No. 1249

28 December 2007



## SOUTH AFRICAN QUALIFICATIONS AUTHORITY (SAQA)

In accordance with Regulation 24(c) of the National Standards Bodies Regulations of 28 March 1998, the Standards Generating Body (SGB) for

## Occupational Health and Safety

registered by Organising Field 09 - Health Sciences and Social Services, publishes the following Qualification and Unit Standards for public comment.

This notice contains the titles, fields, sub-fields, NQF levels, credits, and purpose of the Qualification and Unit Standards. The full Qualification and Unit Standards can be accessed via the SAQA web-site at <a href="www.saqa.org.za">www.saqa.org.za</a>. Copies may also be obtained from the Directorate of Standards Setting and Development at the SAQA offices, SAQA House, 1067 Arcadia Street, Hatfield, Pretoria.

Comment on the Qualification and Unit Standards should reach SAQA at the address below and *no later than 1 February 2008.* All correspondence should be marked **Standards Setting – Occupational Health and Safety** addressed to

The Director: Standards Setting and Development SAQA

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DR. S. BHIKHA

DIRECTOR: STANDARDS SETTING AND DEVELOPMENT



## QUALIFICATION: National Certificate: Primary Response in Emergencies

SAQA QUAL ID	QUALIFICATION TITLE			
60249	National Certificate: Prima	ry Response in Eme	rgencies	
ORIGINATOR	PROVIDER			
SGB Occupational Health and Safety				
QUALIFICATION TYPE	FIELD SUBFIELD			
National Certificate	9 - Health Sciences and Social Services	Preventive Health		
ABET BAND	MINIMUM CREDITS	NQF LEVEL	QUAL CLASS	
Undefined	142	Level 3	Regular-Unit Stds Based	

This qualification does not replace any other qualification and is not replaced by another qualification.

## **PURPOSE AND RATIONALE OF THE QUALIFICATION**Purpose:

This qualification is intended for the first responder as a member of a primary emergency team. The primary emergency team includes rescue, fire, hazardous materials incidents and health emergency incidents or accidents. This qualification enables the first responder in the workplace, community or in the emergency services to respond knowledgeably and appropriately.

Learners credited with this qualification will be able to:

- Communicate effectively to provide care and support for all in need in an emergency situation.
- Respond appropriately to a variety of emergency situations.
- Participate effectively as a functioning member of a primary emergency team.

All practical activities required throughout the qualification are expected to be carried out in terms of international or national protocols/procedures and universal precautions.

#### Rationale:

This qualification is aimed to assist all practitioners in primary emergency care/first aid and will provide the increased capacity for the following existing categories of workers:

- Emergency services personnel i.e., ambulance, fire fighting, law enforcement, defence force, maritime, aviation and emergency call centre personnel.
- Workplace first responders, security officers, haulage operators, educators.
- Home carers, auxiliary and ancillary health care workers, lay counsellors, community workers, childcare workers and early childhood development (ECD) practitioners.
- Lifesavers, tour guides, game rangers, sports science practitioners, adventure industry personnel.

Qualified learners can increase their earning capabilities, and access various learning pathways. The qualification articulates with primary emergency care/first aid instruction, ancillary

Source: National Learners' Records Database Qualification 60249 13/12/2007 Page 1

community health, emergency care, disaster management, occupational health, auxiliary and ancillary health at NQF Level 4.

The impact of this qualification on the emergency coping capacity of communities is vast. Primary emergency care is the focus for several non-governmental organisations, community based organisations, commercial emergency services, training service providers and closed corporations with the express purpose of serving and training with communities to increase their coping capacity with essential skills that would otherwise not be available. Heavy, chemical and mining industries would benefit greatly from the knowledge and skills obtained through this qualification. A further dimension to this qualification is that it helps to equip additional community members to cope effectively in disaster situations and also contributes to the workforce for disaster managers.

## RECOGNIZE PREVIOUS LEARNING?

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#### LEARNING ASSUMED IN PLACE

- Mathematical Literacy at NQF Level 2.
- Communication skills at NQF Level 2.

Existing competence in the following unit standards is strongly recommended:

- ID 120496: Provide risk-based primary emergency care/first aid in the workplace.
- ID 114941: Apply knowledge of HIVAIDS to a specific business sector and a workplace.
- ID 7461: Use maps to access and communicate information concerning routes, location and direction.

#### Recognition of Prior Learning:

This qualification can be achieved wholly, or in part, through recognition of prior learning. Evidence may be presented in a variety of forms, including previous international or local qualifications, reports, testimonials, mentoring, portfolios, work records and performance appraisals.

Learners who have met the requirements of a Unit Standard that forms part of this qualification may apply for recognition of prior learning to the relevant Education and Training Quality Assurance (ETQA) body or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.

The applicant will be assessed in terms of the specific outcomes and related assessment criteria.

#### Access to the Qualification:

Qualifying learners are required to be at least eighteen years of age in order to meet government regulations related to the skills required in the qualification. For the maximum safety of the learner and victim, the learner must be physically able to meet the specific outcomes for lifting and carrying and/or evacuating the sick, the injured and equipment.

#### **QUALIFICATION RULES**

- All 41 Fundamental Component credits are compulsory.
- All 95 Core Component credits Unit are compulsory.
- At least 6 of the Elective Component credits must be attained.

Minimum number of credits to be attained: 142.

#### **EXIT LEVEL OUTCOMES**

- Communicate effectively to provide care and support for all in need in an emergency situation.
- 2. Respond appropriately to a variety of emergency situations.
- 3. Participate effectively as a functioning member of a primary emergency team.
- Range: Primary first response includes rescue, fire, hazardous materials incidents, health emergency incidents/accidents.

Critical Cross-Field Outcomes (CCFOs):

This qualification addresses the following critical cross-field outcomes, as detailed in the associated unit standards:

- Identifying and solving problems in which responses indicate that decisions made have utilised critical and creative thinking by analyzing factors at an emergency incident and adapting practice to achieve a desired outcome.
- Working effectively with others as a member of a team, group, organisation or community by activating the appropriate response team and working with others to achieve maximum safety and rescue at an emergency incident.
- Organising and managing oneself and one's activities responsibly and effectively by effectively controlling scene observers, preserving an incident scene and ensuring free access and egress for emergency teams and vehicles.
- Collecting, analysing, organising and critically evaluating information by collating information elicited directly or indirectly and responding appropriately and summonsing the correct response specialists for the type of emergency.
- Communicating effectively using visual, mathematical and/or language skills in modes of oral and/or written persuasion within the emergency team and with all those assisted during the course of an emergency incident.
- Using science and technology effectively and critically, showing responsibility towards the environment and the health of oneself and others by utilizing the appropriate equipment and services for a given emergency situation.
- Demonstrating an understanding of the world as a set of related systems by recognising that problem-solving contexts do not exist in isolation by responding as a member of a team and by accepting and following instructions from specialists and superiors and by assistance to victims and their significant others wherever required.

#### ASSOCIATED ASSESSMENT CRITERIA

Associated Assessment Criteria for Exit Level Outcome 1:

- 1.1 Information from texts, patient histories and examinations is collated and applied according to the requirements of the specific context.
- Range of contexts: Situational, emotional, spiritual.
- 1.2 Communications with all those involved are positive, supportive and constructive.
- Range of people includes but is not limited to: Callers to call centres, bystanders, next of kin and/or significant others, fellow team members, superiors.
- 1.3 Reactions of people arising from a traumatic event are correctly assessed and responded to in accordance with the appropriate cultural practices.
- 1.4 All communications must demonstrate sensitivity towards diversity in individuals.

• Range: Diversity includes but is not limited to: Gender, culture, religion, race age, ethnicity, sexual orientation.

Associated Assessment Criteria for Exit Level Outcome 2:

- 2.1 The immediate emergency accident/incident scene is assessed and managed according to accepted procedures/protocols.
- 2.2 An ability to identify and adapt care to meet cultural, spiritual and ethnic differences is demonstrated.
- 2.3 Recommended actions are in accordance with accepted hygiene standards/universal precautions.
- 2.4 The appropriate technical rescue service is initiated and the scene managed safely until professionals arrive.
- 2.5 The ability to make ethical decisions in emergency care situations is demonstrated.

Associated Assessment Criteria for Exit Level Outcome 3:

- 3.1 The ability to work effectively is demonstrated, within the defined roles and functions of a first responder member of a primary emergency team.
- 3.2 Cultural differences are taken into account without compromising safety of self and others.
- 3.3 The activation of reactionary teams from in-bound and out-bound call centre to emergency accidents/incidents is appropriately implemented.
- Range of incidents includes but is not limited to; health emergency management; fire fighting; disaster management.
- 3.4 Strategies are applied to maintain on-going personal health and safety.

Integrated Assessment:

Learners may be credited for individual unit standards as and when they can demonstrate that they can achieve the required competencies.

Workplace experience may be recognised when assessing this qualification.

A range of formative and summative methods may be used in assessing learners, which may include:

- Written and oral tests/examinations.
- Case studies and assignments.
- Role-play and simulation sessions.
- Written reports/work plans.
- Peer group review.
- Feedback from patients/patient's family/significant others/community members.

Assessment should be carried out at regular intervals as well as at the end of the periods of study and should be offered in an integrated manner. It is envisaged that learners will work at more than one unit standard at a time.

#### INTERNATIONAL COMPARABILITY

This qualification and the components for this qualification have been compared with other countries both in the first and third worlds. The qualification does not exist at the equivalent level on frameworks in New Zealand, Australia, Canada, United Kingdom and Scotland.

Other African countries, India, Cuba and various countries in South America have not yet developed a national qualification framework thus do not have an equivalent qualification or any of the components.

Emergency services in USA, Canada, United Kingdom, Scotland and other first world countries' are all manned by professional emergency care workers.

Primary Emergency Care/First Aid is taught as short courses in many countries but at a standard lower than that of the Unit Standard entitled "Provide primary emergency care/first aid as an advanced first responder". This Unit Standard bridges the gap between the traditional Primary Emergency Care /First Aid and the first responder care required to meet the emergency needs in rural areas, inaccessible areas, major industries, sea, air and disaster situations within South Africa.

This qualification is unique to South Africa and is appropriate for the unique requirements of this country in terms of holistic and comprehensive health care and delivery applicable to first and third world conditions. This qualification is also applicable to sub-Saharan countries and especially those of the Southern African Development Community (SADC), as well as all other third-world countries.

#### **ARTICULATION OPTIONS**

This qualification articulates vertically with the following qualifications:

- ID 50019: Further Education Training Certificate: Nursing NQF Level 4.
- ID 49131: Further Education Training Certificate: Community Health Work NQF Level 4.
- ID 57803: Further Education Training Certificate: Fire and Rescue Operations NQF Level 4.
- ID 58396: Further Education Training Certificate: Community Development: HIV/AIDS Support NQF Level 4.

This qualification articulates horizontally with the following qualifications:

- ID 50062: National Certificate: Hygiene and Safety, NQF Level 3.
- ID 49993: National Certificate: Nursing, NQF Level 3.
- ID 49128: National Certificate: Community Health Work, NQF Level 3.

#### **MODERATION OPTIONS**

- All moderation must: Be carried out by moderators accredited by and in accordance with the requirements of the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.
- Any provider wishing to offer this qualification or against any of the unit standards that make up this qualification must: be accredited by the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.

#### CRITERIA FOR THE REGISTRATION OF ASSESSORS

Anyone assessing a learner against this qualification or against any of the unit standards that make up this qualification must:

- Be in possession of a qualification at a minimum of NQF Level 4.
- Be experienced in the relevant area of emergency care.
- Be accredited by the relevant ETQA or ETQA that has a Memorandum of Understanding in place with the relevant ETQA.

#### **NOTES**

N/A

### **UNIT STANDARDS**

מו	UNIT STANDARD TITLE	LEVEL	CREDITS
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Source: National Learners' Records Database

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	iD	UNIT STANDARD TITLE	LEVEL	CREDITS
Fundamental	119472	Accommodate audience and context needs in oral/signed communication	Level 3	5
Fundamental	9010	Demonstrate an understanding of the use of different number bases and measurement units and an awareness of error in the context of relevant calculations	Level 3	2
Fundamental	9013	Describe, apply, analyse and calculate shape and motion in 2-and 3-dimensional space in different contexts	Level 3	4
Fundamental	119457	Interpret and use information from texts	Level 3	5
Fundamental	9012	Investigate life and work related problems using data and probabilities	Level 3	5
Fundamental	119078	Use a GUI-based word processor to enhance a document through the use of tables and columns	Level 3	5
Fundamental	119467	Use language and communication in occupational learning programmes	Level 3	5
Fundamental	7456	Use mathematics to investigate and monitor the financial aspects of personal, business and national issues	Level 3	5
Fundamental	119465	Write/present/sign texts for a range of communicative contexts	Level 3	5
Core	254221	Prevent musculoskeletal injuries during lifting and carrying activities	Level 2	3
Core	116987	Apply active listening skills in the care and support environment	Level 3	6
Core	254223	Apply emergency scene safety measures	Level 3	4
Core	13884	Apply in-bound and out-bound Contact Centre operations within an emergency context	Level 3	16
Core	120331	Demonstrate knowledge pertaining to fires in working places	Level 3	3
Core	254217	Describe evacuation procedures for all affected persons and movable critical resources/effects	Level 3	3
Core	244578	Describe how to manage reactions arising from a traumatic event	Level 3	2
Core	254219	Describe the holistic care and support for the patient, family and/or significant others at a scene of death	Level 3	5
Core	254214	Describe the role(s) and functions of a team member within an emergency team.	Level 3	3
Core	13156	Devise strategies for the maintenance of a healthy lifestyle	Level 3	4
Core	116490	Identify key ethical values for human conduct	Level 3	6
Core	117016	Institute preventive measures to reduce the potential impact of disasters	Level 3	14
Core	254215	Maintain and operate a range of emergency equipment	Level 3	4
Core	254218	Manage mentally ill patients in an emergency	Level 3	3
Core	117493	Provide information about HIV and AIDS and treatment options in community care and support situations	Level 3	6
Core	254220	Provide primary emergency care/first aid as an advanced first responder	Level 3	8
Core	254216	Recognise hazards at technical rescue incidents and initiate the appropriate rescue process	Level 3	5
Elective	116995	Participate in health promotion activities	Level 2	8
Elective	254222	Demonstrate stress management techniques as a self- help tool	Level 3	4
Elective	244584	Investigate ways of contributing towards community development	Level 3	5
Elective	119725	Provide support to victims of sexual offences	Level 3	4
Elective	120329	Respond to, implement and manage emergencies according to an emergency action plan in a workplace	Level 3	2
Elective	114478	Conduct basic lay counselling in a structured environment	Level 4	15
Elective	117504	Identify and support the abused child	Level 4	6

# LEARNING PROGRAMMES RECORDED AGAINST THIS QUALIFICATION None



#### **UNIT STANDARD:**

#### Describe the role(s) and functions of a team member within an emergency team.

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254214	Describe the role(s) and functions of a team member within an emergency team.				
ORIGINATOR		PROVIDER			
SGB Occupational	Health and Safety				
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL CREDITS			
Undefined	Regular	Level 3	3		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Apply the current sections of relevant legislation, regulations and procedures pertaining to emergency services to those of the employing emergency organisation.

#### **SPECIFIC OUTCOME 2**

Explain the organisational structure of an emergency organisation and describe the roles and functions of each member of that emergency team.

#### **SPECIFIC OUTCOME 3**

Describe own role in relation to other responding services at an emergency incident.

## QUALIFICATIONS UTILISING THIS UNIT STANDARD

ID	QUALII	FICATION TITLE		L	EVEL
Core 602	49 National	Certificate: Primary Respo	nse in Emergen	cies Lo	evel 3

Source: National Learners' Records Database

Unit Standard 254214

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#### **UNIT STANDARD:**

#### Maintain and operate a range of emergency equipment

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254215	Maintain and operate a range	of emergency equipme	ent		
ORIGINATOR		PROVIDER			
SGB Occupational Health and Safety					
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS		
Undefined	Regular	Level 3 4			

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Select emergency equipment appropriate to a specified emergency incident and demonstrate the use of this equipment.

#### **SPECIFIC OUTCOME 2**

Demonstrate the maintenance and storage requirements of emergency service equipment.

#### **SPECIFIC OUTCOME 3**

Explain the operational limitations of specific pieces of emergency equipment and suggest and/or demonstrate ways of compensating for these limitations.

	ID	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3



#### **UNIT STANDARD:**

## Recognise hazards at technical rescue incidents and initiate the appropriate rescue process

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254216	Recognise hazards at technic rescue process	Recognise hazards at technical rescue incidents and initiate the appropriate rescue process			
ORIGINATOR		PROVIDER			
SGB Occupational	Health and Safety				
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	BAND UNIT STANDARD TYPE NO		CREDITS		
Undefined	Regular	Level 3	5		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Activate the appropriate technical rescue response team and initiate site/scene control.

#### **SPECIFIC OUTCOME 2**

Describe the general hazards associated with each type of technical rescue and explain the limitations of actions of the first responder as a non-specialist rescuer.

#### SPECIFIC OUTCOME 3

Identify the possible presence of hazardous materials and take suitable action.

	ID	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3



## **UNIT STANDARD:**

## Describe evacuation procedures for all affected persons and movable critical resources/effects

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254217	Describe evacuation proceduresources/effects	Describe evacuation procedures for all affected persons and movable critical resources/effects			
ORIGINATOR PROVIDER					
SGB Occupational Health and Safety					
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	UNIT STANDARD TYPE	UNIT STANDARD TYPE NQF LEVEL CREDITS			
Undefined	Regular	Level 3	3		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Explain and demonstrate procedures and equipment required for an effective and efficient evacuation.

### **SPECIFIC OUTCOME 2**

Account for all parties and critical resources that have been evacuated and for those that have not been evacuated.

١		ID	QUALIFICATION TITLE	LEVEL
	Core	60249	National Certificate: Primary Response in Emergencies	Level 3



#### **UNIT STANDARD:**

#### Manage mentally ill patients in an emergency

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254218	Manage mentally ill patients i	n an emergency			
ORIGINATOR		PROVIDER			
SGB Occupational	Health and Safety				
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND UNIT STANDARD TYPE		NQF LEVEL	CREDITS		
Undefined Regular		Level 3	3		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Explain the role of the emergency care first responder in the case of possible mental illness.

#### **SPECIFIC OUTCOME 2**

Describe the emergency management of a possible mentally ill patient.

	ID	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3



#### **UNIT STANDARD:**

## Describe the holistic care and support for the patient, family and/or significant others at a scene of death

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254219	Describe the holistic care and others at a scene of death	Describe the holistic care and support for the patient, family and/or significant others at a scene of death			
ORIGINATOR		PROVIDER			
SGB Occupational I	Health and Safety				
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS		
Undefined	Regular	Level 3	5		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### SPECIFIC OUTCOME 1

Describe the relevant legislation and internal emergency care policies relating to management of bodies including those where death may have been due to unnatural causes.

### **SPECIFIC OUTCOME 2**

Provide appropriate physical care for the patient both prior to and immediately after death.

#### **SPECIFIC OUTCOME 3**

Provide appropriate care and support for the patient, family and/or significant others both at the time of death and immediately afterwards.

	D	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3



#### **UNIT STANDARD:**

#### Provide primary emergency care/first aid as an advanced first responder

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254220	Provide primary emergency c	Provide primary emergency care/first aid as an advanced first responder			
ORIGINATOR	PROVIDER				
SGB Occupational H	ealth and Safety				
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS		
Undefined	Regular	Level 3	8		

#### This unit standard replaces:

US ID	Unit Standard Title	NQF Level	Credits	Replacement Status
120336	Provide risk based primary emergency care/first aid	Level 3	6	Will occur as soon as
L	as an advanced first responder in the workplace			254220 is registered

#### **SPECIFIC OUTCOME 1**

Explain the principles of advanced primary emergency care in all health emergencies.

#### **SPECIFIC OUTCOME 2**

Demonstrate an advanced level of preparedness to deal with potential emergencies.

#### **SPECIFIC OUTCOME 3**

Assess and manage a complex emergency scene/disaster.

#### **SPECIFIC OUTCOME 4**

Explain the applied anatomy and physiology of the human body systems and describe the emergency care management of disorders and diseases relating to each physical system.

#### **SPECIFIC OUTCOME** 5

Apply primary emergency life support for adults, children and infants according to current international and/or national protocols.

#### **SPECIFIC OUTCOME** 6

Explain and manage shock.

#### QUALIFICATIONS UTILISING THIS UNIT STANDARD

	ID	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3

Source: National Learners' Records Database

Unit Standard 254220

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#### **UNIT STANDARD:**

#### Prevent musculoskeletal injuries during lifting and carrying activities

SAQA US ID	UNIT STANDARD TITLE	UNIT STANDARD TITLE			
254221	Prevent musculoskeletal injur	Prevent musculoskeletal injuries during lifting and carrying activities			
ORIGINATOR	PROVIDER				
SGB Occupational	Health and Safety				
FIELD		SUBFIELD			
9 - Health Sciences and Social Services		Preventive Health			
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS		
Undefined	Regular	Level 2	3		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Explain the anatomy and bio-physical functioning of the back and neck in relation to bending and lifting.

#### **SPECIFIC OUTCOME 2**

Demonstrate correct lifting and carrying techniques.

#### **SPECIFIC OUTCOME 3**

Describe non-manipulative methods for relieving back and neck pain.

#### **SPECIFIC OUTCOME 4**

Explain and demonstrate methods to prevent back and neck pain.

	ID	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3



#### **UNIT STANDARD:**

## Demonstrate stress management techniques as a self-help tool

SAQA US ID	UNIT STANDARD TITLE			
254222	Demonstrate stress management techniques as a self-help tool			
ORIGINATOR				
SGB Occupational Health and Safety				
FIELD		SUBFIELD		
9 - Health Sciences an	nd Social Services	Preventive Health		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS	
Undefined	Regular	Level 3	4	

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Explain the concept of stress.

#### **SPECIFIC OUTCOME 2**

Demonstrate simple movements which will reduce stress.

	ID	QUALIFICATION TITLE	LEVEL
Elective	60249	National Certificate: Primary Response in Emergencies	Level 3



#### **UNIT STANDARD:**

#### Apply emergency scene safety measures

SAQA US ID	UNIT STANDARD TITLE				
254223	Apply emergency scene safe	Apply emergency scene safety measures			
ORIGINATOR		PROVIDER			
SGB Occupational I	lealth and Safety				
FIELD		SUBFIELD			
9 - Health Sciences	and Social Services	Preventive Health			
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS		
Undefined	Regular	Level 3	4		

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

#### **SPECIFIC OUTCOME 1**

Explain and demonstrate vehicular traffic control.

#### **SPECIFIC OUTCOME 2**

Explain and demonstrate procedures to protect and preserve people at any emergency or related scene.

#### **SPECIFIC OUTCOME 3**

Demonstrate the correct method and magnitude of safe scene-approach demarcation/s.

	ID	QUALIFICATION TITLE	LEVEL
Core	60249	National Certificate: Primary Response in Emergencies	Level 3