

WESTERN HERBAL		
SCHEDULE 0		
APPROVED NAME	Synonym/Abbreviation Code/ Pin Yin Name for Plant	COMMON NAME
Verbascum thapsiforme : use only synonym	Verbascum densiflorum	
Verbascum thapsus		Common mullein/Flannel plant
Verbena officinalis		Vervain
Veronica chamaedrys		Germander speedwell
Veronica officinalis		Fluellin/Common speedwell
Veronica virginica : use only synonym	Veronicastrum virginicum	
Veronicastrum virginicum		Blackroot
Verticillium albo-atrum		Fungus
Vetiveria zizanioides	Vetiveria zizanioides	
Vetiveria zizanioides : use only synonym		Vetiver grass
Viburnum opulus		Cramp bark/Gueider rose
Viburnum prunifolium		Black haw/Stagbush
Vicia faba		Broad bean
Vigna angularis : use only synonym	Phaseolus angularis	
Vigna radiata		Mung bean
Vigna umbellata : use only synonym	Phaseolus calcaratus	
Vinca major		Greater periwinkle

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<i>Vinca minor</i>		Lesser periwinkle
<i>Vincetoxicum officinale</i>		Swallow wort
<i>Viola odorata</i>		Blue violet/Sweet violet
<i>Viola tricolor</i>		Hearsease/Wild pansy
<i>Viola yedoensis</i>		Chinese violet
<i>Viscum album</i>		Mistletoe
<i>Viscum coloratum</i>		Asiatic mistletoe
<i>Viscum flavescens</i>		American mistletoe
<i>Vitex agnus-castus</i>		Chaste tree
<i>Vitex negundo</i>		Negundo chaste tree
<i>Vitex rotundifolia</i>		Chinese chaste tree
<i>Vitex trifolia</i>		Three leaved chaste tree
<i>Vitis vinifera</i>		Grape vine
<i>Wahlenbergia gracilis</i>		Chinese wahlenbergia
<i>Wahlenbergia marginata</i> : use only synonym	<i>Wahlenbergia gracilis</i>	
<i>Wikstroemia viridifolia</i>		Chinese wikstroemia
<i>Withania somnifera</i>		Winter cherry

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APPROVED NAME	Synonym/Abbreviation Code/ PIn Yin Name for Plant	COMMON NAME
Xanthium sibiricum		Cocklebur
Xanthium strumarium		Noogoora bur
Xanthomona campestris		Xantham gum tree
Xerophyllum asphodeloides		Mountain asphodel/Turkey beard
Yucca baccata		Banana yucca/Blue yucca/Spanish bayonet
Yucca elata		Palmella/Soap tree/Soapweed/Yucca
Yucca filamentosa		Adam's needle/Bear grass/Needle palm/Yucca
Yucca gloriosa		Roman candle/Yucca
Yucca whipplei		Our-Lord's-candle/Yucca
Zanthoxylum americanum		North American prickly ash
Zanthoxylum avicennae : use only synonym		
Zanthoxylum bungeanum	Zanthoxylum clava-herculis	
Zanthoxylum clava-herculis		Chinese prickly ash/Szechuan pepper
Zanthoxylum nitidum		South American prickly ash
Zanthoxylum piperitum		Chinese prickly ash/Shiny bramble
Zanthoxylum schinifolium		Japan pepper/Japanese prickly ash/Szechuan pepper
Zanthoxylum simulans		Chinese prickly ash/Japanese prickly ash
		Chinese prickly ash

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Zea mays		Corn
Zingiber officinale		Ginger
Zizyphus jujuba		Chinese date/Chinese jujube
Zizyphus sativa		Spiny jujube
Zizyphus spinosa		Chinese jujube
Zizyphus vulgaris : use only synonym	Zizyphus sativa	
Zostera marina		Marine eel-grass

NUTRITIONAL			
SCHEDULE 0			
APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Acetyl L-carnitine			3 g
Agar			
Alanine		40 g	50 g
Alfalfa	Lucern	30 g of Herb	80 g of seed
Alpha carotene			25 mg
Alpha galactosidase			
Ammonium iron (III) citrate			
Amylase			
Ascorbic acid	Vitamin C	300 mg	1 000 mg
Ascorbyl palmitate	Vitamin C Palmitate		100 mg
Asparagine		8 g	10 g
Aspartic acid		5,76 g	7,2 g
Bacillus infantis			
Bee Pollen			
Beef Serum Protein			
Beta Carotene			25 mg
Beta Sitosterols		25 mg	
Betain			

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Bifidobacterium bifidum			
Bifidobacterium longum			
Biotin		400 µg	2 500 µg
Blue green Algae			
Boron amino acid chelate		3 mg	6 mg
Boron aspartate		3 mg	6 mg
Boron citrate		3 mg	6 mg
Bovine Bone			
Bovine Bone Marrow			
Bovine Cartilage			
Bovine Heart			
Bovine Kidney			
Bovine Large Intestine			
Bovine Ligament			
Bovine Muscle			
Bovine Small Intestine			
Bovine Solar Plexus			
Bovine Spleen			

*Nutritional**Schedules, Complementary Medicines*

NUTRITIONAL			
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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Bovine Stomach			
Brewers Yeast			
Bromelain			
Calcium amino acid chelate		1 200 mg	1 500 mg
Calcium ascorbate		300 mg	1 000 mg
Calcium carbonate		1 200 mg	1 500 mg
Calcium caseinate			
Calcium citrate		1 200 mg	1 500 mg
Calcium folinate			
Calcium gluconate		1 200 mg	1 500 mg
Calcium glycerophosphate		1 200 mg	1 500 mg
Calcium glycinate		1 200 mg	1 500 mg
Calcium hydrogen pPhosphate		1 200 mg	1 500 mg
Calcium lactate		1 200 mg	1 500 mg
Calcium lactate pentahydrate		1 200 mg	1 500 mg
Calcium orotate		1 200 mg	1 500 mg
Calcium pantothenate			1 000 mg
Calcium phosphate		1 200 mg	1 500 mg

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Calcium sodium lactate		1 200 mg	1 500 mg
Calcium succinate		1 200 mg	1 500 mg
Calcium sulphate		1 200 mg	1 500 mg
Caprylic acid	Octanoic Acid		
Cartilage			
Cellulase			
Cervi parvum			
Cholecalciferol	Vitamin D3	500 I.U. (12,5 µg)	20 µg (800 I.U.)
Cholesterol (Pure form)			
Choline bitartrate			
Choline chloride			
Chondroitin sulphate			
Chromium amino acid chelate		100 µg	200 µg
Chromium aspartate		100 µg	200 µg
Chromium dinicotinate glycinate		100 µg	200 µg
Chromium Picolinate		100 µg	200 µg
Chromium polynicotinate		100 µg	200 µg
Chromium (III) chloride		100 µg	200 µg

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Cis linolenic acid			
Citrulline		4,8 g	6 g
Citrus bioflavonoids		200 mg	
Co-enzyme Q10	Ubiquinone	15 mg	
Cod Liver Oil		Dependant on Vitamin A & D	
Coenzyme A			
Collagen			
Colloidal silicon dioxide			
Copper amino acid chelate		3 mg	8 mg
Copper aspartate		3 mg	8 mg
Copper gluconate		3 mg	8 mg
Copper (II) oxide		3 mg	8 mg
Copper (II) sulfate		3 mg	8 mg
Creatine chloride			
Creatine monohydrate		3g	20g
Crill			
Cryptoxanthin		200 mg	
Cupric sulphate anhydrous			

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Cyanocobalamin	Vitamin B12	25 µg	3 000 µg
Cysteine		800 mg	1 g
Cysteine hydrochloride		800 mg	1 g
Cystine		800 mg	1 g
d-a Tocopherol	Vitamin E	200 I.U.	800 mg (800 I.U.)
d-a Tocopheryl acetate		200 I.U.	800 mg
d-a Tocopheryl acid succinate		200 I.U.	800 mg
d-b Tocopherol		200 I.U.	800 mg
d-d Tocopherol		200 I.U.	800 mg
d-Delta Tocopherol		200 I.U.	800 mg
d-Panthenol			
Deer Blood			
Deoxyribonucleic acid			
Dessicated Liver			
Dicalcium phosphate			
Dimethyl glycine			
dl-a Tocopherol		200 I.U.	800 mg
dl-a Tocopheryl acetate		200 I.U.	800 mg

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
dl- α Tocopheryl acid succinate		200 I.U.	800 mg
dl-Panthenol			
Docosahexaenoic acid	DHEA		
Dolomite			
Eicosapentaenoic acid	EPA		
Ergocalciferol	Vitamin D2	500 I.U.	20 μ g (800 I.U.)
Evening Primrose Oil	EPA		
Ferric glycerophosphate		21 mg	30 mg
Ferric pyrophosphate		21 mg	30 mg
Ferrous aspartate		21 mg	30 mg
Ferrous carbonate		21 mg	30 mg
Ferrous chloride		21 mg	30 mg
Ferrous fumarate		21 mg	30 mg
Ferrous gluconate	Iron gluconate	21 mg	30 mg
Ferrous glycinate		21 mg	30 mg
Ferrous peptonate		21 mg	30 mg
Ferrous phosphate		21 mg	30 mg
Ferrous succinate		21 mg	30 mg

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Ferrous sulphate		21 mg	30 mg
Fish Liver Oil		Dependant on Vitamin A & D	
Flax Oil			
Flax Seed Powder			
Folic acid		800 m µg	1 000 µg
Fructooligosaccharide Concentrate	FOS		
Gamma amino butyric acid			
Gamma linolenic acid	GLA		
Glucomannan			
Glucosamine hydrochloride			
Glucosamine sulphate			
Glutamic acid		5,4 g	6,8 g
Glutamine		16 g	20 g
Glutathione			
Glycine		8 g	10 g
Grape Seed		200 mg	
Grape Skin		200 mg	
Green Kamut Powder			

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Green Lipped Mussel			
Hallbut Liver Oil		Dependant on Vitamin A & D	
Hesperidine Complex		200 mg	
Histidine		3,6 g	4,5 g
Histidine hydrochloride		3,6 g	4,5 g
Hydroxocobalamin	Vitamin B12	25 µg	3 000 µg
Hydroxylysine		2 g	2,5 g
Hydroxyproline		4,48 g	5,6 g
Inosine		1 000 mg	
Inositol		1 000 mg	
Intrinsic Factor			
Iron amino acid chelate		21 mg	30 mg
Iron (III) chloride		21mg	30 mg
Isoflavone		200 mg	
Isoleucine		12,8 g	16 g
L-Arginine hydrochloride		20 g	25 g
L-Carnitine		100 mg	
L-Carnitine hydrochloride		100 mg	

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
I-Glutamine		16 g	20 g
I-Glycine		8 g	10 g
I-Methionine		1,12 g	1,4 g
I-Phenylalanine		1,6 g	2 g
I-Selenomethionine			
Lactase			
Lactobacillus acidophilus			
Lactobacillus bulgaricus			
Lecithin			
Lemon bioflavonoid		200 mg	
Leucine		12,8 g	16 g
Linoleic acid			
Linolenic acid			
Lipase			
Lipoic acid	Thioctic Acid	50 mg	Research required
Lycopene		200 mg	
Lyophilised Saccharomyces cerevisiae			
Lysine		3,6 g	4,5 g

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Lysine hydrochloride		3,6 g	4,5 g
Magnesium amino acid chelate		450 mg	700 mg
Magnesium ascorbate		450 mg	700 mg
Magnesium aspartate		450 mg	700 mg
Magnesium carbonate		450 mg	700 mg
Magnesium chloride		450 mg	700 mg
Magnesium citrate		450 mg	700 mg
Magnesium gGluconate		450 mg	700 mg
Magnesium glycerophosphate		450 mg	700 mg
Magnesium glycinate		450 mg	700 mg
Magnesium hydrogen phosphate		450 mg	700 mg
Magnesium lactate		450 mg	700 mg
Magnesium orotate		450 mg	700 mg
Magnesium oxide		450 mg	700 mg
Magnesium phosphate		450 mg	700 mg
Magnesium silicate		450 mg	700 mg
Magnesium sulfate		450 mg	700 mg
Magnesium tisllicate		450 mg	700 mg

NUTRITIONAL			
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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Manganese amino acid chelate		5 mg	20 mg
Manganese aspartate		5 mg	20 mg
Manganese carbonate		5 mg	20 mg
Manganese chloride		5 mg	20 mg
Manganese gluconate		5 mg	20 mg
Manganese glycerophosphate		5 mg	20 mg
Manganese (II) sulfate		5 mg	20 mg
Manganese (IV) oxide		5 mg	20 mg
Milk Powder			
Molybdenum amino acid chelate		250 µg	300 µg
Molybdenum aspartate		250 µg	300 µg
Molybdic acid		250 µg	300 µg
Molybdiium trioxide		250 µg	300 µg
Nicotidine		0	
Nicotinamide		25 mg	1 500 mg
Nicotinamide adenine dinucleotide		0	
Nicotinamide ascorbate		25 mg	1 500 mg
Nicotinic acid			500 mg

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Octocosanol			
Oligomeric proanthocyanidins - Pomegranate		200 mg	
Oligomeric proanthocyanidins - Prune		200 mg	
Oligomeric proanthocyanidins - Apple		200 mg	
Oligomeric proanthocyanidins - Apricot		200 mg	
Oligomeric proanthocyanidins - Cherry		200 mg	
Oligomeric proanthocyanidins - Pine Bark		200 mg	
Ornithine		4,8 g	6 g
Ornithine aspartate		4,8 g	6 g
Ornithine monohydrochloride		4,8 g	6 g
Orotic acid		50 mg	
Os Draconis			
Ox Bile Extract			
Oyster shell			
Pangamic acid	Vitamin B15	0	
Pantothenic acid	Vitamin B5	25 mg	1 000 mg
Papain			
Para amino benzoic acid	PABA		

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Pepsin			
Phosphatidyl choline		1 000 mg	
Phosphatidyl inositol		1 000 mg	
Phosphatidyl serine		600 mg	
Phosphorus amino acid chelate		800 mg	1 200 mg
Phosphorus aspartate		800 mg	1 200 mg
Potassium amino acid chelate		99 mg	1 500 mg
Potassium ascorbate		99 mg	1 500 mg
Potassium aspartate		99 mg	1 500 mg
Potassium carbonate		99 mg	1 500 mg
Potassium chloride		99 mg	1 500 mg
Potassium citrate		99 mg	1 500 mg
Potassium gluconate		99 mg	1 500 mg
Potassium glycerophosphate		99 mg	1 500 mg
Potassium glycinate		99 mg	1 500 mg
Potassium iodide		225 µg (Refers to iodine)	1 000 µg
Potassium molybdate		250 µg	300 µg
Potassium orotate		99 mg	1 500 mg

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Potassium phosphate		99 mg	1 500 mg
Potassium sorbate		99 mg	1 500 mg
Potassium sulphate		99 mg	1 500 mg
Proline		4,48 g	5,6 g
Propolis			
Protease			
Pyridoxal-5-Phosphate			
Pyridoxine hydrochloride	Vitamin B6	25 mg	200 mg
Quercetin		200 mg	
Red Algae			
Retinyl acetate	Vitamin A Acetate	3 000 I.U.	3 300 µg (10 989 I.U.)
Retinyl palmitate	Vitamin A palmitate	3 000 I.U.	3 300 µg (10 989 I.U.)
Riboflavine	Vitamin B2	25 mg	200 mg
Riboflavine sodium phosphate		25 mg	200 mg
Ribonucleic acid			
Rice Protein			
Royal Jelly			
Rutin		200 mg	

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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Salmon Oil		Dependant on Vitamin A & D	
Seaweed - Norwegian			
Selenium amino acid chelate		75 µg	200 µg
Selenium aspartate		75 µg	200 µg
Selenium Yeast		75 µg	200 µg
Serine		8 g	10 g
Shark Cartilage			
Shark Liver Oil		Dependant on Vitamin A & D	
Shark Muscle			
Silica			
Silicium dioxide			
Silicon dioxide			
Silicon dioxide colloidal			
Skim Milk Powder			
Sodium ascorbate		300 mg	1 000 mg
Sodium borate		3 mg (Refers to Boron)	6 mg
Sodium caprylate			
Sodium carbonate			

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Sodium chloride			
Sodium citrate			
Sodium glycerophosphate			
Sodium molybdate		250 µg	300 µg
Sodium pantothenate		25 mg	1 000 mg
Sodium phosphate		800 mg	1 200 mg
Sodium selenite		75 µg	200 µg
Soy Extract			
Soy Protein Isolate			
Soya Lecithin			
Starflower Oil	Borage Oil		
Super oxide dismutase (SOD)			
S. Thermophilus			
Taurine			
Thiamine	Vitamin B1	25 mg	50 mg
Thiamine hydrochloride		25 mg	50 mg
Thiamine nitrate		25 mg	50 mg
Threonine		4.8 g	6 g

NUTRITIONAL			
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APPROVED NAME	COMMON NAME	Exclusion Level	Upper Safe Limit
Torula Yeast			
Tyrosine		5,6 g	7 g
Valine		12,8 g	16 g
Vanadium amino acid chelate		100 µg	200 µg
Vanadyl sulphate		100 µg	200 µg
Vitamin A	Retinol	3 000 I.U.	3 300 µg
Whey			
Whey powder sweet			
Whey protein			
Zeaxanthin		200 mg	
Zinc amino acid chelate		22 mg	30 mg
Zinc aspartate		22 mg	30 mg
Zinc chloride		22 mg	30 mg
Zinc citrate		22 mg	30 mg
Zinc gluconate		22 mg	30 mg
Zinc glycinate		22 mg	30 mg
Zinc lactate		22 mg	30 mg
Zinc monomethionine		22 mg	30 mg

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Zinc orotate		22 mg	30 mg
Zinc oxide		22 mg	30 mg
Zinc piccolinate		22 mg	30 mg
Zinc succinate		22 mg	30 mg
Zinc sulfate		22 mg	30 mg

HOMOEOPATHIC						
SCHEDULE 0						
APPROVED NAME	Synonym/ Abbreviation Code/ Pin Yin Name for Plant	COMMON NAME	Lowest potency permitted for Anthroposophical and Homoeopathic substances	Upper potency - Label warning to appear between lowest potency and upper potency	Upper allowable Potency	
Abelmoschus moschatus	Abel.	Musk mallow	0		30C	
Abies alba	Abies-a.	Silver fir Abies pectinata	0		30C	
Abies excelsa		Picea excelsa	0		30C	
Abies nigra	Abies-n.	Picea nigra Black spruce	0		30C	
Abies procera		Noble fir Abies nobilis	0		30C	
Abroma augusta	Abrom-a.		0		30C	
Abrus precatorius	Abr.	Crab's eye vine Indian liquorice Wild liquorice Jequirity	2X	6X	30C	
Absintalsem	Absintls.		6x		30C	
Abszeso anorectalis			8X		30C	
Acacia catechu	Catechu	Catechu Cachou	0	6X	30C	
Acacia farnesiana	Acac-f.	Cassie Oopanax Sweet acasia	0		30C	
Acacia nilotica		Acacia arabica	2X		30C	
Acalypha indica	Acal.	Indian acalypha Indian nettle	0	MT	30C	
Acanthus mollis		Bear's breech Artist's acanthus Branca ursina	0		30C	

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Acenocoumarol	Acenoc.		3X		30C
Acer campestre	Acer-c.	Common maple Hedge maple Erable champetre	0		30C
Acer negundo	Neg.	Box elder Negundium americanum Negundo aceroides Negundo fraxinifolium	0		30C
Acetabulum		Hip	3X		30C
Acetaldehydium		Acetaldehyde	6X	6X	30C
Acetanilidum	Acetan.	Antifebrinum N-Phenylacetamide Acetanilide	4X	6X	30C
Acetarsolum	Acetars.	Acetarsol Acetaminohydroxyphenylarsonsa ure Acetarsone Acetphenarsinum Osarsolum 3-Acetamindo-4- hydroxyphenylarsonic acid Stovarsol Acetylarsan	2X		30C
Acetazolamidum	Acetaz.	Acetazolam Acetazolamide	8X		30C
Acetonitrilum	Acetonitl.	Ethanenitrile	24X		30C