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DEPARTMENT OF MINERAL RESOURCES

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MINE HEALTH AND SAFETY ACT, 1996 (ACT NO 29 OF 1996)

GUIDELINE FOR A MANDATORY CODE OF PRACTICE ON THE PROVISION OF PERSONAL PROTECTIVE EQUIPMENT FOR WOMEN IN THE SOUTH AFRICAN MINING INDUSTRY

I DAVID MSIZA, Chief Inspector of Mines, under section 49 (6) of the Mine Health and Safety Act, 1996 (Act No. 29 of 1996) and after consultation with the Council, hereby issues the guideline on the provision of personal protective equipment for women in the South African mining industry in terms of the Mine Health and Safety Act, as set out in the Schedule.

DAVIDMSIZA

CHIEF INSPECTOR OF MINES

SCHEDULE

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DEPARTMENT OF MINERAL RESOURCES

MINE HEALTH AND SAFETY INSPECTORATE

GUIDELINE FOR THE COMPILATION OF A

MANDATORY CODE OF PRACTICE ON

THE PROVISION OF PERSONAL PROTECTIVE **EQUIPMENT FOR WOMEN IN THE** SOUTH AFRICAN MINING INDUSTRY





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PART A: THE GUIDELINE

1. FOREWORD

Over the last decade there has been an increase of women being employed in the mining industry, particularly underground and in jobs previously exclusively performed by men. This increase of women in the previously male dominated environment has led to many challenges. One of these challenges that have confronted women is the use of the personal protective equipment (PPE) that has not taken the female anthropometric characteristics into account.

As a result many areas of the work environment within the South African mining industry are unsuitable for deploying female employees because suitable PPE may be a problem. **PPE** equipment generally has been designed to suit the male physique. Women in mining have special health and safety needs resulting from their unique anatomical and physiological makeup. Additionally, there is scarcity of published data on the health and safety concerns and issues of women in mining.

The findings of workshops held in 2014 by independent researches indicated that often PPE available for use at mines is unsuitable for female workers and sometimes poses health and safety challenges. This implies that female mine workers do not have adequate protection against risks from work-related hazards while their personal comfort and work performance may be compromised. The results of the workshops indicate that WIM often face health and safety challenges related to the PPE currently provided, because of its design. This has also led to WIM being dissatisfied with their PPE.

As indicated in SIMRAC Research Project SIM 100904 there is a possible association between the type of PPE used by women and increased vulnerability to skin conditions such as contact dermatitis, chaffing and rashes including bacterial and fungal infections. The situation is further exacerbated by the unique coping mechanisms (e.g. use of nylon tights and thick wool socks as undergarments), that WIM have been compelled to practice in order to adjust/correct the ill-fitting PPE. These unorthodox adjustments further increase the risk of infections, chaffing and rashes.

The selection, provision and use of **PPE** in the workplace should not only be based on hazard identification and risk assessment processes, but should incorporate ergonomic and comfort aspects of users so as to guarantee **PPE** efficiency for all workers. This approach will ensure that the specificities of female anthropometrics are accommodated. The hazards identified will determine the body part that is to be protected and therefore the **PPE** required. The **PPE** could include, but is not limited

foot protection, respiratory protection, vibration and hearing protection and thermal protection.

(Refer to Annexure 3: Table on Common Hazards at Mines and possible PPE. This annexure is intended for information purposes only.)

2. LEGAL STATUS OF GUIDELINES AND CODES OF PRACTICE

In accordance with section 9(2) of the MHSA an employer must prepare and implement a COP on any matter affecting the health or safety of employees and other persons who may be directly affected by activities at the mines if the Chief Inspector of Mines requires it. These COPs must comply with any relevant guideline issued by the Chief Inspector of Mines (section 9(3)). Failure by the employer to prepare or implement a COP in compliance with this guideline is a breach of the MHSA

3. THE OBJECTIVE OF THIS GUIDELINE

The objective of this guideline is to provide guidance to the employer at every mine to compile a mandatory **COP** which would assist employers in providing suitable **PPE** for **WIM** where required. (See also paragraph 7.2 of Part C).

4. DEFINITIONS AND ACRONYMS

In this guideline for a **COP** the following definitions and acronyms are used:

"CIOM" means Chief Inspector of Mines;

"COP" means a Code of Practice;

"DMR" means Department of Mineral Resources;

"MHSA" means the Mine Health and Safety Act, 1996, Act 29 of 1996;

"PPE" means Personal Protective Equipment;

"SIMRAC" means the Safety in Mines Research Advisory Committee;

"SOP" means standard operating procedures at the mine;

"SUITABLE" means appropriate in terms of size and fit, type of work place hazards, purpose and nature of work to be undertaken and gender anthropometrics.

"WIM" means Women in Mining, i.e. female employees working at mines;

5. SCOPE

This guideline for a mandatory **COP** covers the roles and responsibilities of different persons; the selection and provision of **PPE**; and the training requirements in respect of **PPE** for **WIM**.

6. MEMBERSHIP OF TASK GROUP

This guideline was prepared by a MRAC task team on the provision of personal protective equipment for women in the mining industry.

The following members served on the task team:

State:

Ms. F.B. Senabe (Chairperson)

Employers:

Ms. H.R Motsotsoana

Mr. J.C. Smith

Mr. J. Soden

Ms. E. van der Wath

Ms. M. Wilson

Ms. M. Van Zyl

Ms. S Mostert

Labour:

Ms. N.T Klaas

Adv. J.P. Jansen van Vuuren

PART B: AUTHOR'S GUIDE

- The COP must, where possible, follow the sequence laid out in Part C "Format and Content of the mandatory COP". The pages as well as the chapters and sections must be numbered to facilitate cross-reference. Wording must be unambiguous and concise.
- 2. It should be indicated in the COP and on each annexure to the COP whether:
- 2.1. The annexure forms part of the guideline and must be complied with or incorporated in the COP or whether aspects thereof must be complied with or incorporated in the COP, or
- 2.2 The annexure is merely attached as information for consideration in the preparation of the **COP** (i.e. compliance is discretionary).
- 3. When annexures are used the numbering should be preceded by the letter allocated to that particular annexure and the numbering should start at one (1) again. (e.g. 1, 2, 3, A1, A2, A3...).
- 4. Whenever possible illustrations, tables, graphs and the like should be used to avoid long descriptions and/or explanations.
- 5. When reference has been made in the text to publications or reports, references to these sources must be included in the text as footnotes or side notes as well as in a separate bibliography.

PART C: FORMAT AND CONTENT OF THE MANDATORY CODE OF PRACTICE

1. TITLE PAGE

The **COP** should have a title page reflecting at least the following:

- 1.1 Name of mine;
- 1.2 The heading of the **COP**: The provision of personal protective equipment for women in the South African mining industry;
- 1.3 A statement to the effect that the COP was drawn up in accordance with the guideline DMR 16/3/2/5-A2 issued by the ClOM;
- 1.4 The mine's reference number for the COP;
- 1.5 Effective date: and
- 1.6 Revision dates.

2. TABLE OF CONTENTS

The **COP** must have a comprehensive table of contents.

3. STATUS OF MANDATORY CODE OF PRACTICE

Under this heading the COP must contain statements to the effect that:

- 3.1 The mandatory COP was drawn up in accordance with Guideline DMR 16/3/2/5-A2 issued by the CIOM;
- 3.2 This is a mandatory COP in terms of sections 9(2) and (3) of the MHSA;
- 3.3 The **COP** may be used in an incident/accident investigation/inquiry to ascertain compliance and also to establish whether the **COP** is effective and fit for purpose
- 3.4 The COP supersedes all previous relevant COPs;
- 3.5 All managerial instructions or recommended procedures (voluntary COPs) and standards on the relevant topics must comply with the COP and must be reviewed to assure compliance.

4. MEMBERS OF DRAFTING COMMITTEE

4.1 In terms of section 9(4) of the **MHSA** the employer must consult with the health and safety committee on the preparation, implementation or revision of any **COP**.

- 4.2 It is recommended that the employer should, after consultation with the relevant stakeholders in terms of the MHSA, appoint a committee responsible for the drafting of the COP.
- 4.3 The members of the drafting committee assisting the employer in drafting the COP should be listed giving their full names, designations, affiliations and experience. This committee should include competent persons sufficient in number to effectively draft the COP.

5. GENERAL INFORMATION

The general information relating to the mine must be stated in this paragraph. The following minimum information must be provided:

- 5.1 A brief description of the mine and its location;
- 5.2 The commodities produced;
- 5.3 The mining methods/mineral excavation processes;
- 5.4 A description of the systems used at the mine in connection with the issuing of **PPE** equipment; and (revisit once paragraph 8 is completed).
- 5.5 Other relevant COPs.

6. TERMS AND DEFINITIONS

Any word, phrase or term of which the meaning is not absolutely clear or which will have a specific meaning assigned to it in the COP, must be clearly defined. Existing and/or known definitions should be used as far as possible. The drafting committee should avoid jargon and abbreviations that are not in common use or that have not been defined or clearly described. The definitions section should also include acronyms and technical terms used in the COP.

7. RISK MANAGEMENT

- 7.1 Section 11 of the **IMHSA** requires the employer to identify hazards, assess the health and safety risks to which employees may be exposed while they are at work, record the significant hazards identified and risk assessed.
- 7.2 The COP must address how the significant risks identified in the risk assessment process must be dealt with, having regard to the requirements of sections 11(2) and

- (3) that, as far as reasonably practicable, attempts should first be made to eliminate the risk, hereafter to control the risk at source, thereafter to minimise the risk and thereafter, insofar as the risk remains, to provide **PPE** and to institute a program to monitor the risk.
- 7.3 A proper hazard identification and risk assessment must be conducted on all the activities at the mine. The information must be kept readily available at the mine.
- 7.4 To assist the employer with the hazard identification and risk assessment, all possible relevant information such as Annual Medical reports, occupational injury statistics, relevant research reports, design criteria, performance figure protocols, guiding documentation for practitioners and relevant standards should be obtained and considered.
- 7.5 In addition to the periodic review required by section 11(4) of the MHSA, the COP should be reviewed and updated, if required, after every serious incident/accident involving the use of PPE, or if significant changes are introduced to procedures, mining and ventilation layouts, mining methods, plant or equipment and material.

8. ASPECTS TO BE ADDRESSED IN THE MANDATORY CODE OF PRACTICE

The COP must set out how the significant risks in relation to PPE for WIM identified and assessed in terms of the risk assessment process referred to in paragraph 7.1 above will be addressed. The COP must cover at least the aspects set out below unless there is no significant risk associated with that aspect at the mine.

8.1. Roles and responsibilities of different persons

The **COP** should set out the roles and responsibilities of the various different persons involved in the processes to ensure that suitable **PPE** is provided to **WIW** at the mine. These roles and responsibilities could include the following:

8.1.1 Employer

- 8.1.1.1 Ensure that sufficient quantities of the required and appropriate **PPE** for each activity performed by **WIM** is available at the mine. In this regard, **PPE** should be provided which is **suitable** and having regard to the local operational procedures, culture and environmental conditions;
- 8.1.1.2 Ensure that training is provided on the selection of appropriate **PPE** for use at the mine, on when the different types of **PPE** are to be used and the correct use of the different types of **PPE**;

- 8.1.1.3 Ensure that procedures are established and implemented and facilities provided that will ensure proper maintenance of **PPE**;
- 8.1.1.4 Ensure that suitable facilities are provided for the storage, transport and cleaning of **PPE**;
- 8.1.1.5 Ensure that a documented monitoring system is established and maintained on the appropriateness and effectiveness of **PPE** used by **WIM** at the mine; and
- 8.1.1.6 Ensure that any confidential medical information required for the implementation of the **COP** remains confidential.

8.1.2 Managers and Supervisors

Managers/Supervisors are responsible for ensuring effective day to day use of **PPE** by the **WIM** falling under their supervision. This could include the following:

- 8.1.2.1 Familiarise themselves and the **WIN** falling under their supervision with the content of this **COP** which is relevant to them.
- 8.1.2.2 Ensure that specific assessments are carried out for both the risk to be protected against and the different types of **PPE** that could be used to protect **WIM** from that risk. On this basis the suitability of the selected **PPE** against the risk should be assessed.
- 8.1.2.3 Ensure that **WIM** receive suitable and sufficient information, instruction and training with regard to **PPE** supplied to them.
- 8.1.2.4 Ensure the proper use, storage, maintenance, cleaning, examination, repair and replacement of **PPE**.

8.1.3 WIM

will have personal responsibilities to ensure the effectiveness of any safe system of work provided. In particular they must:

8.1.3.1 Ensure that **PPE** provided is used, maintained and cleaned in accordance with the training, instruction and information received.

- 8.1.3.2 Return **PPE** after use to storage facilities provided for it. If this is not possible, to take reasonable steps to safeguard the condition of **PPE** when temporarily stored elsewhere and must not be taken home.
- 8.1.3.3 Regularly examine **PPE** and report any defect, damage or loss to their manager/supervisor.
- 8.1.3.4 Inform their manager/supervisor of any medical or other conditions that may affect their ability to wear or use **PPE**.
- 8.1.3.5 Report to their manager/supervisor, problems with the equipment or suggested improvements to SOPs, which may reduce the requirement for PPE, or improvements in the design or application of PPE.

8.2 Selection, provision and maintenance

The COP should set out measures to ensure that suitable PPE for WIM is selected and provided, and that such PPE for WIM is properly maintained, which measures should include:

- 8.2.1 Identifying all areas in which PPE for WIM may be required;
- 8.2.2 Identifying the types of **PPE** for **WIM** which would provide suitable protection against the identified hazards;
- 8.2.3 Ensuring the correct **PPE** for **WIM** is issued to each female employee in terms of:
- 8.2.3.1 Size and fit;
- 8.2.3.2 Type of workplace hazards;
- 8.2.3.3 Purpose of PPE; and
- 8.2.3.4 Nature of work to be undertaken.
- 8.2.4 Ensuring **PPE** for **WIW** is regularly maintained to remain fully functional for its intended use;
- 8.2.5 Ensuring **PPE** for **WIM** is timeously replaced when no longer fully functional for its intended use; and
- 8.2.6 Ensuring the use and effectiveness of the **PPE** is monitored, including with regard to fit, comfort and maximum protection from the identified hazards for **Wim**.

8.3 Training

The COP must set out measures to ensure that WIM are properly trained the use of PPE provided them, which should include the following:

- 8.3.1 Identif yingppropriate persons to carry out training for WIM on the use of PPE and the qualificationsexperience and other requirements to be met by such personners;
- 8.3.2 Conducting training i two phases for all Will who are required to wear PPE:
- 8.3.3.1 General training should include:
 - When and why personal protective equipment is necessary;
 - What type of personal protective equipment is necessary?
 - How properly to put on, take off adjust and wear PPE;
 - T helimitati onef the PPE;
 - The proper care, maintenance, useful life and di sposabif the PPE; and
 - Advising **WI** Mon appropriate personal wear with the diff erentypes of **PPE** for **WI** M.
- 8.3.3.2 Site speci f training (to be conducted by di recsuper visorsand documented) should include:
 - What type of PPE is necessary for each job;
 - How properly to put on, take off, adjust and wear PPE;
 - How to obtain PPE; and
 - Depart mentableaning, mai ntenancend replac emenprocedures.
- 8.3.3 Ensuring that each trainee demonstrates correct use of **PPE** before being all lowed to performwork require the use of **PPE**.
- 8.3.4 Ensuring that retraining is done, wher eequir edwhen:
- 8.3.4.1 New equipment or pr ocessesare introduced that could create new or additional hazards; and
- 8.3.4.2 There have been changes in the wor kplaceor **PPE** that renders previous training obsolete.

8.3.5 Ensuring, if any employee who has been trained does not have the understanding or skills required to use the **PPE** properly, that such employee is retrained and the retraining is documented.

PART D: IMPLEMENTATION

1. IMPLEMENTATION PLAN

- 1.1 The employer must prepare an implementation plan for its COP that makes provision for issues such as organizational structures, responsibilities of functionaries and programs and schedules for this COP that will enable proper implementation of the COP. (A summary of/and a reference to, a comprehensive implementation plan may be included).
- 1.2 Information may be graphically represented to facilitate easy interpretation of the data and to highlight trends for the purpose of risk assessment.

2. COMPLIANCE WITH THE CODE OF PRACTICE

The employer must institute measures for auditing, monitoring and ensuring compliance with the COP.

3. ACCESS TO THE CODE OF PRACTICE AND RELATED DOCUMENTS

- 3.1 The employer must ensure that a complete **COP** and related documents are kept readily available at the mine for examination by any affected person.
- 3.2 A registered trade union with members at the mine or where there is no such union, a health and safety representative on the mine, or if there is no health and safety representative, an employee representing the relevant stakeholders on the mine, must be provided with a copy on request. A register must be kept of such persons or institutions with copies to facilitate updating of such copies.
- 3.3 The employer must ensure that all employees are fully conversant with those sections of the COP relevant to their respective areas of responsibility.

ANNEXURE 1: Reference SIMRAC Research Project

(This Annexure is for information purposes only)

Personal Protective Equipment for Women in the South African Mining Industry (SIM100904)

ANNEXURE 2: Table on Common Hazards at Mines and possible PPE

(This Annexure is intended for information purposes only)

Body part	Common hazards in mines	Type of PPE protection		
protection		required		
Head protection	Impact from rock falls and flying objects	Safety helmets		
	 Impact from falling spillage, debris from 	Bump caps		
	conveyor system or crane	Hair nets		
	Impact from falling tools			
	Bumping head against walls, haulage, etc			
	Hair entanglement in rotating machinery			
Face and eye	Chemical and metal splash	Safety spectacles		
protection	Airborne particles and dusts	Goggles		
	Projectiles (flying fragments and chips)	Face shields		
	Gases and vapours	Visors		
	Radiation			
Hands/arm	Abrasions, cuts and punctures, impact	Gloves		
protection	Temperature extremes (cold/heat)	Gauntlets		
•	Chemical substances	Mitts		
	Electric shock	Wrist cuffs		
	Skin infection, disease contamination	Armlets		
	Hand/arm vibration	Barrier creams		
Body Protection	Temperature extremes and adverse weather	Conventional and disposable		
(Torso)	Chemical and metal splash	overalls		
(10100)	Spray from pressure leaks or spray guns	Boiler suits		
	 Impact or penetration 	Clothing for cold, heat and bad		
	Contaminated dust	weather		
	Excessive wear	Clothing to protect against		
		machinery		
	Entanglement of own clothing	High visibility jackets, vests		
		Harnesses, life jackets		
Foot and Leg	Wet and slipping	Safety boots and shoes with		
protection	Electrostatic build-up	protective toe caps, penetration-		
	Cuts and punctures	resistant mid-sole		
	Falling objects	Gaiters		
	Chemical and metal splash	Leggings, spats		
	Abrasion			
Hearing	Noise	Ear muffs		
Protection		Earplugs		
Respiratory	Dust (e.g. crystalline silica and coal dusts)	Disposable filtering face piece or		
Protection	Gas, vapour	respirator		
	Oxygen deficient atmospheres	Half or full-face respirator		
	Welding fumes	Air-fed helmets		
	3	Breathing apparatus		

ANNEXURE 3: PPE for WIM Selection Guidelines

(This Annexure is intended for information purposes only)

1. General considerations

- 1.1 For each hazard identified, select personal protective equipment that will protect the WIM by creating a barrier against workplace hazards. Consider the likelihood of an accident and the seriousness of a potential accident. PPE must be selected to protect against any hazard that is present or likely to be present. It is important personnel to become familiar with the potential hazards, the type of protective equipment that is available, and the level of protection that is provided by that equipment, i.e., splash protection, impact protection, etc.
- 1.2 The personal protective equipment selected must fit the WIM as it is intended to protect. Make certain that WIM have the correct size of protective equipment. WIM input in the selection process is critical. Personal protective equipment that fits properly and is comfortable will more likely be worn by WIM. Damaged or defective protective equipment must be taken out of service immediately to be repaired or replaced and employees must be provided with the proper equipment in the interim.
- 1.3 Selected **PPE** for a work activity must be compatible with any other **PPE** that may be worn at the same time.
- 1.4 **PPE** to be repaired or replaced when damaged or past useful life or when an improved (cost effective) alternative becomes available.
- 1.5 All PPE may be used for official purposes only (except where management approval obtained).
- 1.6 A Hazard Assessment is a process of a simply formalised system of what personal protective equipment is to be selected based on the hazards of the job. When conducting a hazard assessment, a task is investigated and the hazards and the potential hazards associated with the task are determined. This allows for the selection of **PPE** that will protect the **WIM** from the identified hazards.

A hazard assessment may be conducted on a single employee, performing a single task, or a group of employees if all the employees perform an identical task. Hazard assessment could include all of the welders conducting that task. Likewise, painters using similar types of materials or laboratory workers using similar types of chemicals could be grouped under the same assessment.

The individual conducting the hazard assessment must have an intimate knowledge of each task. In some cases this may require directly observing an employee. In other instances the assessor may know all the hazards associated with a job without additional review. During the hazard assessment of each task, inspect the layout of the workplace and look for the following hazard sources:

- a) High temperatures that could result in burns, eye injury, ignition of equipment, heat stress, etc.
- b) Cold temperatures that could result in frostbite, lack of coordination, cold stress, etc
- c) Chemical exposure, including airborne or skin contact that would have the potential for splash on the skin or eyes, or the potential to breathe vapours or mist.
- d) Harmful dust or particulates.
- e) Light radiation, e.g., welding, cutting, brazing, furnaces, heat treating, high intensity, lights, etc.
- f) Sources of falling objects, potential for dropping objects, rolling objects that could crush or pinch the feet.
- g) Sharp objects that may pierce the feet or cut the hands.
- h) Electrical hazards.
- i) Observe the layout of the workplace and the location of co-workers for the potential for collision with other personnel or objects.
- j) Any other identified potential hazard.

Where these hazards exist and could cause injury to employees, PPE must be selected to eliminate substantially the injury potential.