# BOARD NOTICES • RAADSKENNISGEWINGS

#### **BOARD NOTICE 101 OF 2018**

## HEALTH PROFESSIONS ACT, 1974 (ACT NO.56 OF 1974)

### REGULATIONS DEFINING THE SCOPE OF THE PROFESSION OF PSYCHOLOGY

The Minister of Health intends, in terms of section 33 of the Health Professions Act, 1974 (Act No. 56 of 1974), and on the recommendation of the Health Professions Council of South Africa and the Professional Board for Psychology, to make the regulations in the Schedule.

Interested persons are invited to submit any substantiated comments or representations on the proposed regulations to the Director-General of Health, Private Bag X828, Pretoria, 0001 (for the attention of the Director: Public Entities Governance, <a href="milloti.mushwana@health.gov.za">milloti.mushwana@health.gov.za</a>), withip-three months of the date of publication of this Notice.

DR AARON MOTSOALEDI

MINISTER OF HEALTH

DATE

### SCHEDULE

### **Definitions**

- 1. In these regulations "the Act" means the Health Professions Act, 1974 (Act No. 56 of 1974), and any word or expression to which a meaning has been assigned in the Act shall bear such meaning, unless the context indicates otherwise –
- "The profession of psychology" means the profession of a person registered under the Act as a psychologist, psychometrist, registered counsellor, psycho technician, or in any other category of registration as may be established by the Board; and

## Acts of different categories of psychology

2. The acts in the second column of the Table shall be deemed to be performed by the psychological category indicated in the first column parallel to the acts:-

CATEGORY	ACTS
(a) Clinical Psychologist	(i) providing comprehensive bio-psycho- social healthcare across the lifespan;
	(ii) assessment, diagnosis, evaluation, and treatment of mild to severe and complex psychological problems and health disorders; and
	(iii) delivering a range of therapeutic interventions with demonstrated effectiveness in treating mental, behavioural, cognitive and health disorders.
(b) Counselling Psychologist	(i) promoting the personal, social, educational and career functioning, and well-being of individuals, couples, families, groups, and communities;

CATEGORY	ACTS
	(ii) psychological assessment, diagnosis, and case formulation; and
	(iii) intervening through therapeutic interventions to prevent and alleviate life challenges, including maladjustment, bereavement. trauma, psychological crises, and mental.
(c) Educational Psychologist	(i) promoting the learning, academic performance, and the behavioural, social, emotional and career development of learners of all ages, especially children and young people in school, educational, family and related contexts;
	(ii) psychological and educational assessment, diagnosis, formulation and intervention; and
	(iii) working directly with learners, parents, families, educators and other persons who teach and care for learners, to address learning difficulties, social and emotional problems, disability and mental health disorders affecting learners.
(d) Industrial Psychologist	(i) enhancing the behaviour and functioning of people, groups, and organisations to assist people pursuing meaningful and enriching work, by applying psychological principles in the assessment, diagnosis and intervention of human behaviour and to facilitate organisational flourishing; and

CATEGORY	ACTS
	(ii) intervening in issues of critical relevance to organisations, including career development, talent management, coaching, recruitment and selection, training, organisational development, organisational ergonomics and design, change management, organisational ethics, performance, potential, behavioural economics, wellness, occupational stress management and work-life balance.
(e) Research Psychologist	(i) Conducting scientific psychological research;  (ii) Development of evaluation procedures, including psychometric instruments particularly for the South African context; and  (iii) Development, evaluation and monitoring of psychological research methods, theory, policy, and practice.
(f) Neuropsychologist	(i) Assessment, diagnosis, and evaluation of persons of all ages with neuropsychological disorders; and     (ii) Rehabilitation of such persons.
(g) Psychometrist	(i) Performing psychometric assessments in a variety of contexts;      (ii) Administering, scoring, interpreting, report-writing and providing feedback based on

CATEGORY	ACTS
	psychometric assessments; and
	(iii) Contributing to the development of psychological tests and procedures particularly for the South African context.
(h) Registered Counsellor	(i) Psychological screening and assessment for low intensity, short term psychological interventions with individuals, couples, families and groups, aiming at enhancing personal functioning in a variety of settings; and
	(ii) Promoting psychological wellbeing, including prevention particularly in underserved communities.

## Prohibition of the performance of psychological acts by unregistered persons

- No person shall perform any act deemed to be an act pertaining to the profession of psychology unless he or she is registered in terms of the Act in the relevant registration category of psychology.
  - (2) A person who contravenes regulation 3(a) shall be guilty of an offence and on conviction liable to a fine or to imprisonment for a period not exceeding 12 months, or to both a fine and such imprisonment.

### Repeal

4. The Regulations defining the scope of the profession of psychology as published under Government Notice No. R. 993 in Government Gazette No. 31433 of 16 September 2008 are hereby repealed.

### Title

 These Regulations shall be called Regulations Defining the Scope of Profession of Psychology, 2018