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**SOUTH AFRICAN QUALIFICATIONS AUTHORITY (SAQA)**

In accordance with Regulation 24(c) of the National Standards Bodies Regulations of 28 March 1998, the Standards Generating Body (SGB) for

**Integrated Health Professions**

registered by Organising Field 09 – Health Sciences and Social Services, publishes the following Qualification and Unit Standards for public comment.

This notice contains the titles, fields, sub-fields, NQF levels, credits, and purpose of the Qualification and Unit Standards. The full Qualification and Unit Standards can be accessed via the SAQA web-site at [www.saqa.org.za](http://www.saqa.org.za). Copies may also be obtained from the Directorate of Standards Setting and Development at the SAQA offices, SAQA House, 1067 Arcadia Street, Hatfield, Pretoria.

Comment on the Qualification and Unit Standards should reach SAQA at the address below and **no later than 11 March 2009**. All correspondence should be marked **Standards Setting – SGB for Integrated Health Professions** and addressed to

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**ACTING DIRECTOR: STANDARDS SETTING AND DEVELOPMENT**



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

**QUALIFICATION:****National Diploma: Allied Health Therapies**

SAQA QUAL ID		QUALIFICATION TITLE	
65609		National Diploma: Allied Health Therapies	
ORIGINATOR		PROVIDER	
SGB Integrated Health Professions			
QUALIFICATION TYPE	FIELD	SUBFIELD	
National Diploma	9 - Health Sciences and Social Services	Promotive Health and Developmental Services	
ABET BAND	MINIMUM CREDITS	NQF LEVEL	QUAL CLASS
Undefined	268	Level 5	Regular-Unit Stds Based

*This qualification does not replace any other qualification and is not replaced by another qualification.*

**PURPOSE AND RATIONALE OF THE QUALIFICATION****Purpose:**

This Qualification is for learners who wish to enter the fields of Allied Health Practice, specifically in one of the modalities of Therapeutic Aromatherapy, Therapeutic Reflexology or Therapeutic Massage (ARM) as a potential career, and have little or no previous exposure to any of the allied health professions. The Qualification will also be valuable for those who may have been practising within the field, but without formal qualifications. It will enable learners to acquire the knowledge, skills, values and attitudes to practise ethically as independent practitioners in field of choice.

Although it is indicated that this Qualification falls into the sub-field 'Promotive Health and Developmental Services' it is also applicable in the other sub-fields of Preventive Health, Curative Health and Rehabilitative Health. Therapeutic Aromatherapy, Therapeutic Reflexology or Therapeutic Massage are all able to be used to meet the preventive, palliative, rehabilitative or maintenance needs of the patient, thus cutting across all the sub-fields.

On completion of this Qualification and depending on area of specialisation selected, successful learners will be able to:

- > Operate effectively in a small business environment.
- > Minimise health and safety risks in a therapeutic environment.
- > Apply knowledge of normal anatomy and biophysical functioning of the human body to determine the presence of disease states in a patient.
- > Manage patients in a variety of settings.
- > Conduct basic research.
- > Conduct a holistic assessment of a patient applicable to the chosen therapeutic modality, select the method or means of intervention and explain the benefits of the chosen intervention.
- > Deliver a therapeutic treatment to the patient in the chosen modality.

Practitioners will generally carry out their roles within the context of current legislation, quality assurance policies, procedures and processes of the Allied Health Professions Council of South Africa (AHPCSA) and any other relevant ETQA.

**Rationale:**

The creation of self-employment opportunities is a priority area within the South African context and is supported by legislation, national policies and strategies. In order to meet the Allied Health Sector requirements within the context of a quality assured environment and processes, it is important to be able to identify and recognise competent health practitioners, proficient in one or more of the modalities of therapeutic aromatherapy, therapeutic reflexology and therapeutic massage therapy (ARM).

This Qualification serves as a means for providing recognition to practitioners entering the allied health field, thus making it possible for them to increase their employment prospects and, at the same time, providing a means whereby organisations can appoint practitioners in line with proven competencies.

This Qualification makes provision for core skills and knowledge for application in integrated allied health practices in general, but also allows for specialisation in one of three specialist professional roles, viz.:

- > Therapeutic Aromatherapy.
- > Therapeutic Reflexology.
- > Therapeutic Massage.

On successfully completing this Qualification, the learner should be eligible for registration as a practitioner with the Allied Health Professions Council of South Africa (AHPCSA). This affords career opportunities within the ambit of associated allied health professions according to legal and ethical requirements stipulated by the AHPCSA. The qualification will enable practitioners to deliver a therapeutic aromatherapy, therapeutic reflexology or therapeutic massage.

**RECOGNIZE PREVIOUS LEARNING?**

Y

**LEARNING ASSUMED IN PLACE**

- > Grade 12 or recognized equivalent.
- > Computer Literacy at NQF Level 3.

**Recognition of Prior Learning:**

This qualification can be achieved wholly or in part through recognition of prior learning, in terms of the defined exit level outcomes and/or individual unit standards and in agreement with the provider and the relevant ETQA. Evidence can be presented in various ways, including SAQA-verified international and/or previous local qualifications and/or certified reports, testimonials mentioning functions performed, work records, portfolios and performance records.

**QUALIFICATION RULES**

In order to be credited with this qualification, learners are required to achieve the following:

**Fundamental component:**

- > All Unit Standards in the Fundamental component - totalling 60 credits - are compulsory, regardless of area of specialisation.

**Core component:**

- > All Unit Standards in the Core component - totalling 118 credits - are compulsory, regardless of area of specialisation.

Elective component:

- > Unit Standards totalling a minimum of 90 credits are required to complete the Diploma.
- > Learners may choose from three different elective specialisation options.
- > Each area of specialisation carries a total of 90 credits.
- > Exit Level Outcomes 6 and 7 apply to Therapeutic Aromatherapy.
- > Exit Level Outcomes 8 and 9 apply to Therapeutic Reflexology.
- > Exit Level Outcomes 10 and 11 apply to Therapeutic Massage.

#### **EXIT LEVEL OUTCOMES**

1. Operate effectively in a small business environment.
2. Minimise health and safety risks in a therapeutic environment.
3. Apply knowledge of normal anatomy and biophysical functioning of the human body to determine the presence of disease states in a patient.
4. Manage patients in a variety of settings.
5. Conduct basic research.
6. Assess a patient for Therapeutic Aromatherapy.
7. Deliver Therapeutic Aromatherapy treatment to a patient.
8. Assess a patient for Therapeutic Reflexology.
9. Deliver Therapeutic Reflexology treatment to a patient.
10. Assess a patient for Therapeutic Massage.
11. Deliver Therapeutic Massage treatment to a patient.

Critical Cross-Field Outcomes:

This qualification addresses the following Critical Cross-Field Outcomes, as detailed in the associated unit standards:

- > Identifying and solving problems are demonstrated in minimising health and safety risks and providing a therapeutic environment for the patients.
- > Working effectively with others as a member of a team, group, organisation or community is demonstrated in the effective operation of a small business and building a patient base.
- > Organising and managing oneself and one's activities responsibly and effectively are demonstrated in the successful management of a small business.
- > Collecting, analysing, organising and critically evaluating information is demonstrated in the management of patients and continuous record keeping.
- > Communicating effectively using visual, mathematical and/or language skills in oral and/or written modes is demonstrated throughout all the activities associated with the successful provision of treatments and operating a business.
- > Using science and technology effectively and critically, showing responsibility towards the environment and health of others is demonstrated in the tools used in the business and during treatments.
- > Demonstrating an understanding of the world as a set of interrelated systems by recognising that problem-solving contexts do not exist in isolation are demonstrated in the successful management of patients and the referral of patients where necessary.

**ASSOCIATED ASSESSMENT CRITERIA**

## Associated Assessment Criteria for Exit Level Outcome 1:

- 1.1 Strategic, financial and control aspects of a small business enterprise are explained in terms of business planning.
- 1.2 Legal and ethical requirements of business practice in a South African context are described and applied in terms of business operations.
- 1.3 Managerial and administrative functions are performed in accordance with best business practice.

## Associated Assessment Criteria for Exit Level Outcome 2:

- 2.1 Compliance with the requirements of the relevant, current occupational health and safety legislation, and the rights and responsibilities of individuals as outlined in the Constitution of South Africa are applied at all times.
- 2.2 All actions carried out during therapeutic interactions clearly demonstrate the promotion of patient and own health and safety.
- 2.3 Information regarding infectious diseases and especially HIV/AIDS is communicated to patient and/or community in a manner that promotes good health practice and prevents the spread of disease.

## Associated Assessment Criteria for Exit Level Outcome 3:

- 3.1 The normal structure of tissues, organs and organ systems of the human body are described and/or explained.
- 3.2 The normal biophysics related to all human body systems are explained.
- 3.3 Changes that occur in the systems of the human body in specific disease states are described.

## Associated Assessment Criteria for Exit Level Outcome 4:

- 4.1 Patients are managed in a manner consistent with the patient's rights, and statutory requirements of the field.
- 4.2 Patients are supplied with information throughout the therapeutic interactions to provide them with the tools to make independent and informed lifestyle improvement decisions.
- 4.3 Cultural sensitivity is displayed throughout all the stages of intervention.

## Associated Assessment Criteria for Exit Level Outcome 5:

- 5.1 A research assignment is planned that is relevant to the field of study.
- 5.2 A literature review, relevant to the planned research subject, is carried out.
- 5.3 A basic research design is constructed and relevant data is gathered and organised.
- 5.4 Research findings are compiled and presented in a written research report.

## Associated Assessment Criteria for Exit Level Outcome 6:

- 6.1 A holistic assessment of the patient is carried out by means of lifestyle and medical histories and own observation of the patient.
- 6.2 A treatment plan is compiled that indicates the application of the pharmacological and pharmacokinetic effects of the chemical constituents of essential oils and carrier oils.
- 6.3 The selected treatments for both a normal and a diseased body are explained in terms of the expected benefits and possible adverse reactions to the treatment.

## Associated Assessment Criteria for Exit Level Outcome 7:

- 7.1 The principles of Therapeutic Aromatherapy are explained.
- 7.2 The techniques used for delivering Therapeutic Aromatherapy into the body are described.
- 7.3 A full body Therapeutic Aromatherapy treatment is delivered to a patient according to the designed treatment plan.

Associated Assessment Criteria for Exit Level Outcome 8:

- 8.1 A holistic assessment of the patient is carried out by means of lifestyle and medical histories and own observation of the patient.
- 8.2 A treatment plan is compiled that indicates the application of pharmacological and pharmacokinetic effects of Therapeutic Reflexology to the normal and diseased anatomical and physiological systems of the body.
- 8.3 The selected treatments for both a normal and a diseased body are explained in terms of the expected benefits and possible adverse reactions to the treatment.

Associated Assessment Criteria for Exit Level Outcome 9:

- 9.1 The principles of Therapeutic Reflexology are explained.
- 9.2 The techniques used for delivering Therapeutic Reflexology to the body are described.
- 9.3 A full body Therapeutic Reflexology treatment is delivered to a patient according to the designed treatment plan.

Associated Assessment Criteria for Exit Level Outcome 10:

- 10.1 A holistic assessment of the patient is carried out by means of lifestyle and medical histories and own observation of the patient.
- 10.2 A treatment plan is compiled that indicates the application of the pharmacological and pharmacokinetic effects of Therapeutic Massage treatments to the normal and diseased anatomical and physiological systems of the body.
- 10.3 The selected treatments for both a normal and a diseased body are explained in terms of the expected benefits and possible adverse reactions to the treatment.

Associated Assessment Criteria for Exit Level Outcome 11:

- 11.1 The principles of Therapeutic Massage are explained.
- 11.2 The techniques used for delivering Therapeutic Massage to the body are described.
- 11.3 A full body Therapeutic Massage treatment is delivered to a patient according to the designed treatment plan.

Integrated Assessment:

Formative assessment:

Throughout the learning programme, formative assessment strategies are used to ensure that Exit Level and Critical Cross-Field Outcomes are achieved. Strategies include:

- > Written assignments.
- > Tests (or examination equivalent tests).
- > Projects.
- > Demonstrations.

And/or any other applicable method.

Summative assessment:

Can take the form of:

- > Oral.
- > Written.
- > Practical examinations.

As agreed to by the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.

### **INTERNATIONAL COMPARABILITY**

Prior to the establishment of the Allied Health Professions Council during the latter part of the previous Century, there was no professional body for centralising the recognition of those practising Therapeutic Aromatherapy, Therapeutic Reflexology or Therapeutic Massage (ARM) in South Africa. Up to now, access to training has usually been through an international provider, resulting in a South African 'licensed' operation. This also allows those with experience to update their knowledge by undertaking courses in various European and North American schools.

Since the modern forms of the three modalities had their origins in Europe and the United States of America during the latter part of the 19th and early part of the 20th centuries, during the generation process of this Qualification, comparisons were made with existing courses offered in the United Kingdom, Ireland and the United States of America. Comparisons were also made with qualifications from Australia, New Zealand, India, China, Brazil and sub-Saharan Africa.

In the United Kingdom, there are controlling bodies for the ARM therapy practitioners, viz., the General Regulatory Council for Complementary Therapists and the Aromatherapy Council of the United Kingdom. The Qualifications and Curriculum Authority is responsible for the Core Curriculum for these therapies. Qualifications in the form of diplomas or degrees are offered at accredited schools. The three therapies are offered as separate courses, on a part-time basis.

In Ireland, the Obus School of Healing Therapies offers both Aromatherapy and Massage as separate courses, which comprise 200 classroom hours. Subjects include anatomy, physiology, pathology and first aid.

Modern China has absorbed the western ideas of aromatherapy, reflexology and massage into their traditional philosophies and offer courses in these modalities to their medical and nursing trainees as part of primary health care.

In India a similar move has taken place, but all formal training in aromatherapy, reflexology or massage is offered in the form of the European or British courses.

In the United States of America, there is an accrediting authority for ARM called the Accrediting Bureau of Health Education Schools. ARM is offered by private provider institutions and all seem to include anatomy and physiology as subjects within their courses. These American courses are also the South African equivalent of short courses.

In New Zealand and Australia, schools have to register with their respective Qualifications Authorities. However, no national qualifications or unit standards have yet been listed on these respective Qualification Frameworks.

Brazil also offers training in these modalities, but, again, the courses are aligned to those in Western Europe.

No African country - other than South Africa - has national qualifications or standards as yet. British qualifications are offered in various African countries. However, students from many African countries wishing to study in this field tend to come to South Africa to study, as the

South African training is known internationally for its excellent standards in these fields of practice. It is envisaged that there will be a great deal of interest in this Qualification in the SADC countries once it has been registered on the South African NQF.

In most international countries where formal qualifications in medical and nursing science are provided, there is still a certain amount of scepticism for the validity of these modalities as scientific methods of healing. Despite this, these therapies are rapidly growing in popularity all over the world as alternative methods of treatment for various ailments and many Medical Aid companies encourage the regular use of ARM therapists as an integral part of health lifestyle management.

There are no countries that offer full-time national qualifications of a type envisaged in this South African model. All training offered in the various countries of the world comprises provider-specific qualifications, courses and/or modules. This Qualification will provide global leadership as a formal, national qualification and give access to local and other learners to qualify as accredited practitioners.

#### **ARTICULATION OPTIONS**

This Qualification articulates horizontally with:

- > ID 58310: National Diploma: Health and Skin Care, NQF Level 5.

This Qualification articulates vertically with:

- > Advanced Diploma: Somatology, NQF Level 6.

#### **MODERATION OPTIONS**

- > Providers offering learning towards this Qualification or the component unit standards must be accredited by the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.

- > Moderation of assessment will be overseen by the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA, according to moderation principles and the agreed ETQA procedures.

- > Internal and external moderation must be conducted by moderators appointed by the provider and accredited through the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.

- > Both internal and external moderators must be in possession of an appropriate qualification at or above the level of this Qualification, as well as relevant clinical expertise and current experience in the relevant modality.

#### **CRITERIA FOR THE REGISTRATION OF ASSESSORS**

N/A

#### **NOTES**

It is strongly recommended that learners entering for this Qualification are competent in the following Unit Standards:

- > ID 14494: Educate and work closely with the community with regard to sexually transmitted infections (STI) including human immune virus/acquired immune deficiency syndrome (HIV/AIDS).
- > ID 119661: Demonstrate knowledge of the foundations of human rights and democracy.

#### **UNIT STANDARDS**



	ID	UNIT STANDARD TITLE	LEVEL	CREDITS
Fundamental	10622	Conduct communication within a business environment	Level 5	8
Fundamental	262379	Describe the normal anatomical and physiological functioning of the body	Level 5	25
Fundamental	262479	Practise within relevant legal and ethical codes	Level 5	6
Fundamental	262400	Support patients in lifestyle management	Level 5	21
Core	242585	Analyse the dynamics of different interactive styles in client relationships	Level 5	3
Core	244514	Apply occupational health, safety and environmental legislation in the workplace	Level 5	12
Core	243639	Apply safety and infection control principles in the workplace	Level 5	10
Core	262401	Deliver integrated health care in a community care environment	Level 5	15
Core	252032	Develop, implement and evaluate an operational plan	Level 5	8
Core	262398	Explain the anatomical and physiological functioning of body systems in specific disease states	Level 5	25
Core	252040	Manage the finances of a unit	Level 5	8
Core	262380	Produce a business plan for a small business	Level 5	12
Core	12891	Apply concepts and principles of business ethics in the professional environment	Level 6	5
Core	10301	Complete a research assignment	Level 6	20
Elective	262397	Conduct a patient assessment prior to a therapeutic aromatherapy treatment	Level 5	10
Elective	262421	Conduct a patient assessment prior to a therapeutic massage treatment	Level 5	10
Elective	262443	Conduct a patient assessment prior to a therapeutic reflexology treatment	Level 5	10
Elective	262420	Deliver a therapeutic aromatherapy treatment to a patient	Level 5	40
Elective	262447	Deliver a therapeutic massage treatment to a patient	Level 5	40
Elective	262437	Deliver a therapeutic reflexology treatment to a patient	Level 5	40
Elective	262478	Develop a therapeutic aromatherapy treatment plan for a patient	Level 5	20
Elective	262422	Develop a therapeutic massage treatment plan for a patient	Level 5	20
Elective	262419	Develop a therapeutic reflexology treatment plan for a patient	Level 5	20
Elective	262418	Explain the expected effects of a therapeutic reflexology treatment on both a normal and a diseased body	Level 5	20
Elective	262378	Explain the expected effects of therapeutic massage treatment on a normal and a diseased body	Level 5	20
Elective	262402	Select appropriate essential and carrier oils for a therapeutic aromatherapy treatment of both a normal and a diseased body	Level 5	20

**LEARNING PROGRAMMES RECORDED AGAINST THIS QUALIFICATION****None**



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

**UNIT STANDARD:**

*Explain the expected effects of therapeutic massage treatment on a normal and a diseased body*

SAQA US ID		UNIT STANDARD TITLE	
262378		Explain the expected effects of therapeutic massage treatment on a normal and a diseased body	
ORIGINATOR		PROVIDER	
SGB Integrated Health Professions			
FIELD		SUBFIELD	
9 - Health Sciences and Social Services		Promotive Health and Developmental Services	
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	20

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Explain the relationship of symptoms of pathology presented to the anatomical and physiological functioning of body systems.

**SPECIFIC OUTCOME 2**

Demonstrate massage techniques and demonstrate the movements for each technique.

**SPECIFIC OUTCOME 3**

Interpret observed evidence of abnormal functioning in a presented body system within specific massage paradigms.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Describe the normal anatomical and physiological functioning of the body*

SAQA US ID	UNIT STANDARD TITLE		
262379	Describe the normal anatomical and physiological functioning of the body		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	25

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Describe and explain the fundamental structure of the human body.

**SPECIFIC OUTCOME 2**

Describe the operational systems of the body.

**SPECIFIC OUTCOME 3**

Describe and explain the importance of intake of raw materials and elimination of waste in the survival of the body and the maintenance of homeostasis.

**SPECIFIC OUTCOME 4**

Describe the composition of external and internal protection factors, movement and reproduction in the survival of the body.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Fundamental	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

**UNIT STANDARD:***Produce a business plan for a small business*

SAQA US ID	UNIT STANDARD TITLE		
262380	Produce a business plan for a small business		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	12

*This unit standard replaces:*

US ID	Unit Standard Title	NQF Level	Credits	Replacement Status
120202	Produce a business plan for a golfing pro-shop	Level 5	12	Will occur as soon as 262380 is registered

**SPECIFIC OUTCOME 1**

Identify and demonstrate an understanding of the elements of a business plan.

**SPECIFIC OUTCOME 2**

Compile an organisation structure for the proposed business to determine how a business plan can best be integrated.

**SPECIFIC OUTCOME 3**

Identify resources and information required to complete the proposed business plan.

**SPECIFIC OUTCOME 4**

Compile business plan.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

ID	QUALIFICATION TITLE	LEVEL
Core 65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Conduct a patient assessment prior to a therapeutic aromatherapy treatment*

SAQA US ID	UNIT STANDARD TITLE		
262397	Conduct a patient assessment prior to a therapeutic aromatherapy treatment		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	10

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

## SPECIFIC OUTCOME 1

Collect patient data in a sensitive manner.

## SPECIFIC OUTCOME 2

Select and discuss appropriate treatment options with the patient.

## SPECIFIC OUTCOME 3

Evaluate client response to treatments during and after treatment.

## QUALIFICATIONS UTILISING THIS UNIT STANDARD

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

**UNIT STANDARD:**

*Explain the anatomical and physiological functioning of body systems in specific disease states*

SAQA US ID	UNIT STANDARD TITLE		
262398	Explain the anatomical and physiological functioning of body systems in specific disease states		
ORIGINATOR		PROVIDER	
SGB Integrated Health Professions			
FIELD		SUBFIELD	
9 - Health Sciences and Social Services		Promotive Health and Developmental Services	
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	25

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Describe the causes and effects of disease processes in the human body.

**SPECIFIC OUTCOME 2**

Explain the changes in anatomy and physiology of the human body which result from disease.

**SPECIFIC OUTCOME 3**

Describe the effect of disturbances in the balance of the internal communication system of the body.

**SPECIFIC OUTCOME 4**

Explain the relationship between disorders of the human body and its capacity to take in nutrients and excrete waste products.

**SPECIFIC OUTCOME 5**

Explain the significance of compromised defence mechanisms for the survival of the human body.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

ID	QUALIFICATION TITLE	LEVEL
Core 65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Support patients in lifestyle management*

SAQA US ID		UNIT STANDARD TITLE	
262400		Support patients in lifestyle management	
ORIGINATOR		PROVIDER	
SGB Integrated Health Professions			
FIELD		SUBFIELD	
9 - Health Sciences and Social Services		Promotive Health and Developmental Services	
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	21

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Recommend lifestyle changes for a patient to achieve wellness.

**SPECIFIC OUTCOME 2**

Describe a nutritional regimen for a patient to improve own health.

**SPECIFIC OUTCOME 3**

Assist a patient to obtain sufficient rest and sleep to maintain a wellness lifestyle.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Fundamental	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Deliver integrated health care in a community care environment*

SAQA US ID	UNIT STANDARD TITLE		
262401	Deliver integrated health care in a community care environment		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	15

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Investigate possibilities for community participation in the provision of integrated health care.

**SPECIFIC OUTCOME 2**

Develop a strategic plan for the delivery and support of integrated health care in a community environment.

**SPECIFIC OUTCOME 3**

Deliver therapeutic an aromatherapy, reflexology or massage treatment to patients in community health care contexts.

**SPECIFIC OUTCOME 4**

Evaluate the community care project and effect improvements.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Core	65609	National Diploma: Allied Health Therapies	Level 5





## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

**UNIT STANDARD:**

*Select appropriate essential and carrier oils for a therapeutic aromatherapy treatment of both a normal and a diseased body*

SAQA US ID	UNIT STANDARD TITLE		
262402	Select appropriate essential and carrier oils for a therapeutic aromatherapy treatment of both a normal and a diseased body		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	20

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Explain the concept of essential oils.

**SPECIFIC OUTCOME 2**

Demonstrate knowledge of safe practices in using essential oils.

**SPECIFIC OUTCOME 3**

Describe the the essential oils to be used in specific situations.

**SPECIFIC OUTCOME 4**

Select essential oils for the treatment of both normal and diseased bodies.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

**UNIT STANDARD:**

*Explain the expected effects of a therapeutic reflexology treatment on both a normal and a diseased body*

SAQA US ID	UNIT STANDARD TITLE		
262418	Explain the expected effects of a therapeutic reflexology treatment on both a normal and a diseased body		
ORIGINATOR		PROVIDER	
SGB Integrated Health Professions			
FIELD		SUBFIELD	
9 - Health Sciences and Social Services		Promotive Health and Developmental Services	
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	20

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Identify the relationship between symptoms presented and specific reflexes related to body systems.

**SPECIFIC OUTCOME 2**

Explain the theory of zone therapy and mapping/charting of reflexes.

**SPECIFIC OUTCOME 3**

Identify specific treatments for given and identified ailments within reflexology paradigms.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Develop a therapeutic reflexology treatment plan for a patient*

SAQA US ID	UNIT STANDARD TITLE		
262419	Develop a therapeutic reflexology treatment plan for a patient		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	20

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Evaluate patient information.

**SPECIFIC OUTCOME 2**

Compile a therapeutic reflexology treatment plan.

**SPECIFIC OUTCOME 3**

Update programmes in the light of patient's response to treatments.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Deliver a therapeutic aromatherapy treatment to a patient*

SAQA US ID	UNIT STANDARD TITLE		
262420	Deliver a therapeutic aromatherapy treatment to a patient		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	40

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Initiate a therapeutic aromatherapy treatment programme.

**SPECIFIC OUTCOME 2**

Prepare a patient for a therapeutic aromatherapy treatment.

**SPECIFIC OUTCOME 3**

Apply therapeutic aromatherapy treatment and relaxation techniques.

**SPECIFIC OUTCOME 4**

Monitor patient's response to therapeutic aromatherapy treatment.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Conduct a patient assessment prior to a therapeutic massage treatment*

SAQA US ID	UNIT STANDARD TITLE		
262421	Conduct a patient assessment prior to a therapeutic massage treatment		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	10

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

## SPECIFIC OUTCOME 1

Collect patient data in a sensitive manner.

## SPECIFIC OUTCOME 2

Select and discuss appropriate treatment options with the patient.

## SPECIFIC OUTCOME 3

Client response to treatments during and after treatment.

## QUALIFICATIONS UTILISING THIS UNIT STANDARD

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Develop a therapeutic massage treatment plan for a patient*

SAQA US ID	UNIT STANDARD TITLE		
262422	Develop a therapeutic massage treatment plan for a patient		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	20

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

## SPECIFIC OUTCOME 1

Evaluate patient information.

## SPECIFIC OUTCOME 2

Compile a therapeutic massage treatment plan.

## SPECIFIC OUTCOME 3

Update programmes in the light of patient's response to treatments.

## QUALIFICATIONS UTILISING THIS UNIT STANDARD

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Deliver a therapeutic reflexology treatment to a patient*

SAQA US ID	UNIT STANDARD TITLE		
262437	Deliver a therapeutic reflexology treatment to a patient		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	40

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Initiate a therapeutic reflexology treatment programme.

**SPECIFIC OUTCOME 2**

Prepare a patient for therapeutic reflexology treatment.

**SPECIFIC OUTCOME 3**

Deliver a therapeutic reflexology treatment.

**SPECIFIC OUTCOME 4**

Apply relaxation techniques within therapeutic reflexology treatment.

**SPECIFIC OUTCOME 5**

Monitor patient's response to therapeutic reflexology treatment.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Conduct a patient assessment prior to a therapeutic reflexology treatment*

SAQA US ID	UNIT STANDARD TITLE		
262443	Conduct a patient assessment prior to a therapeutic reflexology treatment		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	10

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Collect patient data in a sensitive manner.

**SPECIFIC OUTCOME 2**

Select and discuss appropriate treatment options with the patient.

**SPECIFIC OUTCOME 3**

Evaluate patient response to treatments during and after treatment.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5





## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Deliver a therapeutic massage treatment to a patient*

SAQA US ID	UNIT STANDARD TITLE		
262447	Deliver a therapeutic massage treatment to a patient		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	40

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Initiate a therapeutic massage treatment programme.

**SPECIFIC OUTCOME 2**

Prepare a patient for a therapeutic massage treatment.

**SPECIFIC OUTCOME 3**

Apply relaxation techniques within therapeutic massage treatment.

**SPECIFIC OUTCOME 4**

Apply therapeutic massage treatment techniques.

**SPECIFIC OUTCOME 5**

Monitor patient's response to treatments.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Develop a therapeutic aromatherapy treatment plan for a patient*

SAQA US ID	UNIT STANDARD TITLE		
262478	Develop a therapeutic aromatherapy treatment plan for a patient		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	20

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

## SPECIFIC OUTCOME 1

Evaluate patient information.

## SPECIFIC OUTCOME 2

Compile a therapeutic aromatherapy treatment plan.

## SPECIFIC OUTCOME 3

Update programmes in the light of patient's response to treatments.

## QUALIFICATIONS UTILISING THIS UNIT STANDARD

	ID	QUALIFICATION TITLE	LEVEL
Elective	65609	National Diploma: Allied Health Therapies	Level 5



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY

## UNIT STANDARD:

*Practise within relevant legal and ethical codes*

SAQA US ID	UNIT STANDARD TITLE		
262479	Practise within relevant legal and ethical codes		
ORIGINATOR	PROVIDER		
SGB Integrated Health Professions			
FIELD	SUBFIELD		
9 - Health Sciences and Social Services	Promotive Health and Developmental Services		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 5	6

*This unit standard does not replace any other unit standard and is not replaced by another unit standard.*

**SPECIFIC OUTCOME 1**

Demonstrate professional and ethical behaviour.

**SPECIFIC OUTCOME 2**

Develop self as professional person.

**SPECIFIC OUTCOME 3**

Maintain patient confidentiality.

**SPECIFIC OUTCOME 4**

Act in an advocacy role to protect human rights.

**QUALIFICATIONS UTILISING THIS UNIT STANDARD**

	ID	QUALIFICATION TITLE	LEVEL
Fundamental	65609	National Diploma: Allied Health Therapies	Level 5