# GOVERNMENT **NOTICES**

#### SOUTH AFRICAN QUALIFICATION AUTHORITY

No. 952

30 September 2005



# SOUTH AFRICAN QUALIFICATIONS AUTHORITY (SAQA)

In accordance with regulation 24(c) of the National Standards Bodies Regulations of 28 March 1998, the Standards Generating Body (SGB) for

Registered by Organising Field 02, Arts & Culture, publishes the following qualification and unit standards for public comment.

This notice contains the titles, fields, sub-fields, NQF levels, credits, and purpose of the qualification and unit standards. The qualification and unit standards can be accessed via the SAQA web-site at www.saqa.org.za. Copies may also be obtained from the Directorate of Standards Setting and Development at the SAQA offices, Hatfield Forum, 1067 Arcadia Street, Hatfield.

Comment on the qualification and unit standards should reach **SAQA** at the address **below** and no *later than 29 October 2005.* All correspondence should be marked **Standards** Setting SGB for Sport and addressed to

The Director: Standards Setting and Development

**SAQA** 

Attention: Mr. E. Brown Postnet Suite 248 Private Bag X06 Waterkloof

0145

or faxed to 012 - 431 5144 e-mail: <a href="mailto:ebrown@saga.co.za">ebrown@saga.co.za</a>

ACTING DIRECTOR: STANDARDS SETTING AND DEVELOPMENT



#### **QUALIFICATION:**

National Diploma: Club Professional Golfing

SAQA QUALID	QUALIFICATION	QUALIFICATION TITLE				
5001 <i>7</i>	National Diploma:	National Diploma: Club Professional Golfing				
SGBNAME		NSB 02	PROVIDER NAME			
SGB Sport		Culture and Arts				
QUAL TYPE		FIELD	SUBFIELD			
National Diplom	a	Culture and Arts	Sport			
ABET BAND	MINIMUM CREDITS	NQF LEVEL	QUALIFICATION CLASS			
Undefined :	240	Level 5	Regular-Unit Stds Based			

#### PURPOSE AND RATIONALE OF THE QUALIFICATION

Purpose:

The purpose of the NQF level **5** in the Club Professional Golfing qualification is to provide a structured programmefor aspiring **golfing** professionals and those working within the golf coaching, and retailing sectors to enable them **to** provide support to strategic leadership and to provide the management needed to transform the golf sport sector. The need for well-qualified efficient, client-oriented club professionals is therefore identified as a priority within the professionalgolfing environment. The National Diploma is aimed at practitionersworking in the golfing and sporting sectors. It is a qualification in a career pathway towards an accomplished business management, sports coaching management and administration specialist.

The National Diploma in Club Professional Golfing consists of exit level learning outcomes covering, sports coaching and training, sports science, financial accounting and retail management and administration, budgeting, business calculations, and human resources for the golfing sector. The competencies covered in the proposed unit standards encapsulate the competencies required by golfing professionals working at the operational and club level.

The qualification will therefore enhance the ability of the qualifying learner as an aspiring golfing professional to perform the necessary tasks expected, as well as improve his/her management abilities. In this way, the qualification enhances transferability of skills within different spheres of the sport sector. At the same time, a learner will gain a firm foundation required for studies leading to qualification registered at NQF levels 6 and 7

Qualifying learners could follow a career in the following sectors in the golf environment:

50017

- > Financialand retail business management services
- > Golf coaching and training
- > Sport science
- > Equipment technology
- > Rules and tournament management

# Rationale:

Golfing professionals (at club level as opposed to touring or tournament professionals) in South Africa operate in a wide variety of social, business and community roles within South African society. Often they work in diverse operating and service delivery environments and contexts including golf training, coaching, golf business in regard to retail, equipment repair and customisation, and club and event management.

The game of golf is a large sport discipline and golf professionals are widely acknowledged for their understanding and awareness of the unique characteristics and challenges they face in the process of service delivery. The sustainability and development of sport in South Africa in general and of golf and the golfing industry are strongly linked to capacity building in this sports segment. It is imperative that golf professionals at club level receive an up to date relevant and respected financial management and administration, coaching, training and golfing practice qualification that recognises that the knowledge and skills which South Africa's professional golfers have, have been satisfactorily obtained. In order to do that most effectively, future club professionals need to have excellent awareness and understanding  $\sigma$  the changing needs of today's golf coaching, training, retailing and service delivery systems. They need to identify very clearly the highly relevant expertise which these professionals bring to their roles in the golfing sector which is an integral part of the wider arts and culture sector.

The exit level learning outcomes highlight the coaching, training and golfing skills required within the golfing sports sector. Such skills and knowledge are geared towards enabling persons wishing to become golfing professionals to operate effectively and successfully in a demanding environment. Therefore, exit level outcomes and related assessment criteria are outlined for the areas  $\mathbf{d}$  competence, which mark out financial and retail management, coaching and teaching, equipment technology, tournament management and sport science as key and highly influential in the golf and golfing services delivery.

The National Diploma in Club Professional Golfing is a specialised qualification which offers administrative, managerial and financial knowledge, coaching, training and golfing skills to learners who wish to be employed in the capacity as a professional at a golf club providing such services as coaching players, running the pro-shop and organising and running tournaments.

The skills, knowledge, values and attitudes reflected in the Qualification are building blocks that will be developed further in a related qualification at NQF Level 6. The intention is:

- > To promote the development of knowledge and skills that are required for the efficient performance of golfing and golf club and facility management and administration and & Financial Management and Administration functions within the golfing and sport sectors.
- > To release the potential of people.

The National Diploma in Club Professional Golfing: Level 5 should produce knowledgeable, multi-skilled workers who are able to contribute to improved productivity and efficiency within the golfing sport sector. It should provide the means for current workers to receive recognition of prior learning, to upgrade their skills and achieve a nationally recognised qualification. It should also assist new entrants to the sporting and golfing sector.

It will ensure that the quality of education and training in the golfing and sporting sector is enhanced and of a world-class standard.

The National Diploma at NQF Level 5 allows the learner to work towards a nationally recognised qualification. The qualification will allow both those in formal education and those already employed in organisations in the golfing field of learning in the sport sector access to a qualification that can be used as a benchmark to gauge their competence against local and international standards.

#### RECOGNIZE PREVIOUS LEARNING?

Y

#### LEARNING ASSUMED TO BE IN PLACE

It is assumed that learners accessing this qualification are competent in:

> Communication at NQF Level 4 in at least two South African languages.

50017

- > Computer Literacy at NQF Level 3.
- > Mathematicalliteracy at the NQF level 4.

Recognition of Prior Learning

The structure of this Unit Standard based Qualification makes the Recognition of Prior Learning possible. Learner and Assessor will jointly decide on methods to determine prior learning and competence in the knowledge, skills, values and attitudes implicit in the Qualification and the associated Unit Standards. Recognition of Prior Learning will be done by means of an Integrated Assessment as mentioned in the previous paragraph.

2005-09-19

Qual ID

SAQA: NLRD Report 'Qualification Detail"

This Recognition of Prior Learning may allow for:

- > Accelerated access to further learning at this or higher levels on the NQF.
- > Gaining of credits towards a Unit Standard in this Qualification.
- > Obtaining this Qualification in whole or in part.

All recognition of Prior Learning is subject to quality assurance by the relevant ETQA or an ETQA that has a Memorandum of Understanding with the relevant ETQA.

#### Access to the qualification

All learners accessing this qualification must be in possession of a Further Education and Training Certificate or equivalent qualification.

#### **QUALIFICATION RULES**

Level, credits and learning components assigned to the qualification:

The qualification is made up of Unit Standards that are classified as Fundamental, Core and Elective. A minimum of **240** credits is required to complete the qualification.

In this qualification the credits are allocated as follows:

> Fundamental: 18 credits> Core: 194 credits> Electives: 28 credits> Total: 240 credits

Motivation for number of credits assigned to fundamental, core and elective

#### **Fundamental Component**

Unit Standards to the value of eighteen credits are allocated to the subject areas of personal and career development, anatomy and physiology and the holistic understanding of golf and its ethos.

The personal and career development aspect of the fundamental component focuses on the application of basic managementskills to self management, personal and career development and planning and the application of these skills to obtain employment within the golfing industry. Five credits have been included for these skills.

**Five** credits in the application **of** anatomical and physiological knowledge to golfing activities have also been included in the Fundamental Component, focusing on the fundamental concepts relating to the human skeletal, muscular, energy and cardio-reparatory systems required to effectively work within the golf coaching, training, fitness and sport science sectors.

Eight credits have been allocated to the holistic understanding of golf, golfing and the ethos of the sport including the history of golf, and its administration and noteworthy tournaments, golf courses and golfers of the past and present.

All the Unit Standards are compulsory.

#### Core Component

One hundred and ninety four credits have been allocated to Unit Standards in the Core Component of this Qualification. This is to ensure that the Qualification has a strong club professional focus and caters for the major roles presently fulfilled by club professionals in the golfing sector. The Unit Standards classified as Core develop:

- > Business management skills necessary for establishing and managing golf pro-shops, including: purchasing merchandise, managing the procurement, marketing, accounting and budgeting functions.
- > Sport science knowledge relating to skills acquisition, **sport** psychology, swing theory, fitness, sport injuries and biomechanics.
- > Coaching and teaching skills relating to the golf swing, its analysis, building and teaching the swing.
- > The rules of the game and tournaments.
- > Equipment technology, custornization and repairs.

The Unit Standards encourage application of knowledge and skills in real situations. The Core Unit Standards provide the basic knowledge and skills that all club professionals need to know about golf, the golfing sector and employment within the professional golfing sector.

All Unit standards are compulsory.

#### **Elective Component**

The elective Unit Standards continue from the core component in focusing on learning areas pertinent to the Golfing Club Professionals and will enable learners to gain specialist knowledge relating to business administration and management, financial management and administration, sports management and administration, human resources management, sports programmes, sports science, and sports coaching, which are particularly relevant, or of interest to the learner or a particular learning context.

Learners are required to select Electives that add up to at least twenty-eight credits. While learners may choose any of the electives to make up the twenty-eight credits, it is preferable that the learner chooses the standards in the area in which the learner contemplates further studies or wishes to actively pursue in hislher career. The learner may also select other Unit Standards at the level of the Qualification, not listed in this Qualification, but which would enhance the learner's work performance or employability, or which are of particular interest to the learner, with the approval of the relevant **ETQA**.

#### **EXIT** LEVEL OUTCOMES

On achieving this Qualification, the learner will:

- 1. Demonstrate an understanding **d** and apply basic concepts **d** Sport Science in a golf coaching and development environment.
- 2. Apply basic business management principles to managing a golfing business.
- 3. Describe and apply the swing theory and coaching skills in golf.
- 4. Demonstrate an understanding of and apply the rules of golf, golf tournaments and the history and ethos of golf.
- 5. Apply knowledge of equipment technology to equipment repair, golfing characteristics, and customisation.

#### ASSOCIATED ASSESSMENT CRITERIA

- 1.
- > Skills acquisition concepts are applied to golfing development and coaching.
- > Human anatomical and physiological knowledge is applied to golfing activity.
- > Golfing injuries and their prevention are understood and graded.
- > The role of diet and nutrition in improving golfing performance is understood and used to advance performance of the coach and those being coached.
- > Sports psychology is understood and applied in a golfing environment.
- > Biomechanics is applied to golf movements.
- 2.
- > Business management concepts are applied to managing own career and personal development.
- > A business plan for a golfing 'pro-shop' is developed.
- > Merchandise is purchased and a procurement process is established, implemented and controlled to ensure the financial viability of the shop.
- > Accounting practices and budgeting is performed according to standard accounting principles.
- > Golf technology is described and applied in a merchandising and golf workshop environment.
- 3.
- > The way in which the golf swing is built is understood and taught to clients.
- > Swing faults are analyzed in golf coaching sessions.
- > Techniques in the short game of golf are understood and taught to clients.
- > Coaching skills are applied in teaching golf skills.
- 4
- > The layout and rules of golf in various contexts are understood and applied in **golf** tournaments.
- > The rules relating to professional and amateur status are understoodso as to assist clients not to inadvertently contravene the rules and jeopardise their status.
- > The rules relating to golfing equipment are understood so that only correct equipment is obtained for the

Qual ID

pro-shop and clients only sold compliant equipment.

- > The rules relating to the tournament organization and management are understood and applied to golf tournaments.
- > The history of golf, its administration, tournaments, courses and players both past and present and the **ethos** of the game are understood.

#### 5.

- > Building the golf swing is described and taught to clients with a range of abilities.
- > Swing faults are analyzed in golf coaching.
- > Techniques in the short game of golf are described and taught to clients.
- > The rules of golf are applied practically to situations in golf tournaments.
- > The rules of tournament organization are understood and applied to local tournaments.

#### **Integrated assessment**

Because assessment practices must be open, transparent, fair, valid, and reliable and ensure that no learner is disadvantaged in any way whatsoever, an integrated assessment approach is incorporated into the Qualification.

Learning, teaching and assessment are inextricably lined. Whenever possible, the assessment of knowledge, skills, attitudes and values shown in the unit standards should be integrated.

Assessment of the communication, language, literacy and numeracy should be conducted in conjunction with other aspects and should use authentic Debt Recovery contexts wherever possible.

A variety of methods must be used in assessment and tools and activities must be appropriate to the context in which the learner is working. Where it is not possible **to** assess the learner in the workplace or onthe-job, simulations, case studies, role-plays and other similar techniques should be used **to** provide a context appropriate to the assessment.

The term 'Integrated Assessment' implies that theoretical and practical components should be assessed together. During integrated assessments the assessor should make use of formative and summative assessment methods and assess combinations of practical, applied, foundational and reflective competencies.

Assessors and moderators should make use of a range of formative and summative assessment methods. Assessors should assess and give creditfor the evidence of learning that has already been acquired through formal, informal and non-formal learning and work experience.

Assessment should ensure that all specific outcomes, embedded knowledge and critical cross-field outcomes are evaluated. The assessment of the critical cross-field outcomes should be integrated with the assessment of specific outcomes and embedded knowledge.

#### INTERNATIONAL COMPARABILITY

Internationallythe sport of golf **is** governed and administered according to the rules of the American Professional Golfers Association in the United States of America and in the rest of the world by local professional golfers associations that follow the rules of the professional golfers association of the United Kingdom and Ireland. In South Africa golfing is regulated and administered, following the UK model by the South African PGA.

The differences between golf administration and training in the United States and the rest of the world, which follow the UK and Ireland system, is not vast.

Both groups of international PGAs provide academic and practical training to golfers within a learning pathway that leads learners to becoming a club professional. The **PGAs** in most golf playing countries, either themselves or in association with a tertiary institution offer a professional qualification for prospective club professionals.

This South African qualification, which has been modelled on the qualification provided by the **PGA** of the United Kingdom and Ireland, is typical of and fully comparable with qualifications offered to Professional Golfers by PGAs in other countries around the world following the UK and Irish model.

The following is provided as a representative sampling:

Qual ID

50017

#### The United Kingdom and Ireland

The PGA of the United Kingdom and Wales (after which this course has been modelled) provides their training as a BA degree in Applied Golf Management Studies through the University of Birmingham. (See www.education.bham.ac.uk/programmes/ugrad/sport/golf.htm)

The UK qualification is accordingly at a higher level than this qualification. However subjects taught in both qualifications cover similar topic areas and are in all other respects comparable.

In the UK qualification, across all three years of the degree, the learner covers modules in the areas **c** applied sports science, materials science and coaching theory. In the first year the learner covers a generic approach to sport and golf: sports science, equipment technology, coach education and business management. In the second and third years the **learner** covers more applied modules, including **Golf** Psychology, Swing Theory, Sports Science (Physiotherapy) and Event Management.

This qualification is generally set out in the same format as this South African one.

The United States of America

In the USA various universities and colleges provide qualifications in partnership with the American PGA.

A typical, and representative example is Pen State University in Pennsylvania. Pen State integrates the PGA Golf Management Program into the university curriculum for students wishing to become professional **colfers**.

The curriculum is at a degree level which is higher than NQF level 5 and includes subjects that are also comparable and consistent with the international position. The program includes courses *on:* 

Purchasing Materials, PGA Constitution, Career Enhancement, Introduction Teaching, Food & Beverage, Golf Club Design and Repair, Business Planning & Operations, Customer of Relation, Analysis of the Swing, Golf Car Fleet Management, Business Planning, Golfer Development, Rules of Golf, Golf Club Design and Repair, Tournament Operations Analysis of the Swing, Turf grass Management, Merchandising & Inventory Management, Customer Relations Food & Beverage Control Business Communications Electives Philosophy & Swing Concepts of Teaching, Supervising & Delegating Supervising & Delegating PGA Membership Application.

#### Canada

The Canadian PGA, which follows the UK model likewise partners with tertiary instiitions to provide its learners with suitable qualifications. Typical, and representative is the course presented by Holland College • Prince Edward Island in Canada. The program is a diploma in Professional Golf Management and comprises the competencies:- Scientific analysis of the golf swing, Golf strategies, Player development, Applied human anatomy and kinesiology, advanced business communications, Applied sport psychologyfor golf, Professional selling, Retail and Merchandise Management, Advanced Computer Software Applications, Accounting for Club Operations and Advertising.

#### Australia & New Zealand

The qualifications offered in these countries are not unit standard based. However, the qualification **content** is very similar to that being covered in the **South** African qualification, including:

- > The golf swing
- > Golf science
- > Club design, construction and repair
- > Retail theory specific to golf business
- > Golf specific psychology
- > Tournament promotion and management

This qualification differs in that it also covers club design, construction and repair. However, in this regard, the South African golf profession would rather include this in another qualification at NQF Level 6 as this is not the main focus of the Level 5 Diploma.

Switzerland

The Swiss PGA themselves offer various courses for golf teaching and other disciplines. They also offer similar content to this qualification, including:

- > Swing technology
- > Practical teaching
- > Rules of golf
- > Green keeping
- > Club fitting
- > General golf knowledge

On the commercial side, the following is covered:

- > Bookkeeping
- > Purchase and sales
- > Accounting
- > Stock-taking
- > Taxes and insurance
- > Correspondence
- > Contracts administration

In conclusion, it can be stated that while the qualifications that are offered to aspiring golf professionals in other countries tend to be at bachelors degree level, the programmes include the same competencies as those offered in this South African qualification. It is also felt that in view of the South African situation that it is justifiable to have this qualification as a diploma at level 5. This is in view of the complexity of learning in the qualification and the profile of learner accessing the qualification.

#### **ARTICULATION OPTIONS**

This Qualification articulates horizontally with the following Qualifications:

- National Certificate: Coaching Science, Level 5
   National Certificate: Fitness, Level 5
- > National Diploma: Coaching Science, Level 5
- > National Diploma: Fitness, Level 5
- > National Certificate; Management, Level 5

Vertical articulation is possible with the following Qualifications:

- > B Com Sports Management
- > Other Diplomas and Certificates in Coaching and Fitness at Level 6

#### **MODERATION OPTIONS**

- > Anyone assessing a learner or moderating the assessment of a learner against this Qualification must be registered as an assessor with the relevant Education, Training, Quality, Assurance (ETQA) Body, or with an ETQA that has a Memorandum of Understanding with the relevant ETQA.
- > Any institution offering learning that will enable the achievement of this Qualification must be accredited as a provider with the relevant Education, Training, Quality, Assurance (ETQA) Body, or with an ETQA that has a Memorandum of Understanding with the relevant ETQA.
- > Assessment and moderation of assessment will be overseen by the relevant Education, Training, Quality, Assurance (ETQA) Body, or by an ETQA that has a Memorandum of Understandingwith the relevant, according to the ETQA's policies and guidelines for assessment and moderation.
- > Moderation must include both internal and external moderation of assessments at exit points of the Qualification, unless ETQA policies specify otherwise. Moderation should also encompass achievement of the competence described both in individual Unit Standards as well as the integrated competence described in the Qualification.

Anyone wishing to be assessed against this Qualification may apply to be assessed by any assessment agency, assessor or provider institution that is accredited by the relevant ETQA.

#### CRITERIA FOR THE REGISTRATION OF ASSESSORS

2005-09-19 50017 Criteria for registration of assessors

For an applicant to register as an assessor, the applicant needs:

- > A minimum of 2 (two) years' practical, relevant occupational experience in Administration.
- > To be registered as an assessor with the relevant ETQA.
- > To be in possession of a Qualification in **Sports** Administration, Administration or Management at NQF Level 5 or higher.

· · NOTES

NIA

# (Note: A blank space after this line means that the qualification is not based on Unit Standards.)

	UNIT STANDARD ID AND TITLE	LEVEL	CREDITS	STATUS
core	8283 Buying merchandise	Level4	20	Reregistered
core	12995 Maintain financial records and prepare general ledger accounts	Level 5	12	Registered
Core	110528 Compile and control a budget for a range of office supply requirements	Level5	4	Registered
core	120193 Demonstrate an understanding of the basic elements of <b>goff fitness</b>	Level 5	10	Draft-PrepforP Comment
core	120194 Find an analyse swing faults in golf swing teaching	Level 5	12	Draft • Prep for P Comment
core	120195 Prevent and gradegolf injuries	Level5	10	Draft - Prep for P Comment
core	120196 Teach, and describe techniques used in the <b>short</b> game <b>m goff</b>	Level5	8	Draft Prep for P
core	120202Produce a business planfor a golfing pro-shop	Level5	12	Draft - Prep for P Comment
core	120203 Apply knowledge of equipmenttechnology and golfing characteristics to equipment repair and customisation	Level 5	16	Draft • Prep for P Comment
core	120204 Apply knowledge of diet and nutrition to improving gotf performance	Level 5	10	Draft - Prep for P Comment
Core	120205 Display and apply knowledgeof biomechanics in a golfing context:	Level5	8	Draft - Prep for P Comment
core	120206 Describe, implement and leach the principles and building blocks of a golf swing	Level5	12	Draft - Prep for P Comment
core	120207 Apply coaching skills in teaching golfing <b>skills</b>	Level 5	6	Draft - Prep for P Comment
core	120208 Apply the rules of golf in various contexts	Level 5	8	<b>Draft - Prep for P</b> Comment
core	120209 Apply basic concept of sport psychology in a golfing context	Level 5	12	Draft - Prep for P Comment
core	120210 Apply concepk of 'skills acquisition' to golfing performance	Level5	6	Draft - Prep for P Comment
core	120212 Plan, manage and report on a got tournament	Level 5	8	Draft - Prep for P Comment
core	115196 Establish, implement and control procurement processes	Level6	12	Registered
core	116368 Apply basic business marketing practices	Level 6	8	Registered
Elective	14357 Demonstrate an understanding of a selected business environment	Level4	10	Registered
Elective	109999 Manage service providers in a selected organisation	Level 4	5	Registered
Elective	110003 Develop administrative procedures in a selected organisation	Level 4	8	Registered
Elective	114587 Determine and manage the human resource needs of a new yenture	Level 4	4	Registered
Elective	117494 Comply to legal requirements in business	Level4	7	Registered
Elective	117495 Assess legal contracts for business	Level4	8	Registered
Elective	117497 Apply basic business principles	Level4	10	Registered
Elective	117499 Demonstrate entrepreneurial competence	Level4	12	Registered
lective	9224 Implement policies regarding HIV/AID\$ in the workplace	Level 5	4	Reregistered
Rective	12990 Prepare ledger balances and an initialtrial balance	Level5	10	Registered
Elective	12996 Record, analyse and prepare costinformation	Level5	10	Registered
Elective	12999 Contribute to the management of costs and the enhancement of value	Level5	10	Registered

Elective	13019 Prepare business tax returns	Level 5	12	Registered
Elective	13020 Prepare personal tax returns	Level5	10	Registered
Elective	13203 Counsel workgroup members in respect of HIV/AIDS	Level 5	3	Registered
Elective	110526 Plan, organise, implement and control record-keeping systems	Level5	4	Registered
Elective	110531 Plan, organise and control the day-Way administration of an office support function	Level5	4	Registered
Fundamental	120192Apply anatomical and physiological knowledge to golfing activity	Level5	5	Draft - Prep for P Comment
Fundamental	120197 Plan and implement personal and career development goals within a golfing environment	Level5	5	Draft - Prep for P Comment
Fundamental	120211 Display a holisticunderstanding of golf and golfing	Level5	8	Draft Prep for P Comment

50017



# **UNIT STANDARD:**

1

SAQA US ID	UNIT STANDARD TITLE			
120192	Apply anatomical and physiological knowledge to golfing activity			
SGB NAME		NSB 02	PROVIDER NAME	
SGB Sport		Culture and Arts		
UNIT STANDARD TYPE		FIELD DESCRIPTION	\$UBFIELD DESCRIPTION	
Regular		Culture and Arts	Sport	
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE	
Undefined	5	Level 5	Regular I	

#### SPECIFIC OUTCOME 1

Describe and apply knowledge of the human skeletal system to golfing activity.

# SPECIFIC OUTCOME 2

Describe and apply knowledge of the human muscular system to golfing activity.

#### SPECIFIC OUTCOME 3

Describe and apply knowledge of energy systems requirements for golfing activity.

# SPECIFIC OUTCOME 4

Describe and apply knowledge of the cardio-respiratory requirements for golfing activity.



#### **UNIT STANDARD:**

2

SAQA US ID	UNIT STANDARD TITLE			
120193	Demonstrate an understanding <b>d</b> the basic elements of golf fitness			
SGB NAME		NSB 02	PROVIDER NAME	
SGB Sport		Culture and Arts		
UNIT STANDA	ARD TYPE	FIELD DESCRIPTION	SUBFIELD DESCRIPTION	
Regular		Culture and Arts	sport	
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE	
Undefined	10	Level 5	Regular	

# SPECIFICOUTCOME 2 .

Apply muscular-skeletal screening of golfers for fitness training.

#### SPECIFIC OUTCOME 3

Demonstrate and explain stretching and warming up exercises for golfers.

# SPECIFIC OUTCOME 4

Describe and explain the process of strength and conditioning in golfers.

# SPECIFIC OUTCOME 5

Describe and explain the aerobic function in relation to the golfer.

#### **SPECIFIC OUTCOME** 6

Describe and explain training in relation to training volume and in different climates.



3

SAQA US ID	UNIT STANDARD TITLE			
120194	Find and analys	e swing faults in golf swing teachin	ng	
SGB NAME		NSB 02	PROVIDER NAME	
<b>SGB</b> Sport		Culture and <b>Arts</b>		
UNIT STANDA	ARD TYPE	FIELD DESCRIPTION	SUBFIELD DESCRIPTION	
Regular		Culture and <b>Arts</b>	Sport	
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE	
Undefined	12	Level 5	Regular	

# SPECIFIC OUTCOME 1

Describe and explain a modern approach to fault fixing in relation to the golf swing.

#### SPECIFIC OUTCOME 2

Describe the concept of 'fault' and identify the main reasons  $for \ fault \ occurrence$  in relation to the golf swing.

#### SPECIFIC OUTCOME 3

Describe and apply basic tools in analysing faults in relation to the golf swing.

# SPECIFIC OUTCOME 4

Describe and apply basic analysis and diagnostic questions in fault finding and fixing.



SAQA US ID	UNIT STANDARD TITLE			
120195	Prevent and grade golf injuries			
SGB NAME	•	NSB 02	PROVIDER NAME	
SGB Sport		Culture and Arts		
UNIT STANDA	ARD TYPE	FIELD DESCRIPTION	SUBFIELD DESCRIPTION	
Regular		Culture and Arts	Sport	
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE	
Undefined	10	Level 5	Regular	

# SPECIFIC OUTCOME 1

Describe the factors relevant to injury prevention in golf coaching.

# **SPECIFIC OUTCOME** 2

Identify and deal with injuries, fatigue, illness and accidents for future prevention or minimisation.

# SPECIFIC OUTCOME 3

Develop and utilise systems for recording and reporting injuries.

# SPECIFIC OUTCOME 4

Implement risk management procedures and tools for the proactive management of injuries.



# **UNIT STANDARD:**

5

SAQA US ID	UNIT STANDARD TITLE				
120196	Teach, and describe techniques used in the short game in golf				
SGB NAME		NSB 02	PROVIDER NAME		
<i>SGB</i> Sport		Culture and <b>Arts</b>			
UNIT STANDA	ARD TYPE	FIELD DESCRIPTION	SUBFIELD DESCRIPTION		
Regular		Culture and <i>Arts</i>	Sport		
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE		
Undefined	8	Level 5	Regular		

# SPECIFIC OUTCOME 1

Describe and explain the approach to teaching the short game in golf.

# SPECIFIC OUTCOME 2

Describe and teach techniques of putting.

# SPECIFIC OUTCOME 3

Describe and teach techniques of chipping.

# SPECIFIC OUTCOME 4

Describe and teach techniques of pitching.

# SPECIFIC OUTCOME 5

Describe and teach techniques of bunker shots.





# **UNIT STANDARD:**

6

SAQA USID	UNIT STANDA	RD TITLE				
<b>1201</b> 97	Plan and impler	Plan and implement personal and career development goals within a golfing environment				
SGB NAME		NSB 02	PROVIDER NAME			
SGB Sport		Culture and Arts				
UNIT STANDA	ARD TYPE	FIELD DESCRIPTION	SUBFIELD DESCRIPTION			
Regular		Culture and Arts	Sport			
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE			
Undefined	5	Level 5	Regular			

# **SPECIFIC OUTCOME** 4

Demonstrate and apply knowledge of how to obtain an employment position within the  $\operatorname{\textit{golfing}}$  industry.

# SPECIFIC OUTCOME 5

Apply time management skills in self and career development.



Established in serms of Act 58 of 1995	UNITSTA	ANDARD:	7

SAQA USIL	UNIT STANL	UNIT STANDARD TITLE				
120202	Produce a bu	Produce a business plan for a golfing pro-shop				
SGB NAME		NSB 02	PROVIDERNAME			
SGB Sport		Culture and Arts				
UNIT STANL	DARD TYPE	FIELD DESCRIPTION	SUBFIELD DESCRIPTION			
Regular		Culture and Arts	Sport			
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE			
Undefined	12	Level 5	Regular			

# SPECIFIC OUTCOME 1

Identify and demonstrate understanding of the elements of a business plan.

# SPECIFIC OUTCOME 2

Compile an organisation structure for one's golfing business to determine how a business plan can best be integrated.

# SPECIFIC OUTCOME 3

Identify resources and information required to complete own business plan.

# SPECIFIC OUTCOME 4

Compile business plan.



# **UNIT STANDARD:**

8

SAQA US ID	UNIT STANDARD TITLE				
120203	Apply knowledge <b>of</b> equipment technology and golfing characteristics to equipment repair and customisation				
SGB NAME	•	NSB 02	PROVIDER NAME		
SGB Sport		Culture and Arts			
UNIT \	Ū y	D DESCRIPTION	(SUBFIELD DESCRIPTION		
Regular	-	Culture and Arts	sport		
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE		
Undefined	16	Level 5	Regular		

# SPECIFIC OUTCOME 1

Demonstrate understanding of golf ball technology as it affects golf.

# **SPECIFIC OUTCOME** 2

Demonstrate knowledge **d** shaft technology as it affects golf.

# **SPECIFIC OUTCOME** 3

Demonstrate knowledge of club head design and construction as it affects golf.

# SPECIFIC OUTCOME 4

Provide a club repair service to repair and maintain clubs.

# SPECIFIC OUTCOME 5

Demonstrate knowledge of custom fitting technologies as it affects golf play.



SAQA US ID	UNIT STANDARD TITLE		
120204	Apply knowledge of diet and nutrition to improving golf performance		
SGB NAME NSB 02 PROVIDER NAME			PROVIDER NAME
SGB Sport		Culture and Arts	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	10	Level 5	Regular

# SPECIFIC OUTCOME 1

Define health, health requirements and risks.

# SPECIFIC OUTCOME. 2

Analyse and interpret the concepts of a balanced diet and essential nutrients.

# SPECIFIC OUTCOME 3

Analyse the energy needs of the golfer and determine dietary solutions accordingly.

# SPECIFIC OUTCOME 4

Describe and explain an appropriate diet for golfing performance.



SAQA US ID	UNIT STANDARD TITLE		
120205	Display and apply knowledge of biomechanics in a golfing context		
SGB NAME		NSB 02	PROVIDER NAME
SGB Sport		Culture and Arts	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	£	Level 5	Regular

# SPECIFIC OUTCOME 1

Demonstrate an understanding of the underlying principles of biomechanics.

# SPECIFIC OUTCOME 2

Describe the mechanical systems of human motion and how they operate.

#### SPECIFIC OUTCOME 3

Describe and explain muscle force and its relationship to velocity and power.

# SPECIFIC OUTCOME 4

Explain the different planes and axes present within the human body and how movement takes place through and around them.

# SPECIFIC OUTCOME 5

Apply Newton's laws to golf specific situations.

#### SPECIFIC OUTCOME 6

Analyse how gravity and an individual's centre of gravity affects stability.



SAQA US ID	UNIT STANDARD TITLE		
120206	Describe, implement and teach the principles and building blocks of a golf swing		
SGB NAME	•	NSB 02	PROVIDER NAME
SGB Sport		Culture and Arts	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS .	NQF LEVEL	UNIT STANDARD TYPE
Undefined	12	Level 5	Regular

# - SPECIFIC OUTCOME 2

Analyse, describe and demonstrate the pre-swing phase in golf swing building.

# SPECIFIC OUTCOME 3

Analyse, describe and demonstrate the in-swing phase in golf swing building.

# SPECIFIC OUTCOME 4

Analyse, describe and demonstrate the post-swing phase in golf swing building.





SAQA US ID	UNIT STANDARD TITLE		
120207	Apply coaching skills in teaching golfing skills		
SGB NAME	NAME NSB 02 PROVIDER NAME		
SGB Sport		Culture and Arts	
UNIT <b>STANDARD</b> TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	6	Level 5	Regular

# SPECIFIC OUTCOME 1

Describe the background to golf coaching.

# SPECIFIC OUTCOME 2

Describe the position as a coach in the golfing context.

# SPECIFIC OUTCOME 3

Apply the psychology **d** learning in a coaching environment.

#### SPECIFIC OUTCOME 4

Describe and apply the practice of coaching in the golfing environment.

# SPECIFIC OUTCOME 5

Integrate the theory and practice of coaching successfully.

,



# **UNIT STANDARD:**

13

# Apply the rules of golf in various contexts

SAOA IISID	UNIT STANDARD TITLE			
120208 <u>-</u>	Apply the rules of golf in various contexts			
SGB NAME		NSB 02	PROVIDER NAME	
<b>SGB</b> Sport		Culture and <b>Arts</b>		
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION	
Regular		Culture and Arts	Sport	
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE	
Undefined	a	Level 5	Regular	

#### SPECIFIC OUTCOME 1

Demonstrate an understating of the history  ${\bf d}$  golf rules and the structure and layout  ${\bf d}$  the rules of golf.

# SPECIFIC OUTCOME 2

Interpret, give advice on, and explain the rules relating to the play and administration **d** golf.

# SPECIFIC OUTCOME 3

Interpret, provide advice on, and explain the rules of golf relating to local rules and competition conditions.

# SPECIFIC OUTCOME 4

Interpret, provide advice on, and explain the rules of golf relating to club and ball design.

#### **SPECIFIC** OUTCOME 5

Interpret, provide advice on, and explain the rules of golf relating to amateur status.



# **UNIT STANDARD:**

14

Apply basic concepts of sport psychology in a golfing context

SAQA US ID	UNIT STANDARD TITLE		
120209	Apply basic concepts of sport psychology in a golfing context		
SGB NAME		NSB 02	PROVIDER NAME
SGB Sport		Culture and Arts	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	12	Level 5	Regular

# SPECIFIC OUTCOME 1

Identify and demonstrate an understanding of the basic concepts in sport psychology.

# **SPECIFIC OUTCOME** 2

Demonstrate an understanding of individuality in golfers.

# SPECIFIC OUTCOME 3

Analyse and interpret the relationship between stress, anxiety and arousal on physical and mental functioning.

#### SPECIFIC OUTCOME 4

Demonstrate an understanding of the importance of mental skills in golf performance.

# SPECIFIC OUTCOME 5

Apply a framework for mental skill teaching in golf.



# **UNIT STANDARD:**

15

120210	Apply concepts of 'skills acquisition' to golfing performance		
SGB NAME		NSB-02	PROVIDER NAME
SGB Sport		Culture and Arts	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAMD	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	6	Level 5	Regular

# SPECIFIC OUTCOME

Describe and define key concepts used in 'skills acquisition' in a golfing environment.

# **SPECIFICOUTCOME** 2

Describe information processing and motor control in relation to skills acquisition in a golfing environment.

# SPECIFIC OUTCOME 3

Describe and apply the principles of learning in a golfing environment.

# SPECIFIC OUTCOME 4

Describe and apply the phases of motor skill learning to motor skill learning in a golfing context.

# SPECIFIC OUTCOME 5

Apply sports teaching skills in the teaching of golf.



# **UNIT STANDARD:**

16

SAQA US ID	UNIT STANDARD TITLE		
120211	Display a holistic understanding of golf and golfing		
SGB NAME	SGB NAME NSB 02 PROVIDER NAME		
SGB Sport		Culture and <i>Arts</i>	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELDDESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	8	Level 5	Regular

# SPECIFIC OUTCOME 1

Demonstrate an understanding of the history of golf, its ethos and administration.

# SPECIFIC OUTCOME 2

Display knowledge the history of noteworthy tournaments of the past and present.

# SPECIFIC OUTCOME 3

Demonstrate knowledge of noteworthy golfers of the past and present.

# **SPECIFIC** OUTCOME 4

Demonstrate knowledge of noteworthy golf courses.





# **UNIT STANDARD:**

17

# Plan, manage and report on a golf tournament

SAQA US ID	UNIT STANDARD TITLE		
120212	Plan, manage and report on a golf tournament		
SGB NAME	•	NSB 02	PROVIDER NAME
SGB Sport		Culture and Arts	
UNIT STANDARD TYPE		FIELD DESCRIPTION	SUBFIELD DESCRIPTION
Regular		Culture and Arts	Sport
ABET BAND	CREDITS	NQF LEVEL	UNIT STANDARD TYPE
Undefined	8	Level 5	Regular

# SPECIFIC OUTCOME 1

Plan a golf tournament.

# SPECIFIC OUTCOME 2

Manage a golf tournament.

# SPECIFIC OUTCOME 3

Conduct post tournament administration.

# SPECIFIC OUTCOME 4

Demonstrate an understanding of, and apply the South African handicapping system in tournament planning and management.