
GOVERNMENT NOTICE

DEPARTMENT OF HEALTH

No. R. 1215

21 December 2009

MEDICAL SCHEMES ACT, 1998 (ACT NO.131 OF 1998)

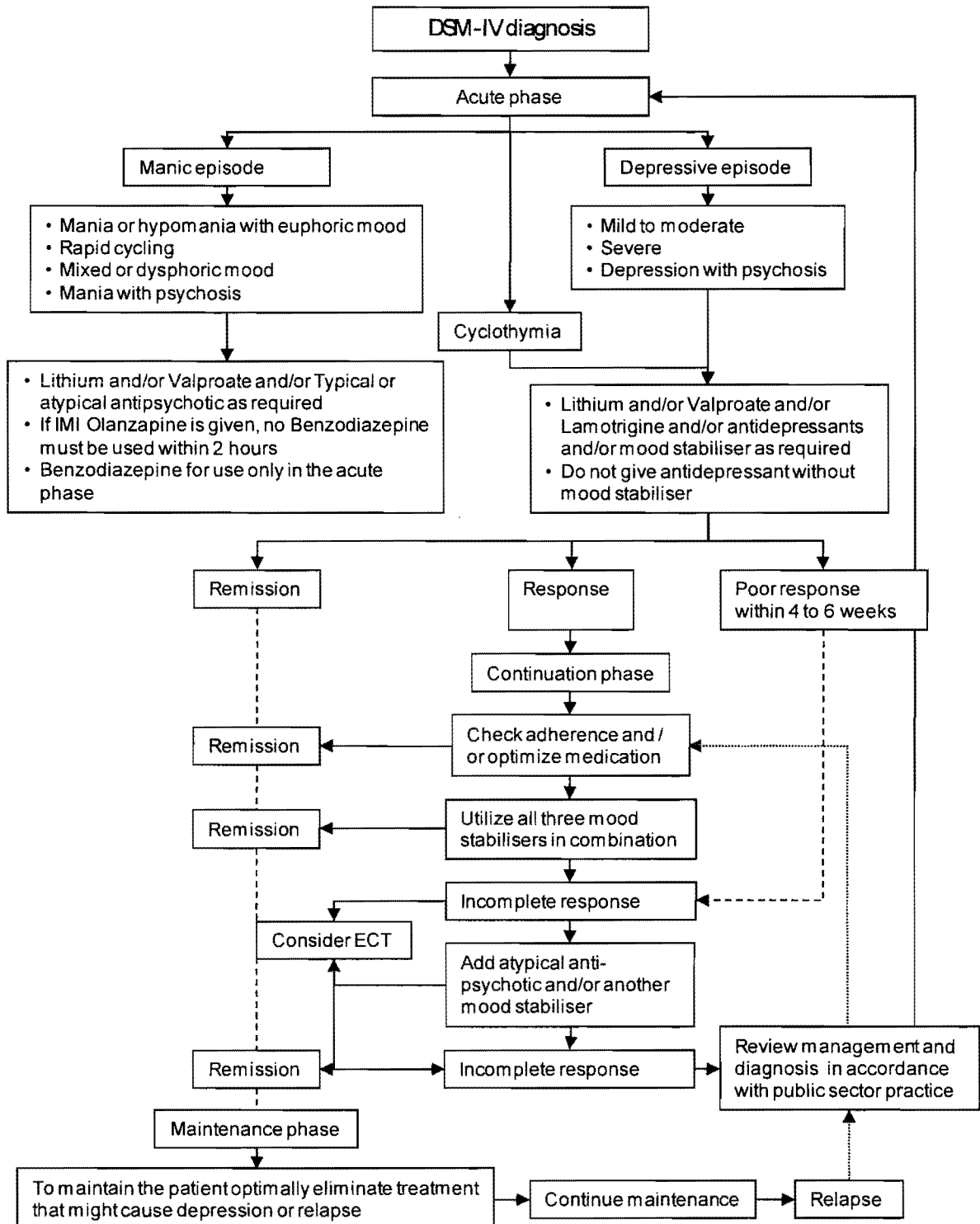
REGULATIONS MADE IN TERMS OF THE MEDICAL SCHEMES ACT, 1998 –AMENDMENT THERAPEUTIC ALGORITHMS FOR CRONIC CONDITIONS

The Regulations made under the Medical Schemes Act, 1998, published under Government Notice No. R1262 of 20 October 1999, as amended by the following Government Notices: No. R 570 of 5 June 2000, No. R 650 of 30 June 2000, No. R 247 of 1 March 2002, No. R 1360 of 4 November 2003 and No. R. 1402 of 6 October 2003, provides in Annexure A, as follows: "Treatment: diagnosis, medical management and medication, to the extent that this is provided for by way of a therapeutic algorithm for the prescribed condition, published by the Minister in the *Gazette*".

I, Dr A Motsoaledi, Minister of Health, hereby amends Annexure A by issuing and inserting after the therapeutic algorithm for ASTHMA, the therapeutic algorithm as set out in the Schedule.

SCHEDULE

Bipolar mood disorder Algorithm



Glossary:

- DSM-IV: Diagnostic and Statistical manual of Mental Disorders- Fourth Edition
- ECT: Electroconvulsive therapy

Applicable ICD10 Coding

- F31 Bipolar Affective Disorder
- F31.0 Bipolar affective disorder, current episode hypomanic
- F31.1 Bipolar affective disorder, current episode manic without psychotic symptoms
- F31.2 Bipolar affective disorder, current episode manic with psychotic symptoms
- F31.3 Bipolar affective disorder, current episode mild or moderate depression
- F31.4 Bipolar affective disorder, current episode severe depression without psychotic symptoms
- F31.5 Bipolar affective disorder, current episode severe depression with psychotic symptoms
- F31.6 Bipolar affective disorder, current episode mixed
- F31.7 Bipolar affective disorder, currently in remission
- F31.8 Other bipolar affective disorder
- F31.9 Bipolar affective disorder, unspecified

Note:

1. Medical management reasonably necessary for the delivery of treatment described in this algorithm. This management includes provision for allied health support, consultation(s) to collect collateral information, and group therapy where indicated, but is subject to the application of managed health care interventions by the relevant medical scheme.
2. To the extent that a medical scheme applies managed health care interventions in respect of this benefit, for example clinical protocols for diagnostic procedures or medical management, such interventions must –
 - a) not be inconsistent with this algorithm;
 - b) be developed on the basis of evidence-based medicine, taking into account considerations of cost-effectiveness and affordability; and
 - c) comply with all other applicable regulations made in terms of the Medical Schemes Act, 131 of 1998
3. This algorithm may not necessarily always be clinically appropriate for the treatment of children. If this is the case, alternative paediatric clinical management is included within this benefit if it is supported by evidence-based medicine, taking into account considerations of cost-effectiveness and affordability.

DR A MOTSOLEDI, MP
MINISTER OF HEALTH