

AYURVEDA & UNANI TIBB			
SCHEDULE 0			
APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day
Abelmoschus esculentus	Musk mallow / Musk or Ambrette seeds		5 g
Abies webbiana	Himalayan Silver Fir		15 g
Abroma augusta	Devils cotton		4 g
Abutilon indicum	Atibala		3,5 g
Acacia catechu	Khadira		6 g
Acacia concinna	Shatala		Not applicable - used externally
Acacia farnesiana	Iremeda Tvak Kwath / Arimaedah		6 g
Acacia leucophloea	Irimeda Tvak / Shveta-barbura		Not applicable
Acacia nilotica	Babul Tvak / Babboola / Babula / Barbara		10 g
Acacia nilotica	Babul Tvak / Babboola / Babula / Barbara		6 g
Acacia speciosa	Shirish Tvak		2,7 g
Achillea millefolium	Milfoil / Yarrow		5 g
Achyranthes aspera	Rough Chaff tree / Prickly chaff-flower		10 g
Adhatoda vasica	Malabar nut		15 g
Adiantum caudatum			15 g
Aegle marmelos	Bael fruit / Bengal quince		15 g
Aerva lanata			6 g
Ailanthus excelsa			5 g
Albizia lebbeck	Siris Tree		6 g
Alhagi pseudalhagi			6 g
Allium cepa	Onion		Not applicable
Allium sativum	Garlic		6 g
Aloe barbadensis	Indian Aloe		300 mg

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Alstonia scholaris	Dita bark / Shaltan wood / Devil's Tree		10 g
Althaea officinalis	Mars mallow root		5 g
Altingia excelsa	Storax / Oriental sweet gum		Not applicable - used externally
Alum	Alumen		648 mg
Amaranthus caudatus	Prickly amaranth		Not applicable
Amaranthus polygamus	Prince's feathers / Cock's comb		60 ml
Ambra grisea	Ambergris		972 mg
Amomum subulatum	Ceylon cardamom / Greater cardamom		3 g
Amoora rohitaka			3 g
Amorphophallus campanulatus	Telugu potato / Elephant's foot / Yam		648 mg
Anacyclus pyrethrum	Pellitory		3 g
Ananas sativus	Pineapple		60 ml
Andrographis paniculata	King of Bitters / Chiretta		5 g
Andropogon muricatus	Khus-khus grass / Vetiver		12 g
Anethum sowa	Dill		3 ml
Anethum sowa	Dill		6 g
Angelica glauca			3 g
Antimonium nigrum	Kermes mineral / Black Antimony / Sulphide of Antimony		Not applicable - used externally only
Apium graveolens	Celery / Wild celery		5 g
Apium graveolens	Celery / Wild celery		7 g
Aquilaria agallocha	Aloe wood / Eagle wood		5 g
Arachis hypogaea	Earthnut / groundnut / peanut / monkey nut		Not applicable

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APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day
Areca catechu	Areca or Betel-nut palm		5 g
Argemone mexicana	Prickly poppy / Yellow Mexican poppy / Yellow thistle		3,5 ml
Argyrea speciosa	Elephant creeper		1 g
Argyrea speciosa	Elephant creeper		8 g
Artemisia absinthium	Worm-wood / Mugwort / Madderwort / Mingwort / Warmot / Magenkraut		4 g
Artemisia maritima	Worm seed plant / Santonin		5 g
Arum colocasia	Cocco / Cacao		15 g
Asparagus adscendens	Garden asparagus / White Mushale		15 g
Asparagus racemosus	Asparagus		20 g
Asphaltum	Mineral pitch / Jew's pitch / Asphalt / Himalayan rock exudate / Mimiye		500 mg
Azadirachta indica	Neem or Margosa tree / Indian lilac		6 g
Balsamodendron mukul	Salai-tree / Gum gugul / Indian Bedellium		8 g
Bambusa arundinacea	Vanslochan		5 g
Barleria prionitis	Saireyak / Sahachara Mool / Vajra Danti		10 g
Barringtonia acutangula	Samudraphal		For external use only
Bassia latifolia	Madhuka		30 g
Bauhinia purpurea	Kanchan		6 g
Bauhinia tomentosa	Phalgu		For external use only
Bauhinia variegata	Kanchanara		6 g
Benincasa cerifera	Kushmanda		
Bentonite			
Bergenia ligulata	Saxifrage	Pashanbedha-I	6 g Whole plant

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Bergenia ligulata	Saxifrage	Pashanbedha-l	1,5 g Rhizome / root	
Beta maritima	Garden beet / beetroot		Not applicable	
Betula utilis	Himalayan Birch / Birchwood / Jacquemone	Bhurjapatra	6 g	
Black salt	Sanchal salt / Vida / Vit Lavana	Krishna Lavana		
Blepharis edulis		Uttangan	5 g	
Boerhaavia diffusa	Spreading Hog Weed	Punarnava / Punarnavaghana	6 g	
Bombax malabaricum	Silk Cotton tree	Shalmali / Kootashalmali	8 g	
Bombyx mori	Silk worm moth / raw silk cocoon		64 8mg	
Boswellia glabra	Indian olibanum or Frankincense	Shallaki	6 g	
Brassica alba	White mustard	Sarshap Tail / Sweta Sarshapa	4 g	
Brassica campestris	Rape seed / Turnip	Sarshapa	4 g	
Brassica juncea	Indian / brown mustard	Rakta Sarshapa	For external use only	
Buchanania latifolia	Cuddapah Almonds / Almondettee tree		20 g	
Butea frondosa	Bastard Teak / Flame of the forest		6 g	
Butea frondosa	Bastard Teak / Flame of the forest		3 g	
Caesalpinia bonduc				
Caesalpinia digyna			6 g	
Cajanus cajan	Pigeon pea, Cadian or Congo pea, Adhuki beans		NA	
Cajanus indicus	Pigeon, Cadian or Congo pea		NA	
Calcium				
Calcium sulphate	Alabaster / Plaster of Paris / Satin spar		For external use only	
Calcium sulphate (Calcined)			500 mg	
Callicarpa macrophylla	Indian Mahalaeb		3 g	

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Camellia sinensis	Tea plant.		10 g
Canthradis	Telini fly / Chinese blistering fly / Mylabris beetle		57 g
Capparis aphylla	Caper plant / Caper berry		7 g
Capparis aphylla	Caper plant / Caper berry		4 g
Capra aegagrus	Goat.		
Capsicum annum	Spanish pepper / Red pepper / Cayenne pepper		60 mg
Carbon	Lamp Black		
Careya arborea			5 g
Carica papaya	Papaw, Papaya		75 mg
Carthamus tinctorius	Saf-flower / Parrot seed / Wild saffron / Bastard saffron		8 g
Carum carvi	Black Caraway / Cumin		6 g
Caryota urens	Jaggery Palm / Malabar Sago-palm		
Cassia angustifolia	Tinnevely / Indian Senna		5 g
Cassia auriculata	Mature tea tree / Tanner's cassia		14 g
Cassia auriculata	Mature tea tree / Tanner's cassia		57 g
Cassia auriculata	Mature tea tree / Tanner's cassia		8 g
Cassia fistula	Indian laburnum - Pudding pipe tree / Purging cassia		10 g
Cassia obovata			8 g
Cassia occidentalis	Negro coffee		12 g
Cassia tora	Ring-worm plant		3 g
Cedrus deodara	Himalayan cedar / Cedar Wood		5 g
Cedrus deodara	Himalayan cedar / Cedar Wood		14 g
Celastrus paniculata	Staff tree		57 g
Cephaelis ipecacuanha	Ipecacuanha		2 g

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Cera flava	Yellow Beeswax		NA
Chlorophyll			
Chlorophytum arundinaceum	Mushli / White Mushli / White Musale		15 g
Chrysanthemum indicum	Chrysanthemum		8 g
Cichorium intybus	Endive / Wild chicory / Chicory		6 g
Cinnamomum camphora	Camphor		500 mg
Cinnamomum cassia			8 g
Cinnamomum iners	Cassia or Chinese or Leaf cinnamon		3 g
Cinnamomum zeylanicum	Chinese cassia / Cinnamon / Bark cinnamon		3 g
Cissampelos pareira	Velvet-leaf		3 g
Citrullus colocynthis	Colocynth / Indian wild gourd or bitter apple / Bitter cucumber		150 mg
Citrullus colocynthis	Colocynth / Indian wild gourd or bitter apple / Bitter cucumber		1 g
Citrus aurantium	Sweet / Chinese orange		7 g
Citrus aurantium	Sweet / Chinese orange		0,18ml
Citrus limonum	Lemon		4 drops
Citrus limonum	Lemon		25 ml
Citrus limonum	Lemon		600 mg
Citrus medica	Citron		600 mg
Citrus medica	Citron		25 ml
Citrus medica	Citron		0,18 ml
Clerodendrum phlomidis			10 g
Clerodendrum serratum			6 g

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Clitoria ternatea	Butterfly-pea / Winged-leaved Clitoria / Mazerion		6g
Cocculus suberosus	Indian berry / Fish berry		For external use only
Cocculus villosus			
Cocos nucifera	Coconut-palm		36 g
Coleus aromaticus	Country borage	Pashanbedha-II	6 g
Convolvulus pluricaulis		Shankhapushpi	30 g
Corallium rubrum (Calcined Roots)	Coral (roots - powderd)	Praval Pishti / Pravala Bhasma	500 mg
Corchorus capsularis	Jute	Kalashaka	3 g
Corchorus capsularis	Jute	Kalashaka	10 g
Cordia dichotoma	Sebestan fruit.	Bahuvata	15 g
Cordia latifolia	Sebesten plum or fruit	Brihat Bahuvata	15 g
Coriandrum sativum	Coriander	Dhanyaka	16 g
Cow's milk		Godugdha	NA - Dairy product
Crataeva nurvala	Three leaved caper	Varuna	30 g
Crataeva nurvala	Three leaved caper	Varuna	20 g
Crocus sativus	Saffron	Kumukumapushpa	500 mg
Cryptolepis buchanani	Black sarsaparilla	Krishna Sariba	15 g
Cucumis sativus	Common cucumber	Sakusa, Sukasa, Trapusha	7 g
Cucumis trigonus	Bitter gourd	Indravaruni (bedha)	150 mg
Cucumis trigonus	Bitter gourd	Indravaruni (bedha)	1 g
Cuminum cyminum	Cumin seeds	Jeeraka	12 g
Curculigo orchoides	Black musale	Krishna mushali	6 g
Curcuma amada	Mango Ginger	Amragandhi Haridra	8 g
Curcuma aromatica	Wild Turmeric / Yellow Zedoary / Cochin Turmeric.	Vana Haridra	500 mg

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Curcuma caesia	Black Turmeric	Krishna Haridra	500 mg	
Curcuma longa	Saffron / Turmeric	Haridra	8 g	
Curd	Yoghurt	Dadhi		
Curd's water	Whey	Mastu		
Cyclea burmanii		Raja Patha	3 g	
Cymbopogon citratus	True lemon grass / Rosha grass / sweet-rush / Ginger grass		6 drops	
Cymbopogon jwarancusa	Lemon grass / Russ grass.	Lamajjakaa	7 g	
Cynodon dactylon	Bermuda / Dog / Hurallee / Conch / Creeping panic Grass	Neela durva	20 g	
Cyperus rotundus	Nut grass	Mustaka	6 g	
Cypraea moneta (Calcined)	Porcelaneous Cowry shells - calcined	Varatika / Kapardika Bhasma	500 mg	
Dalbergia sissoo	Black wood / Indian Rose wood / Sesame wood	Sinshupa	10 g	
Daucus carota	Carrot	Grinjanam	28 g	
Daucus carota	Carrot	Grinjanam	5 ml	
Desmodium gangeticum		Shalaparni	24 g	
Desmostachya bipinnata		Kusha / Darbha	12 g	
Dioscorea bulbifera	Yam / Indian Kudju	Varahi Kanda-I	12 g	
Dolichos biflorus	Horse-gram plant	Kulathha	28 g	
Dolichos lablab	Flat bean / Goa bean / Indian bean	Nishpava	28 g	
Dryobalanops aromatica	Borneo and Sumatra Camphor	Bhimaseni Kapoora	500 mg	
Eclipta alba	Common Perilla / Trailing Eclipta	Bhringaraja	6 g	
Elephantopus scaber	Prickly leaved Elephants foot	Gojihwa	10 g	
Elettaria cardamomum	Lesser cardamom / Cardamom / Malabar cardamom	Ela / Elaichi Satva	4 g	

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Eleutheria cardamomum	Lesser cardamom / Cardamom / Malabar cardamom	Ela / Elaichi Satva	2 ml	
Embelia ribes	Babreng	Vayu Vidanga	16 g	
Erythrina indica	Indian coral tree / Moomchy wood tree	Paribhadra	6 g	
Erythrina indica	Indian coral tree / Moomchy wood tree	Paribhadra	14 g	
Eucalyptus globulus	Australian fever tree or Blue gum tree / Iron bark / Woolly butt	Neelgiri	1 g	
Eucalyptus globulus	Australian fever tree or Blue gum tree / Iron bark / Woolly butt	Neelgiri	0,5 ml	
Eugenia jambolana	Jambul, black plum, blackberry	Jamboo	6 g	
Eupatorium ayapona		Ayapana	8 g	
Euphorbia hirta	Pill-bearing spurge / Asthma weed	Dugdhika / Dudhi	10 g	
Evolvulus alsinoides		Shankhapushpi-II	30 g	
Fagonia arabica	Khorasan Thorn	Dhanwayasa	15g	
Ferrum (purified)	Iron		500 mg	
Ferula foetida	Scorodosma / Asafoetida	Hingu	1 g	
Ferula narthex		Vata		
Ficus bengalensis	Banyan tree	Vata	5 g	
Ficus bengalensis	Banyan tree	Vata	3 drops	
Ficus bengalensis	Banyan tree	Anjeer / Mriduphala	12 g	
Ficus carica	Fig tree	Udumbara	7g	
Ficus glomerata	Cluster fig / Gular fig	Plaksha	24 g	
Ficus infectoria	Lambertiana	Ashwattha	12 g	
Ficus religiosa	Peepul tree / Sacred fig	Vikankata	6 g	

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Flacourtia sapida	Governor's Plum	Mishreya / Madhuri misri / Madhurika / Saunf Satva	20 g
Foeniculum vulgare	Indian sweet fennel	Kukkuti / Kshir Kakoli	24 g
Fritillaria roylei		Sajikhar / Barilla	6 g
Fucus vesiculosus	Kelp	Pitta papara / Parpataka / Khsetra parpati / Yavana parpata	For external use only
Fumaria officinalis	Common fumitory / Pitpapra / Khetpapra	Kukkutanda / Kukkuta mamsa	8
Gallus domesticus	Domestic Chicken, yolk of eggs		NA
Garcinia indica	Gamboge / Kokum / Malabar tamarind	Vrikshamla	20 g
Gardenia gummifera	Dikamali / Cambi resin	Nadi Hingu	500 mg
Gautheria fragrantissima	Indian wintergreen	Gandhapuro Tail	1,8 g
Gelidium cartilagineum	Agar-agar, Japanese Isinglass, Red algae	Navaneeta	NA
Ghee - Butter	Butter Oil / Clarified butter	Langali	NA
Gloriosa superba	Superb Lily	Vilayati / Shatapushp	250 mg
Glycine soja	Soya bean	Yashtimadhu	NA
Glycyrrhiza glabra	Sweetwood / Liquirice	Gambhari / Sreephala	5 g
Gmelina arborea	Cashmere bark	Aja dugdha	20g
Goat's Milk		Karpasa	
Gossypium herbaceum	Cotton plant	Phalsa / Parashaka	9 g
Grewia asiatica		Phalsa / Parashaka	60 g
Grewia asiatica		Meshashringi / Madhunasani	24 g
Gymnema sylvestre	Periploca of the woods / Miracle fruit		6 g
Hedychium spicatum	Spiked ginger lily	Shathi / Kapur kachri	< 1 g
Helianthus annuus	Sunflower	Arkakantha, Adityabhakta, Suria-	NA

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Helix aspera	Shells of freshwater mollusk / land snail	mukhi		
Hemidesmus indicus	Periploca indica - Indian sarsaparilla	Nakhnakhi / Vyaghra nakhi	NA - For external use only	
Herpestis monniera	Thyme-leaved Gratiola	Sweta Sariba	10 g	
Hibiscus cannabinas		Brahmi Patra	12 g	
Hibiscus sabdariffa	Rozelle Hemp / Red Sorrel	Machika	20g	
Hiptage madabiola		Vara Gogu	20g	
Holarthra antidysenterica	Tellicherry, Kurchi, Conessi bark	Madhavi	15g	
Hordeum vulgare	Barley	Kutaja Tvak - bark, Indrayava - seeds	6 g	
Hygrophila spinosa	Asteracantha	Yava / Yava kshara	250 mg	
Hygrophila spinosa	Asteracantha	Kokilaksha / Talmakhana / Kolistha / Ikshugandha	7 g	
Hyssopus officinalis	Hyssop	Kokilaksha / Talmakhana / Kolistha / Ikshugandha	43 g	
Ichnocarpus frutescens	Black creeper / Black Sarsaparilla	Joopha	7 g	
Illicium verum	Star anise	Krishna sariba	10 g	
Imperata cylindrica	Sacred Grass	Darbha	20 g	
Iodine tincture				
Ipomoea digitata	Giant potato	Ksheera Vidari	12 g	
Ipomoea turpethum	Turpeth root / Indian jalap	Trivrit / Nishoth	2,7 g	
Ipomoea turpethum	Turpeth root / Indian jalap	Trivrit / Nishoth	6 g	
Jasminum officinale	Jasmin	Jati	15 g	
Juglans regia	Walnut	Akshota	36 g	
Kaempferia galangal		Chandramoola	3 g	

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Kaolinum ponderosum	China clay / Kaolinite / Porcelain clay / Red ochre	Swarna Gairic	6 g	
Lactuca scariola	Prickly lettuce / Lettuce	Vanya kahu	5 g	
Lactuca scariola	Prickly lettuce / Lettuce	Vanya kahu	48 ml	
Lagenaria vulgaris	Bitter bottle gourd / Sweet white pumpkin / Benares pumpkin	Alabu	5 g	
Laurus nobilis	Sweet bay laurels / Victor's laurels	Gaar	2 g	
Lavandula stoechas	Arabian or French lavender / Stoechados	Ust-khuddus	7 g	
Lawsonia inermis	Henna / Samphire	Madayantika	For external use only	
Lens esculenta	Lentils	Masurika, masura	NA	
Lepidium sativum	Common water-cress	Chandrasura	12 g	
Leptadenia reticulata	Ceylon cow-plant.	Jeevanti	12 g	
Leptadenia spartum		Mahameda	NA	
Leucus cephalohites		Dronapushpi / Chitrapathrika / Chitrak-shupa	24 g	
Lippia nodiflora	Purple lippia	Jala pippali	12 g	
Liquidambar orientalis	Liquid storax / Rose malloes	Shilaras	5 g	
Litsea polyantha		Medasak	6 g	
Lodoicea sechellarum	Sea coconut palm / Double coconut palm	Samudra Narikela	20 g	
Luffa cylindrica	Smooth luffa / wash-sponge / Sponge Gourd	Patola / Raja Koshataki	NA	
Magnesium	Silicate of magnesia / Soap stone / Talc		1,3 g	
Magnesium carbonate			2 g	
Magnesium silicate	Silicate of magnesia / Soap stone / Talc		1,3 g	
Magnesium sulphate hydrated			1,3 g	
Mallotus philippinensis	Monkey-face tree / Indian Kamala	Kampillaka	2 g	

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Malva sylvestris	Common mallow / Mallow leaves	Khubbaji	28 g	
Mangifera indica	Mango	Amratoka	12 g	
Marsdenia tenacissima	White turpeth	Moorva / Tiktavalli-I	30 g	
Martynia diandra	Tiger's claw / Devil's claw	Kaka nasha-I	6 g	
Mel	Honey	Madhu	48 g	
Mel despumatum	Clarified Honey			
Melia azedarach	Persian lilac / Common bead tree / China berry	Maha Nimba	6 g	
Mentha arvensis	Mars mint / Corn mint.	Putiha / Pudina	4 ml	
Mentha piperita	Peppermint	Pudina Satva / Putiha	4 ml	
Mentha spicata	Spearmint	Putiha / Pudina	4 ml	
Mesua ferrea	Cobra's saffron	Naga Kesara	6 g	
Michelia champaca	Golden or Yellow Champa	Champak	12 g	
Mimusops elengi		Vakula	20 g	
Mirabilis jalapa	Four-o'clock flower		Mostly used as poultices	
Momordica charantia	Bitter gourd	Karavellaka	12 ml	
Momordica charantia	Bitter gourd	Karavellaka	12 g	
Momordica charantia	Bitter gourd	Karavellaka	8 g	
Moringa oleifera	Horse radish / Drumstick	Shobhanjana / Sahjanchhal / Shigru	15 g	
Moringa oleifera	Horse radish / Drumstick	Shobhanjana / Sahjanchhal / Shigru	9 g	
Moringa oleifera	Horse radish / Drumstick	Shobhanjana / Sahjanchhal / Shigru	3 g	
Moschus moschiferus	Musk / Xylol	Kasturi	1,8 ml	

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Mucuna pruriens	Cowhage / Cowitch	Kapikachchu / Kaunch Beej	6 g	
Musa paradisiaca	Plantain / Banana	Kadali	3 g	
Musa paradisiaca	Plantain / Banana	Kadali	1,2 ml	
Musa paradisiaca	Plantain / Banana	Kadali	30 g	
Myristica fragrans	Nutmeg / Mace	Javitri / Jatiphala / Jatipatra	1 ml	
Myristica fragrans	Nutmeg / Mace	Javitri / Jatiphala / Jatipatra.	1 g	
Myristica malabarica	Bombay Mace / Malabar Nutmeg	Vana Jatiphala / Javitri	1 g	
Myristica malabarica	Bombay Mace / Malabar Nutmeg	Vana Jatiphala / Javitri	1ml	
Mytilus margaritiferos (Calcined pearl oyster - Fine powder of shell)	Pearl oyster shell - Calcined (fine powder)	Mukta Shukti Bhasma	500 mg	
Mytilus margaritiferos (Calcined / purified - Fine powder of pearls).	Pearl - Fine powder of pearls - calcined (fine powder)	Mukta Bhasma	500 mg	
Nardostachys jatamansi	Musk root / Indian spikenard	Jatamansi	8 g	
Nardostachys jatamansi	Musk root / Indian spikenard	Jatamansi	0,5 ml	
Nauclea cadamba		Kadamba	12 g	
Nelumbium speciosum	Egyptian, Indian or Sacred Lotus / Chinese water lily	Aravinda / Kamala (Pundarik), Mrinal - stalks	7 g	
Nelumbium speciosum	Egyptian, Indian or Sacred Lotus / Chinese water lily	Aravinda / Kamala (Pundarik), Mrinal - stalks	15g	
Nelumbium speciosum	Egyptian, Indian or Sacred Lotus / Chinese water lily	Aravinda / Kamala (Pundarik), Mrinal - stalks	15 g	
Nepeta hindostana			7 g	
Nyctanthes arbor-tristis	Night Jasmine / Coral Jasmine / Weeping Nyctanthes	Parijata / Harshringara	8 mg	
Nymphaea stellata	Foxnut / Indian or blue water lily	Neelotpala / Kumuda	6 g	
Ocimum basilicum	Sweet basil	Vana Tulasi	12 g	

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Ocimum basilicum	Sweet basil	Vana Tulasi	7 g	
Ocimum canum	Rosary / Hoary basil		12 g	
Ocimum canum	Rosary / Hoary basil		7 g	
Ocimum gratissimum	Shrubby basil	Jambeeraka	12 g	
Ocimum gratissimum	Shrubby basi	Jambeeraka	7 g	
Ocimum pilosum	Green basil			
Ocimum sanctum	Holy basil / Mosquito plant of South Africa	Tulasi	7 g	
Ocimum sanctum	Holy basil / Mosquito plant of South Africa	Tulasi	12 g	
Olea europaea	Olive		NA	
Onosma bracteatum		Gojihwa	6 g	
Orchis mascula	Salep orchid	Munjataka / Salab mishri	7 g	
Oroxylum indicum	Indian trumpet flower	Shyonaka / Sona pathaa	6 g	
Oryza sativa	Rice	Shail Mool / Dhanya	NA	
Ostrea edulis	Oyster shell		60 mg	
Ostrea edulis (calcined)	Mother of pearl (calcined) / Common oyster	Shukti Bhasma	60 mg	
Ovis aries	Goat / Mutton	Mesha Mamsa	NA	
Paederia foetida	Chinese flower plant / Chinese moon-creeper / King's tonic / Stinking Opal berry	Gandha Prasariini	20 g	
Palaemon curcinus	Prawn		NA	
Pandanus odoratissimus	Fragrant screw pine / Caldera bush	Ketaki / Kewada	8 g	
Paraffin			For external use only.	
Paraffinum durum			For external use only.	
Parmelia perlata	Lichen odoriferous / Stone flowers / Yellow lichen / Rockmoss	Shilapushpa / Chareela / Shaleya / Shilaka	6 g	

AYURVEDA & UNANI TIBB			
SCHEDULE 0			
APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day
Pavonia odorata		Netrabala	8 g
Pedaliium murex	Large caltrops	Brihat Gokshura	473 ml
Pedaliium murex	Large caltrops	Brihat Gokshura	3,5 g
Pedaliium murex	Large caltrops	Brihat Gokshura	10 g
Pentatropis microphylla		Kaka nasha-II	6 g
Phaseolus roxburghii	Black gram	Masha / Udad	20 g
Phaseolus trilobus		Mudgaparni	18 g
Phoenix dactylifera	Edible date	Khajoor	15 g
Phoenix sylvestris	Toddy palm / Date Sugar palm / Wild date	Pindakharjora	15 g
Phyllanthus emblica	Emblc myrobalan / Indian gooseberry / Dry Amla	Amlaki / Amla (Included in Triphala)	20 g
Phyllanthus niruri	Featherfol plant	Bhumiamlaki	6 g
Picrorrhiza kurroa	Kutki	Katuka Rohini	1 g
Pimpinella anisum	Anise / Sweet fennel	Anisoon	5 g
Pinus longifolia	Long-leaved pine / Chir pine	Sarala daru / Tarpin Ka Tail (Oils)	2 g
Piper aurantiacum		Renuka / Harenuka-I.	1 g
Piper betle	Betel-leaf pepper	Tamboola / Naga valli	10 g
Piper betle	Betel-leaf pepper	Tamboola / Naga valli	3 g
Piper chaba	Jawa Long pepper	Chavya	6 g
Piper cubeba	Tailpepper / cubebs	Kankol / Sheetal Cheeni	4 g
Piper cubeba	Tailpepper / cubebs	Kankol / Sheetal Cheeni	0,5 ml
Piper longum	Long-pepper / Dried catkins	Pippali / Pippali Moola - (the root)	6 g
Piper nigrum	Black pepper / Decorticated pepper	Mareechi / Kali Marich	6 g
Piper peepuloides	Round pepper	Gola Pippali / Pippali Bhed	6 g

AYURVEDA & UNANI TIBB				
SCHEDULE 0				
APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day	
Pistacia integerrima	Galls	Karkataka shringi-I & -II	6 g	
Pistacia lentiscus	Mastiche tree	Roomi mastaki	2 g	
Pistacia terebinthus	Terebinth / Chian Turpentine tree.	Mastaki	2 g	
Pistacia vera	Pistachio-nut tree	Mukulaka / Pista	6 g	
Pistacia vera	Pistachio-nut tree	Mukulaka / Pista.	3 g	
Plantago ovata	Ispaghula or Spogel or Psyllium seeds / husk	Ishadgola / Isabgol / SnigdhaJeera	20 g	
Pluchea lanceolata		Rasna-I	6 g	
Plumbago zeylanica	Ceylon Leadwort / White Leadwort	Chitramoola	2 g	
Pogostemon patchouli		Parpati / Patchouli	5 g	
Portulaca oleracea	Common Indian Purslane / Garden Purslane	Loni / Lona shaka	10 g	
Potassium carbonate	Impure potash carbonate / Pearl ash / Salt of tartar	Yava kshara	1 g	
Potassium nitrate	Salt petre / nitre / Nitrate of Potash	Sooryakshara / Sourakshara	1 g	
Premna integrifolia	Migrain / Headache / tree	Agnimantha-II	4 g	
Prunus amygdalus	Almond	Badam	12 ml	
Prunus amygdalus	Almond	Badam	12 g	
Prunus armeniaca	Apricot	Urumana	6 g	
Prunus communis	Plum	Alucha	NA	
Psidium guyava	Guava	Perala / Amratatalam / Amruta-phalam	5 ml	
Pterocarpus marsupium	Indian kino / Malabar kino	Vijaya sara	12g	
Pterocarpus santalinus	Red sanders / Red sandalwood	Rakta chandana	12 g	
Ptychotis ajowan	Bishops weed / Omum / Lovage / Ajawa seeds / Ajowan oil	Yavani / Ajwain Satva / Yavanika / Ajmada / Agniverdhana / Deepyaka / Yamani / Ajamodika	3 ml	

AYURVEDA & UNANI TIBB			
SCHEDULE 0			
APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day
Ptychotis ajowan	Bishops weed / Omum / Lovage / Ajawa seeds / Ajowan oil	Yavani / Ajwain Satva / Yavanika / Ajmada / Agniverdhana / Deepyaka / Yamani / Ajamodika	6g
Pueraria tuberosa	Indian Kudju	Vidari kand / Ksheera Vidari	10 g
Punica granatum	Pomegranate	Dadima	10 g
Pyrus communis	Pear	Amruta phalam / Nashpati	NA
Pyrus cydonia	Quince		5 g
Pyrus malus	Crab-apple	Sebam	NA
Quercus incana	Kurmaon oak		
Quercus infectoria	Oak galls / Magic nuts	Mayaphala / Majuphal	6 g
Raphanus sativus	Indian radish / Long-podded radish	Moolaka / Mooli / Mulka kshara	5 g
Raphanus sativus	Indian radish / Long-podded radish	Moolaka / Mooli / Mulka kshara	1,5 g
Red ochre		Gairik	3 g
Ricinus communis	Castor oil plant.	Eranda Mool / Tail	2 g
Ricinus communis	Castor oil plant.	Eranda Mool / Tail	8 ml
Ricinus communis	Castor oil plant.	Eranda Mool / Tail	5 g
Rosa centifolia	The hundred leaved or Cabbage rose / Red Rose	Shatapatri / Roja / Gulab-l.	7 g
Rosa damascena	Damask or Persian rose	Gulub Jal / Shatapatri / Roja / Gulab-II / Ark Gulab - Rose water	7 g
Rosa gallica			57 g
Rubia cordifolia	Indian or Dyer's madder	Manjistha	6 g
Ruby (Calcined)		Mankya Bhasma / Yakut Pishti	125 mg
Ruta graveolens	Garden Rue	Sadapaha / Somalata	0,3 ml
Ruta graveolens	Garden Rue	Sadapaha / Somalata	20 g

AYURVEDA & UNANI TIBB			
SCHEDULE 0			
APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day
Saccharum munja		Shara Mool / Shara Munja / Bhadra Munja	12 g
Saccharum officinarum	Sugar cane	Sharkara / Sitopala - Crystals, Ikshu Moola	12 g
Saccharum spontaneum	Thatch grass	Kasha / Kasa	12 g
Salmalia malabarica			5 g
Salvia haematodes	Bloodvened sage		
Sansevieria roxburghiana		Moorva / Tiklavalli-II	30 g
Santalum album	White Sandalwood tree	Sweta Chandana / Chana Tail - Oil	0,5 ml
Santalum album	White Sandalwood tree	Sweta Chandana / Chana Tail - Oil	12 g
Sapindus trifoliatus	Soap-nut tree / Indian filbert	Arishtaka / Reetha	3,5 g
Scindapsus officinalis		Gaja pippali	10,6 g
Scirpus kysoor	Water Chestnut	Kaseruka	20 g
Sesamum indicum	Gingelly seed / Sesame seed	Til Tail / Tila Taila	12 g
Shorea robusta	Sal tree / Resins of Sal Tree / Damars	Shal Vriksha / Rala	12 g
Shorea robusta	Sal tree / Resins of Sal Tree / Damars	Shal Vriksha / Rala	3 g
Sida cordifolia	Country mallow	Bala Mool	12 g
Sida veronicaefolia		Rajbala	12 g
Silica			
Silicate of magnesia	Soap stone / Talc	Sang-e-Jarahat	1,3 g
Sisymbrium irio		Khubkalan	7 g
Smilax china	China root / Bamboo Briar root	Chopchini	12 g
Smilax glabra		Badi Chopchini	12 g

AYURVEDA & UNANI TIBB				
SCHEDULE 0				
APPROVED NAME	COMMON NAME	SANSKRIT NAME	Max Dosage per Day	
Smilax ornata	Wild Sarsaparilla	Ushba	12 g	
Sodium biborate	Biborate of soda / Borax / Boricin	Tankana Bhasma	2 g	
Sodium bicarbonate	Baking Soda			
Sodium carbonate	Dhobi's earth / Washing soda / Salsoda / Barilla / Soda ash or crystals	Sarja kshara / Sajjikshar	500 mg	
Sodium chloride	Table salt / Muriate of sodium / Muriate of soda	Saindhav Lavana / Samudra Lavana	3,9 g	
Sodium chloride impura	Rock salt / Bay salt / Sea salt	Saindhava Lavana / Samudra Lavan	972 mg	
Solanum indicum	Indian night-shade	Brihati / Brihat Kantakari	12 g	
Solanum nigrum	Black night shade	Kakamachii	3 g	
Solanum nigrum	Black night shade	Kakamachi	10 g	
Solanum xanthocarpum	Small or Yellow berried nightshade / Wild Egg plant	Kantakari / Laghu kantkari	10 g	
Sphaeranthus hirtus	East Indian Globe-thistle	Mundi / Shrivani	24 g	
Sphaeranthus hirtus	East Indian Globe-thistle	Mundi / Shrivani	20 g	
Spinacea oleracea	Para cress / Spinach	Palakya / Palak	NA	
Squalus carcharius	White Shark		7 g	
Stereospermum suaveolens		Patha / Patala	16 g	
Strychnos potatorum	Clearing-nut tree.	Nirmali / Katak	5 g	
Sulphur (detoxified / purified)	Brimstone / Sublimed sulphur.	Shuddha Gandhaka	1 g	
Syzygium aromaticum	Clove.	Lavanga	0,5 ml	
Syzygium aromaticum	Clov	Lavanga	3 g	
Syzygium cumimii (mesocarp)				
Tacca aspera		Varahi kanda-II	12 g	