and medico-legal assessment and report writing.

(h) Prophylactic, therapeutic, rehabilitative and performance- enhancing exercise to optimise movement and sport performance.

(i) Implementing and supervising physical activity programs for individuals throughout the human lifespan.

Repeal

3. The Regulations Defining the Scope of the Profession of Biokinetics published under Government Notice R1746 in *Government Gazette* 16021 of 14 October 1994, are hereby repealed.

Short title

4. These Regulations are called Regulations defining the Scope of the Profession of Biokinetics, 2026.

XITIVISO XA MFUMO

NDZAWULO YA RIHANYO

No. R. **2026**

NAWU WA TIPHUROFEXINI TA RIHANYO, 1974 (NAWU WA NO 56 LEMBE RA 1974)

SWINAWANA LESWI HLAMUSAKA XIKOPU XA PHURAFEXINI YA BIOKINETICS

Holobye wa Rihanyo, hi ku landza xiyenge xa 33 (1) xa Nawu wa Tiphurofexini ta Rihanyo, 1974 (Nawu wa No 56 lembe ra 1974), naswona eka switsundzuxo swa Huvo ya Tiphurofexini ta Rihanyo ya Afrika Dzonga na Huvo ya Xiphurofexini eka Vutshunguri bya Miri, vutshunguri bya milenge, na biokinetics, u endlile swinawana eka Xedulu.

MANANA S NDABENI, XIRHO XA PALAMENDE

MUKHOMERI WA HOLOBYE WA RIHANYO

SIKU: 23/09/2026

XEDULU

Tinhlamuselo

1. Eka milawu leyi na rito rin'wana na rin'wana kumbe xivulavulelo lexi nhlamuselo yi nyikiweke eka Nawu xi ta va na nhlamuselo yoleyo, handle ka loko mongo wu kombisa swin'wana – .

"Nawu" swi vula Nawu wa Tiphurofexini ta Rihanyo, 1974 (Nawu wa No 56 lembe ra 1974).

Migingiriko leyi fambelanaka na phurofexini ya Biokinetics

2. Leswi landzelaka i migingiriko leyi fambelanaka hi ku hlawuleka na phurofexini ya biokinetics:- .

(a) Ku endla nkambisiso lowu heleleke wa muvabyi kumbe ntlawa, ku hlengeleta mahungu lama faneleke hi ku tirhisa tithekiniki na maendlelo lama faneleke.

(b) Ku endla vulavisisi byo engetela tanihilaha swi faneleke hakona kumbe ku kongomisa eka (ti)phurofexinali tin'wana tanihilaha swi lavekaka hakona naswona, hi ku tirhisa endlelo ra ku anakanya ka tililiniki, ku vumba vukamberi / xiringanyeto.

(c) Ku tumbuluxa na ku tirhisa pulani leyi kongomisiweke eka muvabyi hi ku tirhisana leyi nga katsa:

(i) ku endla vutiolori bya vutshunguri;

(ii) ku ringanisela ka ku endla vutiolori;

(iii) ku ringanisela ka matirhelo ya le henhla;

(iv) ku vuyiseriwa ka ntirho eka ku tihlayisa na vufambisi bya le makaya;

(v) ku pfuxetiwa ka ntirho eka migingiriko ya ntirho, vaaki na vuhungasi;

(vi) tindlela ta electrophysical na tithekiniki ta vutshunguri ta ku ndlandlamuxa matirhelo;

(vii) dyondzo na vutsundzuxi bya muvabyi na muhlayisi;

(viii) ku ringanyeta switirhisiwa swo pfuneta, swo pfumelelana na swiyimo, swo lulamisa, swo sirhelela, swo seketela, na swa xitekela; na

(ix) ku ringanyeta switirhisiwa swa nyama.

(d) Ku tirhisa maendlelo ya vulawuri lama faneleke.

(e) Ku endla switsundzuxo swa ku tilawula na ku nyika matimba.

(f) Ku nyika vukorhokeri bya vutsundzuxi.

(g) Ku nyika nkambisiso wa vulema na vutshunguri-nawu na ku tsala swiviko.

(h) Vutiolori bya vusirheleri, bya vutshunguri, byo vuyisela na byo ndlandlamuxa matirhelo ku antswisa ku fambafamba na matirhelo ya mintlangu.

(i) Ku tirhisa na ku landzelerisa minongonoko ya ku endla vutiolori eka vanhu eka vutomi hinkwabyo bya munhu.

Ku herisa nawu

3. Swinawana leswi hlamuselaka xikopu xa phurofexini ya biokinetics tanihilaha swi humeleriweke hakona ehansi ka Xitiviso xa Mfumo xa R1746 eka *Gazete ya Mfumo* ya 16021 ya ti 14 Khotavuxika 1994, hi leyi yi herisiweke.

Nhlokomhaka yo koma

4. Milawu leyi yi vuriwa Milawu leyi hlamuselaka Xikopu xa Phurofexini ya Biokinetics, 2026.

ISAZISO SAKARHULUMENDE

UMNYANGO WEZAMAPHILO

No. R. **2026**

UMTHETHO WABASEBENZI BEZAMAPHILO, 1974 (UMTHETHO 56 KA 1974)

IMITHETHOLAWULO EHLATHULULA IMISEBENZI EVUNYELWE NEFANELE YENZIWE MA-BIOKINETICS

UNgqongqotjhe wezamaPhilo, ngokwesigaba 33 (1) somThetho wabaSebenzi bezamaPhilo, 1974 (UmThetho 56 ka-1974), begodu nangesiphakamiso somKhandlu wezabaSebenzi bezamaPhilo weSewula Afrika neBhodi yezeBizelo lokwelatjhwa komzimba, lokwelatjhwa kweenyawo, ne-*biokinetics*, wenze imithetholawulo kuTjhejuli.

UNKOSAZANA S NDABENI, MP

UNGQONGQOTJHE UKUBAMBA WEZAMAPHILO

ILANGA 23/09/2026

ITJHEJULI

Iinhlathululo

1. KilemiThetholawulo, begodu nanyana ngiliphi igama namkha umutjho onikelwe ihlathululwe emThethweni uzokuthatha ihlathululo efanako, ngaphandle kwalapho ummongo uhlathulula okuhlukileko–

"umThetho" kutjho umThetho wabaSebenzi bezamaPhilo, 1974 (UmThetho 56 ka 1974).

ImiThetho ephathelene nemisebenzi yama-*Biokinetics*

2. ImiThetho elandelako iphathelene bunqopha nemisebenzi yama-*Biokinetics*:-

(a) Ukuhlola ngokupheleleko isigulani namkha isiqhema, ukuze kubuthelelwe ilwazi eliqakathekileko kusetjenziswe amaqhinga nenkambiso efaneleko.

(b) Ukwenza iphenyo elingezelelweko njengoba kufanele namkha ukudlulisela kwabanye abasebenzi njengombana kufuneka begodu, ngekambiso yokupha isizathu sezokwelapha, ukubumba umrabhu wobulwelwe/ umbono.

(c) Ukusebenzisana nesigulani ukwakha nokwenza ihlelo lokwelatjhwa elitjheje iindingo zesigulani elingafaka hlangana:

(i) itjhaphululomzimba elilaphako;

(ii) itjhaphululomzimba elijwayezako;

(iii) ukubandula umzimba kobana ufinyelele ezingeni eliphezulu lokusebenza.

(iv) amandla nokusebenza komzimba kobana umuntu akwazi ukuzitlhogomela nokwenza imisebenzi yekhaya ngokuzijamela

(v) ukuvuselela amandla nokusebenza komzimba kobana umuntu akwazi ukubuyela emsebenzini, enze imisebenzi yomphakathi begodu azibandakanye nemisebenzini yokuzijabulisa;

(vi) ukulapha iinhlungu ngokuzibandula /iindlela zokusebenzisa igezi kanye namaqhinga wokulapha ukuthuthukisa ukusebenza;

(vii) ukufundisa nokuyelelisa iingulani nabatjheji bazo nokululeka;

(viii) ukuphakamisa iinsetjenziswa ezisiza umuntu kobana anyakaze,

asebenze, ahlale aphephile, namkha enze imisebenzi yangamalanga; begodu

(ix) ukuphakamisa iindlela zokwelapha, ukusiza ukuphola nokwenza ngcono ukusebenza komzimba

(d) Ukusebenzisa iindlela ezifaneleko zokuhlola ituthuko yesigulani.

(e) Ukwenza iimphakamiso zokobana uziphatha njani nokunikela ilwazi ngokuzitlhogomela.

(f) Ukunikela ngezenzwelwa zokweluleka isiyeleliso nomhlahlo ngeenkonzo zokubonisana.

(g) Ukunikela ngokuhlolwa kokukhubazeka nangokuhlolwa kweendaba zomthetho nezokwelapha, nokutlolwa kombiko.

(h) Ukwelapha okukhandela ubulwele, ukwelapha, ukubuyiselwa ebujameni esijayelekileko, ukuthabulula umzimba okuthuthukisa ukusebenza kobana kuthuthukiswe ukunyakaza nokusebenza kwezemidlalo.

(i) Ukusebenzisa nokutjheja amahlelo wokuthabulula umzimba umuntu ngamunye isikhathi soke sokuphila komuntu.

Ukutshwilisa umthetho

3. Imithetholawulo ehlathulula imisebenzi evunyelwe nefanele ukwenziwa ma-*biokinetics* njengombana kutjhiwo ngaphasi kweSaziso sakaRhulumende kuGazethi kaRhulumende 16021 yamhla amalanga a-14 kuSewula 1994, itshwilisiwe.

Ithayitlela efitjhani

4. ImiThetholawulo le ibizwa ngemiThetholawulo ehlathulula imisebenzi evunyelwe nefanele ukwenziwa ma-*Bioknetics,* 2026.

KITSISO YA PUSO

LEFAPHA LA BOITEKANELO

Nm. R. **2026**

HEALTH PROFESSIONS ACT, 1974 (MOLAO 56 WA 1974)

MELAWANATAOLO E E TLHALOSANG BOGOLO JWA TIRO YA BORUTEGI JWA DIBAYOKHINETIKI

Tona ya Boitekanelo o, go ya ka karolo 33(1) ya *Health Professions Act*, 1974 (Molao 56 wa 1974), le ka katlanegiso ya Lekgotla la Diporofešene tsa Boitekanelo la Aforikaborwa le Boto ya Seporofešene ya Kalafi ya Mmele, kalafi ya maoto, le dibayokhinetiki, dirile melawanataolo mo Šejuleng.

MOHUMAHADI S NDABENI, LELOKO LA PALAMENTE

TONA YA NAMANE-O-SA-TSHWERE YA BOITEKANELO

LETLHA: 23/09/2026

ŠEJULE

Ditlhaloso

1. Mo Melawanataolong eno, lefoko kgotsa tlhagiso efe e e neilweng bokao mo Molaong e tla nna le bokao joo, ntle le fa bokao bo kaya ka mokgwa osele –

"Molao" o kaya *Health Professions Act*, 1974 (Molao 56 wa 1974).

Melao e e mabapi le Borutegi jwa Dibayokhinetiki

2. Melao e e latelang ke melao e ka kgethego e leng mabapi le tiro ya borutegi jwa dibayokhinetiki: -

(a) Go dira tlhatlhobo e e akaretsang ya molwetse kgotsa setlhopha, go kgobokanya tshedimosetso e e maleba ka go dirisa dithekiniki le ditsamaiso tse di maleba;

(b) Go dira dipatlisiso tse dingwe tse di tshwanetseng kgotsa go romela molwetse kwa modiring/badiring ba bangwe ba seporofešenale fa go tlhokega, le go tlhama tlhatlhobo kgotsa kakanyo ya bolwetse ka tsamaiso ya go akanya ka mabaka a kalafi;

(c) Ka tirisanommogo go tlhama le go tsenya mo tirisong leano le le ikaegileng mo balwetseng e bile le ka akaretsa:

(i) itshidilo ya kalafi;

(ii) go tlwaetsa go itshidila;

(iii) go itshidila ga tiragatsogodimo;

(iv) tsosoloso e e dirang mo boitlhokomelong le mo taolong ya kwa gae;

(v) tsosoloso e e dirang mabapi le ditirwana tsa tiro, baagi le boitapoloso;

(vi) mekgwa ya eleketerofisikhale le dithekiniki tsa kalafi mabapi le tokafatso ya tiragatso;

(vii) thuto ya balwetse le banayatlhokomelo le go gakolola;

(viii) go atlanegisa didiriswa tse di thusang, tse di fetofetogang, tsa othotisi, tse di sireletsang, tse di tshegetsang, le tsa porosetetisi; le

(ix) go atlanegisa mekgwa ya go alafa ditogwa.

(d) Go dirisa ditsamaiso tsa tekolo tse di maleba.

(e) Go dira dikatlanegiso mabapi le boitaolo le boimaatlafatso;

(f) Go abelana ka ditirelo tsa therisano;

(g) Go tlamela ka tshekatsheko ya bogole le bongaka-semolao le go kwala pegelo;

(h) Ikatiso ya thibelo-malwetse, kalafi, tsosoloso le tokafatso-tiragatso go godisa motsamao le tiragatso ya metshameko; le

(i) Go tsenya mo tirisong le go okamela mananeo a go itshidila mmele a batho ka esi botshelo jotlhe jwa motho.

Phimolo

3. Melawanataolo e e tlhalosang bogolo jwa tiro ya borutegi jwa dibayokhinetiki jaaka e phasaladitswe ka fa tlase ga Kitsiso ya Puso R1746 mo Lokwalodikgannyeng la Puso 16021 la di14 Diphalane 1994, e a phimolwa fano.

Setlhogokhutswe

4. Melawanataolo eno e bidiwa Melawanataolo e e Tlhalosang Bogolo jwa Tiro ya Borutegi jwa Dibayokhinetiki, 2026.