

## DEPARTMENT OF HEALTH

NO. 7441

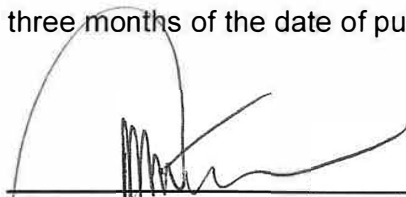
8 May 2026

## HEALTH PROFESSIONS ACT, 1974 (ACT NO.56 OF 1974)

REGULATIONS RELATING TO THE QUALIFICATIONS FOR THE REGISTRATION  
OF REGISTERED DIETITIAN NUTRITIONISTS

The Minister of Health intends, under section 24 of the Health Professions Act, 1974 (Act No. 56 of 1974) and on the recommendation of the Health Professions Council of South Africa, to make Regulations in the Schedule.

Interested persons are invited to submit any substantiated comments or representations on the proposed regulations, to the Director-General of Health, Private Bag X828, Pretoria, 0001 (for the attention of the Director: Public Entities and Relations Management, [mihloti.mushwana@health.gov.za](mailto:mihloti.mushwana@health.gov.za) or [paul.tsebe@health.gov.za](mailto:paul.tsebe@health.gov.za) within three months of the date of publication of this Notice.



DR PAKISHE AARON MOTSOLEDI, MP  
MINISTER OF HEALTH

DATE:

9/3/2026

## SCHEDULE

### Definitions

1. In these regulations, and any word or expression to which a meaning has been assigned in the Act has the meaning so assigned and, unless the context otherwise indicates-

“**Act**” means the Health Professions Act, 1974, (Act No. 56 of 1974);

“**Board**” means the Professional Board for Dietetics and Nutrition established in terms of section 15 (1) of the Act; and

“**Registered Dietitian Nutritionist**” means a person registered as such in terms of the Act.

### Registration as a Dietitian Nutritionist

2. (1) The registrar may register, as a Registered Dietitian Nutritionist; any person who holds any one of the following qualifications:

<i><b>Examining Authority and qualification</b></i>	<i><b>Abbreviation for registration</b></i>
<b>Nelson Mandela University</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>North-West University</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>Sefako Makgatho Health Sciences University</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)

<b><i>Examining Authority and qualification</i></b>	<b><i>Abbreviation for registration</i></b>
<b>University of KwaZulu-Natal</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>University of Limpopo</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>University of Pretoria</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>University of Stellenbosch</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>University of the Free State</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>University of Venda</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)
<b>University of the Western Cape</b> BSc in Dietetics and Nutrition	BSc (Diet & Nutr)

(2) Notwithstanding anything to the contrary contained in these regulations, any person who is registered as a dietitian and / or nutritionist in terms of the Act may apply to the board for registration as a registered dietitian nutritionist, and the board may at its discretion exempt such person from the requirements of regulation (1).

### **Short title**

3. These Regulations are called the Regulations Relating to the Registration of Registered Dietitian Nutritionist, 2026.