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**GOVERNMENT NOTICES • GOEWERMENTSKENNISGEWINGS**

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**DEPARTMENT OF HEALTH**

NO. 3972

20 October 2023

**HEALTH PROFESSIONS ACT, 1974 (ACT No.56 OF 1974)****REGULATIONS RELATING TO THE NAMES THAT MAY NOT BE USED IN  
RELATION TO THE PROFESSION OF DIETETICS OR NUTRITION**

The Minister of Health has, under section 61 (d) read with section 40 (c) of the Health Professions Act, 1974 (Act No. 56 of 1974) and after consultation with the Health Professions Council of South Africa, made the regulations in the Schedule.



DR M.J. PHAAHLA, MP  
MINISTER OF HEALTH

DATE: 12/09/2023

## SCHEDULE

### Definitions

1. In these regulations, any word or expression to which a meaning has been assigned in the Act shall bear such meaning, unless the context indicates otherwise: –

“Act” means the Health Professions Act, 1974, (Act No. 56 of 1974).

### Names that may not be used

2. A person who is not registered as a dietitian or nutritionist in terms of section 17 of the Act shall not use the expression:
  - (a) dietitian;
  - (b) diet(ary) consultant;
  - (c) diet(ary) educator;
  - (d) diet(ary) therapist;
  - (e) diet(ary) adviser;
  - (f) diet(ary) counsellor;
  - (g) diet(ary) specialist;
  - (h) diet(ary) planner;
  - (i) diet(ary) technician;
  - (j) diet(ary) coach,
  - (k) diet(ary) expert,
  - (l) diet(ary) fundi,
  - (m) diet(ary) guru,
  - (n) nutritionist;
  - (o) nutritional therapist;
  - (p) nutrition(al) specialist;

- (q) nutrition(al) adviser;
- (r) nutrition(al) educator;
- (s) nutrition(al) consultant;
- (t) nutrition(al) technician;
- (u) nutrition(al) coach,
- (v) nutrition(al) expert,
- (w) nutrition(al) fundi,
- (x) nutrition(al) guru and;
- (y) any similar appellation, derivative, or similar word or phrase.

### **Repeal**

3. The Regulations Relating to the Use of Certain Names only by Registered Dietitians published under Government Notice No.3562 in *Government Gazette* 48838 of 23 June 2023, and the Regulations Relating to the Use of Certain Names only by Registered Dietitians published under Government Notice No. 1104 in *Government Gazette* 9242 of 30 May 1984 are hereby repealed.

4. **Short title**

These Regulations are called Regulations Relating to the Names that May Not be Used in Relation to the Profession of Dietetics or Nutrition, 2023.